

POLK SENIOR GAMES RECORDS			
2018			
	name	score	year
	# new records - 138		
	7 from 1992 - only 1 in active events (Road Race)		
ARCHERY			
Barebow Recurve			
Women			
55-59	Gail Noland	28	2015
60-64	Gail Noland	40	2016
80-84	Anna Hartman	402	2018
Men			
55-59	Gerald Nichols	340	2016
60-64			
65-69	Roger Horton	331	2017
70-74	Lon Goodenow	393	2018
75-79	Frank Skvarek	445	2013
80-84	Harry Lancaster	251	2016
85-89	Harry Lancaster	184	2017
Compound Finger			
Men			
65-69	John Gauger	540	2013
70-74	John Gauger	529	2016
75-79	Carl Frank	506	2014
80-84	Roy Bowen	445	2016
Compound Release			
Women			
55-59	Jacqueline Arthurs	528	2016
60-64	Rhonda Rex	541	2016
65-69	Rhonda Rex	553	2018
70-74	Hazel Grimes	538	2018
80-84	Barbara Steffens	84	2014
Men			
50-54	Rick Hardman	561	2013
55-59	Jeff Markey	581	2014
55-59 tied	James Powell	581	2017
60-64	Gary Rex	585	2014
60-64 tied	Jeff Markey	585	2017
65-69	Gary Rex	586	2015
70-74	Ronald Fulmer	577	2014
75-79	Richard Sokoloski	576	2013
80-84	Richard Sokoloski	568	2018
85-89	Jack Cason	544	2017
Recurve			
Women			
60-64	Angie Olds	466	2013
65-69	Alice Prestin	12	2015

70-74	Alice Prestin	19	2016
Men			
50-54	Viatcheslav Oulianov	435	2018
65-69	Larry Michael	522	2013
70-74	Larry Michael	434	2018
85-89	Donald Noland	28	2018
BASKETBALL SHOOTING			
Free Throw Shooting			
Women			
50-54	Diane Foli	22	2015
55-59	Cheryl Shafer McDermeit	24	2014
60-64	Patricia Ashby	28	2002
65-69	Claudette Braswell	24	2005
70-74	Charlotte Miller	25	2010
75-79	Claudette Braswell	26	2013
80-84	Claudette Braswell	21	2017
85-89	Dot VanFarowe	4	2018
Men			
50-54	Dennis Sweeney	28	2004
50-54 tied	Ronald Becton	28	2009
55-59	Dennis Sweeney	30 perfect	2006
60-64	Harry Carothers	30 perfect	2005
60-64 tied	William Oliver	30 perfect	2014
65-69	Harry Carothers	30 perfect	2011
70-74	Peter Smith	29	2011
70-74 tied			
75-79	Andy McGuffin	29	2000
80-84	Andy McGuffin	30 perfect	2007
85-89	Andy McGuffin	27	2011
90-94	Andy McGuffin	28	2016
Spot Shooting			
Women			
50-54	Diane Foli	13	2017
50-54 tied			
55-59	Chris Evans	11	2015
60-64	Avis Vaught	10	2009
60-64 tied			
65-69	Carol Waters	10	2013
70-74	Claudette Braswell	11	2010
75-79	Claudette Braswell	13	2015
80-84	Claudette Braswell	10	2018
85-89	Dot VanFarowe	2	2018
Men			
50-54	Steve McDermeit	13	2006
55-59	Ronald Becton	14	2012
60-64	Harry Carothers	13	2006
65-69	Harry Carothers	13	2010

70-74	Harry Carothers	13	2015
75-79	Earl Owen	11	2014
75-79 tied	Harry Carothers	11	2018
80-84	Andy McGuffin	13	2005
80-84 tied			
85-89	Andy McGuffin	13	2011
90-94	Andy McGuffin	14	2015
Timed Shooting			
Women			
50-54	Diane Foli	154	2015
55-59	Chris Evans	101	2015
60-64	Avis Vaught	78	2009
65-69	Carol Waters	114	2015
70-74	Claudette Braswell	111	2010
75-79	Claudette Braswell	101	2012
80-84	Claudette Braswell	87	2018
Men			
50-54	Dennis Sweeney	111	2005
50-54 tied	Steve McDermeit	111	2005
55-59	Steve McDermeit	120	2014
60-64	Harry Carothers	127	2006
65-69	William Oliver	141	2015
70-74	Harry Carothers	110	2014
75-79	Ron Plano	76	2016
75-79 tied	Harry Carothers	76	2018
80-84	Andy McGuffin	86	2005
85-89	Andy McGuffin	120	2013
90-94	Andy McGuffin	125	2014
BOWLING			
Singles			
Women			
50-54	Pamela Sprow	643	2011
55-59	Lisa McGraw	662	2016
60-64	Barbara Gnegy	713	2010
65-69	Barbara Gnegy	614	2012
70-74	Martha Evans	603	2011
75-79	Jo Wagner	551	2004
80-84	Machiko Gotsuco	539	2015
85-89	Betty Hall	502	2012
90-94	Lillian Webb	499	2007
95-99	Lillian Webb	426	2012
Men			
50-54	Salvador Trevino	741	2016
55-59	Stanley Sprow	803	2014
60-64	Bud Serletic	732	1996
65-69	Virgil Enger	755	2009

70-74	Jimmy Coffman	768	2018
75-79	John Spencer	762	2014
80-84	Bruce Tohm	706	2013
85-89	Gil Rosenthal	625	2015
90-94	Garfield Sager	551	2011
95-99	Frank Farrington	474	2003
100-104	Frank Farrington	427	2008
Doubles			
Women			
50-54	Pamela Sprow & Janis Caffee	1338	2013
55-59	Tina Peavy & Nadine Lewis	1249	2018
60-64	Barbara Gnegy & Carolyn Bass	1171	2009
65-69	Diane Downey & Barbara Gnegy	1199	2015
70-74	Terri Stein & Gloriann Dickinson	1161	2018
75-79	Winnie Ball & Helen Weaver	1006	2001
80-84	Irene Watson & Jo Ann Harrison	1111	2007
85-89	Betty Hall & Irene Watson	879	2013
90-94	Betty Hall & Helen Snyder	734	2018
Men			
50-54	John Ramsey & Bruce Devivo	1357	2002
55-59	Bud Serletic & D A Bottoms	1431	2000
60-64	Daniel Young & Bob Harley	1331	2017
65-69	Chuck Cook & Charles Leak	1410	2004
70-74	Curtis Letchworth & Remer Letchworth	1324	2007
75-79	Matthew Valitchka & Don Buckley	1228	1996
80-84	Gene Mabe & Peter Casella	1255	2018
85-89	Edward Vitale & Fred Vogler	1051	2012
90-94	James Hurrle & Gil Rosenthal	817	2018
Mixed Doubles			
50-54	Stanley Sprow & Pamela Sprow	1376	2013
55-59	Bud Serletic & Tomi Lee Burns	1329	2005
60-64	Mary Ellen Wadley & John Ramsey	1330	2004
65-69	Jo Ann Martinez & Richard Hill	1263	1996
70-74	Terri Stein & Mel Lichtenberg	1334	2017
75-79	Rosa Schuler & Bruce Tohm	1179	2011
80-84	Dolly Pretari & Joe Lane	1102	2007
85-89	Irene Watson & Everett Rieck	1055	2013
90-94	James Hurrle & Betty Hall	913	2018
95-99	Evelyn Gregor & Carl Laubach	850	2009
Team Bowling			
50 +	Just Rollin	2399	2017
	Cicero Carr Jr		
	Diiane Downey		
	Lisa Polonezyk		
	Daniel Young		
60 +	Strike Force	2206	2018
	Eddie Doucette		

	Karen Doucette		
	Thomas Edwards		
	Linda Foch		
70 +	Whatever	2142	2018
	Peter Casella		
	Beverly Hines		
	Gene Mabe		
	Monty Sours		
CYCLING			
5K			
Women			
50-54	Patricia Hoffman	09:20.4	2003
55-59	Joan Zirkelbach	09:04.6	2003
60-64	Patricia Bond	09:56.1	2000
65-69	Patricia Bond	08:23.4	2003
70-74	Phyllis Goodlad	11:03.3	1999
75-79	Phyllis Goodlad	11:33.3	2003
80-84	Mary Jane Schafer	24:19.8	2003
Men			
50-54	Kevin Ruesch	08:28.6	2003
55-59	Steve Feith	08:13.4	2003
60-64	Roger Burke	07:58.7	1997
65-69	Bud Scott	08:19.9	2003
70-74	Larry Reade	08:48.8	2003
75-79	Girard Dandreaux	09:40.6	1997
80-84	Brian McGrath	10:39.1	1998
85-89	Brian McGrath	10:53.6	2000
90-94	Brian McGrath	10:53.2	2003
10K			
Women			
50-54	Patricia Hoffman	17:00	2003
55-59	Joan Zirkelbach	18:56.7	2003
60-64	Patricia Bond	20:04.7	2000
65-69	Patricia Bond	19:15.6	2003
70-74	Phyllis Goodlad	22:51.8	1999
75-79	Phyllis Goodlad	22:41	2003
Men			
50-54	John Sedmera	17:20.8	1997
55-59	Roger Burke	17:31.3	1993
60-64	Leon Burk	16:52.8	2003
65-69	Larry Reade	16:55.3	1999
70-74	Larry Reade	17:09.4	2003
75-79	Jacob Zeigler	19:48.8	2003
80-84	John Sinibaldi	21:47.0	1994
85-89	Brian McGrath	22:20.0	2000
FIELD EVENTS			

Discus			
Women			
50-54	Karen Sapp	73' 5"	2003
55-59	Erika Messner	81' 8 1/2"	1994
60-64	Erika Messner	80' 1"	1996
65-69	Erika Messner	75' 7"	2002
70-74	Evelyn Wright	63' 7 3/4"	2010
75-79	Evelyn Wright	65' 8"	2012
80-84	Madelaine Cazel	58' 11"	2017
85-89	Ethel Lehmann	43' 1 3/4"	2016
90-94	Lillian Webb	26' 1"	2008
95-99	Lillian Webb	28' 5 1/2"	2012
Men			
50-54	Gary Lane	139' 9"	1998
55-59	Jerry Arline	130' 6"	1998
60-64	Roland Jones	146' 1"	2018
65-69	Len Olson	157' 5 1/2"	1998
70-74	Len Olson	129' 2 1/4"	2002
75-79	James Oglesby	121' 4 1/2"	2009
80-84	Karlis Ezerins	92' 7"	2007
85-89	Karlis Ezerins	76' 6 1/4"	2012
90-94	David Chase	63' 10 3/4"	2010
95-99	Ed Butters	32' 4"	2003
High Jump			
Women			
50-54	Janet Lamoureux	3' 10"	2016
55-59	Barbara Cleveland	4' 2"	1999
60-64	Peggy Peck	4' 2 1/2"	2017
65-69	Ethel Lehmann	3' 6"	1999
65-69 tied	Janet Bogard	3' 6"	2016
70-74	Evelyn Wright	3' 9"	2010
75-79	Evelyn Wright	3' 6"	2012
80-84	Ethel Lehmann	3' 2"	2010
85-89	Ethel Lehmann	2' 10"	2018
Men			
50-54	Charles Jordan	5' 1"	2009
55-59	Carlos Urrutia	5' 2"	2015
60-64	Carlos Urrutia	5' 0"	2018
65-69	Richard Lowery	4' 6"	2001
65-69 tied	David Black	4' 6"	2017
70-74	Richard Lowery	4' 8"	2003
75-79	Richard Lowery	4' 7"	2010
80-84	Richard Lowery	4' 4"	2011
80-84 tied			
85-89	Richard Lowery	3' 10"	2017
90-94	David Chase	3' 2"	2010
Javelin			

Women			
50-54	Karen Sapp	65' 3 1/2"	2006
55-59	Erika Messner	93' 1/2"	1994
60-64 500 gram in 2015	Peggy Peck	77' 9"	2017
60-64 400 gram			
65-69 500 gram in 2015	Janet Bogard	65' 4 1/2"	2015
65-69 400 gram			
70-74 500 gram in 2015	Linda Diller	20' 6"	2015
70-74 400 gram			
75-79	Ethel Lehmann	68' 4 1/2"	2004
80-84	Madelaine Cazel	69' 4 1/2"	2017
85-89	Ethel Lehmann	41'	2016
Men			
50-54	John Selleh	149'	2001
55-59	John Selleh	143' 7"	2003
60-64	Rudy Vlaardingerbroek	141' 5 1/2"	2009
65-69	William Rothley	126' 10"	2000
70-74	Thomas Fulton	122' 4 1/2"	2010
75-79	Brooks Harrison	114' 7 3/4"	2017
80-84	Don Miller	101' 10 3/4"	2018
85-89	Karlis Ezerins	69'	2012
90-94	David Chase	56' 3"	2014
95-99	Ed Butters	37'	2003
Long Jump			
Women			
50-54	Janet Lamoureux	11' 1 1/2"	2017
55-59	Barbara Cleveland	12' 9 1/2"	1999
60-64	Barbara Cleveland	13' 3"	2003
65-69	Janet Bogard	8' 11 1/2"	2016
70-74	Madelaine Cazel	9' 7"	2010
75-79	Ethel Lehmann	9'	2006
80-84	Ethel Lehmann	8' 4"	2009
85-89	Ethel Lehmann	8' 4"	2018
90-94	Lillian Webb	4' 8"	2008
95-99	Lillian Webb	4' 11"	2012
Men			
50-54	Charles Jordan	16'	2010
55-59	Alfred Leon	17'	2016
60-64	Clifford Threlkeld	15' 2 1/2"	2005
65-69	William Rothley	14' 1"	2000
70-74	William Rothley	13'	2007
75-79	William Rothley	12' 11"	2008
80-84	Frank Gerber	9' 9"	2017
85-89	Sid Duckman	9' 7"	2006
90-94	David Chase	7' 9"	2012
Shot-put			
Women			

50-54	Diane Workum	30' 9"	2014
55-59	Erika Messner	31' 9 1/2"	1994
60-64	Erika Messner	32' 8"	2000
65-69	Erika Messner	29' 4"	2003
70-74	Evelyn Wright	24' 9 1/2"	2010
75-79	Evelyn Wright	26' 7 3/4"	2013
80-84	Madelaine Cazal	20' 4"	2017
85-89	Ethel Lehmann	19' 7"	2018
90-94	Lillian Webb	14' 8 3/4"	2005
95-99	Lillian Webb	15' 3/4"	2012
Men			
50-54	Donald Winters	47' 1/2"	2018
55-59	David Grossman	38' 1/2"	2006
60-64	Gary Winters	45' 6"	2003
65-69	Len Olson	45' 5 1/2"	2000
70-74	James Oglesby	43' 9"	2008
75-79	James Oglesby	42' 1"	2010
80-84	Karlis Ezerins	33' 6 1/2"	2007
85-89	Karlis Ezerins	32' 5 1/2"	2012
90-94	David Chase	27' 2"	2011
95-99	Ed Butters	13' 9 1/4"	2003
Softball Throw			
Women			
50-54	Karen Sapp	146' 3"	2003
55-59	Erika Messner	113' 10"	1994
60-64	Erika Messner	126'	1998
65-69	Ethel Lehmann	121' 5"	1999
70-74	Ethel Lehmann	115' 5"	2000
75-79	Ethel Lehmann	120' 1"	2006
80-84	Ethel Lehmann	108' 11"	2009
85-89	Ethel Lehmann	86'	2016
90-94	Lillian Webb	55'	2006
95-99	Lillian Webb	43' 10"	2012
Men			
50-54	Armond Laframboise	253' 5"	2001
55-59	Armond Laframboise	235' 11"	2003
60-64	Matt McGillen	213' 4"	2014
65-69	Bill Karjane	196' 9"	2006
70-74	Bill Karjane	182' 1 1/2"	2009
75-79	Bill Karjane	159' 1"	2014
80-84	Don Miller	143' 1"	2016
85-89	Jim Schroder	114' 5"	2012
90-94	Gilbert Fair	71' 5"	2006
95-99	Ed Butters	44' 5"	2003
100-104	Frank Farrington	29' 6 3/4"	2008
Triple Jump			
Women			

50-54	Janet Lamoureux	25' 1"	2016
55-59	Susan Prevatt	17' 11"	2014
60-64	Peggy Peck	25' 7"	2018
65-69	Janet Bogard	19'	2016
70-74	Evelyn Wright	20' 7"	2010
75-79	Evelyn Wright	18' 10"	2012
80-84	Ethel Lehmann	16' 7"	2010
85-89	Ethel Lehmann	12' 1"	2018
Men			
50-54	Alfred Leon	33' 10'	2015
55-59	Alfred Leon	36' 7"	2017
60-64	David Host	29' 11"	2013
65-69	David Black	27' 5"	2017
65-69 tie			
70-74	Bill Karjane	24' 4"	2010
75-79	Bill Rothley	24' 8 1/2"	2009
80-84	Buzz Porter	20' 8"	2016
85-89	Robert Rockey	16' 4"	2013
90-94	David Chase	17'	2011
FISHING			
Length			
50-54	Gus Palas	11" Catfish	2011
55-59	Pamela Matunas	17" Catfish	2018
60-64	Gene Burch	19 1/4" Bass	2013
65-69	Steven Totten	35" Carp	2016
70-74	Robert Dostal	22 1/4" Catfish	2014
75-79	Jim Partain	36 1/2" Carp	2018
80-84	Donald Kremer	22" Bass	2016
85-89	Dirk Hoffer	18" Bass	2015
90-94			
95-99			
Quantity			
50-54	Jack Carver	9	1998
55-59	Jim Binnion	14	2017
55-59 tied			
55-59 tied			
60-64	Rose Thornburgh	19	2009
65-69	James Christian	62	2014
70-74	James Christian	35	2018
75-79	Helen Grieshaber	23	2014
80-84	Tubby Harrison	10	2000
85-89	Reatha Henry	9	2016
90-94	Patrick Monaco	7	2009
Weight			
50-54	Arthur Fair	2 lb 15 oz	1999
55-59	Richard Mellock	2 lb 3 oz	2001

60-64	Ann Wyant	4 lb 15 oz	2009
65-69	David Houtman	4 lb 15 oz bass	2005
70-74	Dan DeRosa	4 lb 1 oz	2009
70-74			
75-79	John Cotterill	4 lb 11 oz	2004
80-84	John Cotterill	5 lb 8 Oz	2009
85-89	Terral Higgins	4 lb 15 oz	2009
90-94	Patrick Monaco	5.9 oz	2009
Fly Casting			
Accuracy			
Women			
50-59	Janet Wickman	100	2017
60-69	Janet Wickman	200	2018
70-79	Patti Foster	300	2014
80-89	Helen Grieshaber	200	2017
Men			
50-59	Gus Palas	150	2012
60-69	Bernard Siskavich	350	2017
70-79	Richard Mason	300	2014
80-89	Richard Mason	250	2015
Distance			
Women			
50-59	Jackie Wallace	41' 5"	2013
60-69	Gail Noland	30' 4"	2017
70-79	Patti Foster	64' 5"	2012
80-89	Helen Grieshaber	25'10"	2018
Men			
50-59	Gus Palas	25' 4"	2012
60-69	Ronald Clark	68' 5"	2012
70-79	Lee Methvin	64' 3"	2018
80-89	Richard Snyder	56' 7"	2012
GOLF			
18 Hole			
Women			
50-54	Janet Brown	73	2004
55-59	Joanne Ahearn	73	2006
60-64	Ursula Johnston	74	2004
60-64 tie	Barbara Heddon	74	2007
65-69	Mettie Withers	75	2004
70-74	Ethelyn Bartlett	75	2007
75-79	Gail Brown	77	2013
80-84	Mettie Withers	85	2016
85-89	Orabelle Beach	92	2007
85-89 tie	Mary Bourque	92	2009
90-94	Lauretta Wise	109	2006

90-94 tie	Rita McDonald	109	2018
Men			
50-54	Ira Dunning	71	1997
55-59	Curtis Madson	68	1997
60-64	Brian Jeffery	71	2005
60-64 tie	Don McQuaig	71	2006
65-69	Donald McQuaig	69	2014
70-74	Bill Jukes	70	2014
75-79	Cliff Brown	70	2015
75-79 tie			
80-84	Robert Cheatham	73	2005
85-89	Robert Cheatham	81	2009
90-94	Albert Otte	81	2012
95-99	Dean Fulton	97	2012
Mixed Doubles			
50-54	John Shotwell & Evie Harrison	73	2016
55-59	William Murray & Michelle Murray	71	2018
60-64	Ed Griffin & Ann Griffin	71	2018
65-69	Curt Doerrer & Sue Doerrer	70	2016
70-74	Donna Aitken & Cliff Brown	66	2018
75-79	Bruce Brewer & Gail Brewer	74	2017
80-84	Connie Doubet & Thomas Doubet	77	2018
85-89	Carl Carroll & Dori Laibe	85	2016
KAYAK			
Women	Women (1 mile)		
50-59	Betty Warwick	18:46	2003
60-69	Betty Stephens	20:29	2003
70-79			
80-89	Mary Jane Schafer	22:22	2003
Men	Men (1 mile)		
50-59	William Harboe	18:17	2003
60-69	Leon Burk	14:54	2003
70-79	Joseph Puma	17:40	2003
80-89			
POWERLIFTING			
Bench Press			
Women			
50-54 Wt 123	Sheryl Bradford	120 lbs	2017
50-54 Wt 132	Sheryl Bradford	120 lbs	2016
50-54 Wt 148	Lenore Devore	115 lbs	2013
50-54 Wt 165	Lenore Devore	125 lbs	2015
50-54 Wt 181	Lenore Devore	135 lbs	2016
55-59 Wt 105	Janet Wickman	35 lbs	2017
55-59 Wt 114	Nancy Georges	75 lbs	2010
55-59 Wt 123	Yvette Fox	115 lbs	2017

55-59 Wt 148	Julie Racicot	100 lbs	2015
55-59 Wt 165	Lenore Devore	120 lbs	2018
55-59 Wt 181	Lillian Gillman	95 lbs	2014
55-59 Wt 198	Gail Noland	75 lbs	2012
55-59 Wt 198+	Dawn Black	95 lbs	2015
60-64 Wt 114	Nancy Georges	90 lbs	2015
60-64 Wt 123	Yvette Fox	120 lbs	2018
60-64 Wt 132	Randa Berger	70 lbs	2017
60-64 Wt 148	Susan Frieman	80 lbs	2015
60-64 Wt 162	Judy Parsons	60 lbs	2015
60-64 Wt 165	Laurie Schoepe	90 lbs	2018
60-64 Wt 181	Sharmay Luedtke	115 lbs	2016
60-64 Wt 198	Dawn Black	135 lbs	2016
60-64 Wt 199+	Gail Noland	80 lbs	2016
65-69 Wt 105	Arlene Coulter	90 lbs	2015
65-69 Wt 114	Nancy Georges	90 lbs	2016
65-69 Wt132	Patricia Greenberg	70 lbs	2018
65-69 Wt 148	Lois Hall	100 lbs	2016
65-69 Wt 165	Sondra Freedman	70 lbs	2015
65-69 Wt 181	Helen Hankerson	285 lbs	2018
65-69 Wt 198	Virginia Brown	75 lbs	2015
65-69 Wt 199+	Carolyn Bolander	45 lbs	2010
70-74 Wt 97	Patricia Ashby	50 lbs	2013
70-74 Wt 105	Patricia Ashby	45 lbs	2012
70-74 Wt 123	Joanna Lahey	70 lbs	2015
70-74 Wt 123 tie	Lana Marcine	70 lbs	2018
70-74 Wt 148	Janet Bremer	115 lbs	2018
70-74 Wt 165	Joan Mann	85 lbs	2015
70-74 Wt 198	Mary Downes	70 lbs	2018
75-79 Wt 105	Patricia Ashby	50 lbs	2016
75-79 Wt 114	Patricia Ashby	55 lbs	2015
75-79 Wt 148	Janet Reynolds	107 lbs	2018
75-79 Wt 165	Bonnie Thurston	82 lbs	2018
80-84 Wt 123	Imogene Northern	7 lbs	2011
85-89 Wt 132	Carol Miles	55 lbs	2017
85-89 Wt 165	Trudy Daxon	45 lbs	2015
90-94 Wt 148	Edith Traina	55 lbs	2015
90-94 Wt 165	Leona Senyk	65 lbs	2017
9599 Wt 165	Edith Traina	65 lbs	2017
Men			
50-54 Wt 142	Michael Libys	160 lbs	2014
50-54 Wt 148	Edward Perez III	280 lbs	2018
50-54 Wt 165	Greg Harrelson	245 lbs	2018
50-54 Wt 181	William Devore	345 lbs	2015
50-54 Wt 198	William Devore	350 lbs	2016
50-54 Wt 220	Ted Sealey	385 lbs	2017
50-54 Wt 242	Daniel Jonas	325 lbs	2012

50-54 Wt 275	Tony Parker	350 lbs	2013
50-54 SHW	Miguel Rodriquez	535 lbs	2012
55-59 Wt 148	Michael Libys	190 lbs	2017
55-59 Wt 165	Jerry Mobley	275 lbs	2015
55-59 Wt 181	Dennis Folds	245 lbs	2014
55-59 Wt 198	Keith Grimes	270 lbs	2012
55-59 Wt 220	Gary Wright	250 lbs	2015
55-59 Wt 242	George Anthony	325 lbs	2016
55-59 Wt 275	Scott Hane	375 lbs	2018
55-59 SHW	David Friedlender	355lbs	2011
60-64 Wt 132	Frank Scianimanico	200 lbs	2017
60-64 Wt 148	Frank Scianimanico	225 lbs	2018
60-64 Wt 165	Harry Carl	210 lbs	2017
60-64 Wt 181	Kelley Collier	235 lbs	2012
60-64 Wt 198	James Hart	365 lbs	2018
60-64 Wt 220	Steven Eisman	335 lbs	2012
60-64 Wt 242	Mike Wood	335 lbs	2012
60-64 Wt 248	Mike Wood	345lbs	2013
60-64 Wt 275	Rickey Thrasher	355 lbs	2017
65-69 Wt 148	Richard Merino	200 lbs	2010
65-69 Wt 165	Al Annunziato	245 lbs	2013
65-69 Wt 181	Kelley Collier	250 lbs	2014
65-69 Wt 198	Kelley Collier	280 lbs	2015
65-69 Wt 220	Randy Willett	300 lbs	2011
65-69 Wt 242	Mike Wood	330 lbs	2016
65-69 Wt 275	Howard Brown	275 lbs	2016
65-69 Wt 275 tie	Charles Harkala	275 lbs	2017
65-69 SHW	Joseph Abal	250 lbs	2016
70-74 Wt 132	David Surratt	150 lbs	2016
70-74 Wt 148	Cliff Jackson	210 lbs	2015
70-74 Wt 165	Jacques Weaver	200 lbs	2014
70-74 Wt 181	Noel Kocher	230 lbs	2010
70-74 Wt 198	Sherwood Ellis	235 lbs	2012
70-74 Wt 220	John Yong	270 lbs	2010
70-74 Wt 242	Walter Robinson	325 lbs	2016
70-74 Wt 275	Leroy Ford	325 lbs	2017
70-74 Wt SHW	William Barnickel	330 lbs	2011
75-79 Wt 123	Ronald Crawford	145 lbs	2012
75-79 Wt 132	Edward Perez	145 lbs	2016
75-79 Wt 165	Bill Tinkler	205 lbs	2013
75-79 Wt 181	Jacques Weaver	245 lbs	2017
75-79 Wt 198	Sherwood Ellis	210 lbs	2016
75-79 Wt 220	John Yong	250 lbs	2011
75-79 Wt 242	Michael Brace	210 lbs	2017
75-79 Wt 275	Cicero Carr	225 lbs	2014
80-84 Wt 132	Ronald Crawford	140lbs	2014
80-84 Wt 148	James Morgan	140 lbs	2018

80-84 Wt 165	Bill Tinkler	205 lbs	2014
80-84 Wt 181	Michael Maiden	170 lbs	2018
80-84 Wt 198	Albert Smith	140 lbs	2016
80-84 Wt 220	Vito Lombardo	200 lbs	2014
80 84 Wt 242	Donald Noland	85 lbs	2013
80-84 Wt 275	Donald Noland	85 lbs	2012
85-89 Wt 148	Gerald Foster	105 lbs	2018
85-89 Wt 165	Carmine Maggiore	175 lbs	2016
85-89 Wt 181	Jim Schroder	70 lbs	2012
85-89 Wt 198	Carmine Maggiore	165 lbs	2017
85-89 Wt 220	Carmine Maggiore	160 lbs	2018
85-89 Wt 242	Donald Noland	70 lbs	2018
Dead Lift			
Women			
50-54 Wt 132	Lynn Cook	280 lbs	2016
50-54 Wt 145	Lenore Devore	205 lbs	2013
50-54 Wt 165	Lenore Devore	235 lbs	2015
50-54 Wt 181	Lenore Devore	255 lbs	2016
55-59 Wt 105	Janet Wickman	60 lbs	2017
55-59 Wt 114	Nancy Georges	185 lbs	2010
55-59 Wt 123	Yvette Fox	235 lbs	2017
55-59 Wt 148	Julie Racicot	215 lbs	2015
55-59 Wt 165	Karen Hurban	260 lbs	2017
55-59 Wt 181	Gail Noland	150 lbs	2014
55-59 Wt 198	Gail Noland	155 lbs	2015
55-59 Wt 199+	Dawn Black	225 lbs	2015
60-64 Wt 114	Nancy Georges	220 lbs	2012
60-64 Wt 123	Yvette Fox	285 lbs	2018
60-64 Wt 132	Randa Berger	155 lbs	2017
60-64 Wt 165	Laurie Schoepe	180 lbs	2018
60-64 Wt 181	Sharmay Luedtke	255lbs	2016
60-64 Wt 198	Margie Brownlee	240 lbs	2011
60-64 Wt 199+	Gail Noland	155lbs	2016
65-69 Wt 114	Nancy Georges	210 lbs	2018
65-69 Wt 148	Lois Hall	200 lbs	2015
65-69 Wt 165	Dayna Binford	220 lbs	2017
65-69 Wt 181	Helen Hankerson	360 lbs	2018
65-69 Wt 198	Virgina Brown	140 lbs	2018
65-69 Wt 199 +	Julie Daughtery	140 lbs	2018
70-74 Wt 97	Patricia Ashby	120 lbs	2013
70-74 Wt 105	Patricia Ashby	115 lbs	2012
70-74 Wt 123	Lana Marcine	210 lbs	2018
70-74 Wt 132	Joanne Westman	135 lbs	2013
70-74 Wt 148	Carmen Gutwirth	200 lbs	2015
70-74 Wt 165	Joan Mann	230 lbs	2017
70-74 Wt 195	Carolyn Bolander	150 lbs	2012
70-74 Wt 198	Mary Downes	170 lbs	2018

75-79 Wt 105	Patricia Ashby	135 lbs	2016
75-79 Wt 114	Patricia Ashby	150 lbs	2015
75-79 Wt 148	Janet Reynolds	205 lbs	2017
75-79 Wt 165	Bonnie Thurston	190 lbs	2018
80-84 Wt 123	Imogene Northern	45 lbs	2011
85-89 Wt 165	Trudy Daxon	155 lbs	2015
90-94 Wt 148	Edith Traina	130 lbs	2015
90-94 Wt 165	Edith Traina	135 lbs	2014
95-99 Wt 165	Edith Traina	145 lbs	2017
Men			
50-54 Wt 148	Edward Perez III	400 lbs	2018
50-54 Wt 165	Greg Harrelson	330 lbs	2018
50-54 Wt 181	William Devore	480 lbs	2015
50-54 Wt 198	Keith Mason	650 lbs	2017
50-54 Wt 220	Ted Sealey	485 lbs	2017
50-54 Wt 242	Robert Harrison	305 lbs	2014
50-54 Wt 275	Scott Hane	445 lbs	2016
50-54 SHW	Viatcheslav Oulianov	540 lbs	2017
55-59 Wt 165	Jerry Mobley	400 lbs	2016
55-59 Wt 181	Stephen Mann	425 lbs	2010
55-59 Wt 181 tie	Jerry Mobley	425 lbs	2017
55-59 Wt 198	Barrie Bennette	465 lbs	2012
55-59 Wt 220	Louis Baltz	440 lbs	2011
55-59 Wt 242	George Anthony	405 lbs	2015
55-59 Wt 275	Scott Hane	475 lbs	2018
60-64 Wt 132	Frank Scianimanico	250 lbs	2017
60-64 Wt 148	Frank Scianimanico	300 lbs	2018
60-64 Wt 165	Harry Carl	325 bs	2018
60-64 Wt 181	Kelley Collier	470 lbs	2013
60-64 Wt 198	Stephen Mann	480 lbs	2017
60-64 Wt 220	Louis Baltz	450 lbs	2012
60-64 Wt 242	John Callahan	405 lbs	2014
60-64 Wt 275	John Callahan	400 lbs	2015
65-69 Wt 148	Richard Merino	255 lbs	2010
65-69 Wt 165	Al Annunziato	485 lbs	2012
65-69 Wt 181	Kelley Collier	490 lbs	2014
65-69 Wt 198	Kelley Collier	500 lbs	2015
65-69 Wt 220	Stephen Mann	485 lbs	2018
65-69 Wt 242	Edward Stine	375 lbs	2017
65-69 Wt 275	Nelson Lugo	385 lbs	2017
65-69 Wt SHW	Joseph Abal	300 lbs	2016
70-74 Wt 132	David Surratt	225 lbs	2016
70-74 Wt 148	Richard Merino	305 lbs	2011
70-74 Wt 165	Richard Ortiz	365 lbs	2015
70-74 Wt 181	Jack Stevens	510 lbs	2015
70-74 Wt 198	Sherwood Ellis	420 lbs	2012
70-74 Wt 220	Richard Mintken	320 lbs	2016

70-74 Wt 242	Richard Mintken	330 lbs	2017
70-74 Wt 275	Howard Brown	360 lbs	2018
70-74 SHW	Joseph Abal	305 lbs	2018
75-79 Wt 132	Edward Perez Jr	270 lbs	2018
75-79 Wt 165	Bill Tinkler	305 lbs	2013
75-79 Wt 181	Jacques Weaver	330 lbs	2017
75-79 Wt 198	Sherwood Ellis	400 lbs	2016
75-79 Wt 220	Sherwood Ellis	400 lbs	2018
75-79 Wt 242	John Best	265 lbs	2012
75-79 Wt 275	Cicero Carr	305 lbs	2016
80-84 Wt 132	Dillon Maier	265 lbs	2015
80-84 Wt 148	James Morgan	265 lbs	2018
80-84 Wt 165	Bill Tinkler	350 lbs	2014
80-84 Wt 181	Michael Maiden	260 lbs	2017
80-84 Wt 198	John Wardner	220 lbs	2018
80-84 Wt 220	Philip Glickman	180 lbs	2018
80-84 Wt 242	Donald Noland	140 lbs	2014
80-84 Wt 275	Donald Noland	155 lbs	2016
85-89 Wt 148	Gerald Foster	135 lbs	2018
85-89 Wt 181	Jim Schroder	130 lbs	2012
85-89 Wt 198	Duffy Thompson	175 lbs	2012
85-89 Wt 220	Donald Noland	55 lbs	2017
85-89 Wt 242	Donald Noland	120 lbs	2018
PUNT PASS KICK			
Women			
50-54	Diane Foli	247' 8 3/4"	2015
55-59	Sue Burrus	230'	1993
60-64	Peggy Peck	223' 5 1/2 "	2018
65-69	Ethel Lehmann	199'	1999
70-74	Ethel Lehmann	245' 10"	2000
75-79	Ethel Lehmann	184' 6"	2005
80-84	Ethel Lehmann	195' 10"	2010
85-89	Ethel Lehmann	171' 1"	2016
Men			
50-54	Kendal Shaw	404' 2"	2018
55-59	Matt McGillen	420' 1"	2010
60-64	Matt McGillen	416' 1/2"	2017
65-69	Dudley Thomas	363' 10"	2012
70-74	Bud Hollowell	337' 4"	2013
75-79	Bill Karjane	307' 7'	2018
80-84	Bernard Stearns	273' 4 '	2012
85-89	Ross Stauffer	219' 4"	2010
90-94	Lee Palmer	119' 3"	1998
95-99	Arland Meade	68' 4"	2011
RACE WALK			

1500M			
Women			
55-59	Jill Brown	10:37.2	1998
60-64	Jill Brown	10:27.5	2000
65-69	Thelma Fallows	11:26.7	1994
70-74	Mary Bourque	12:18.0	1997
75-79	Lillian Webb	12:50.7	1994
Men			
50-54	Chet Dissinger	12:11.3	1998
55-59	Walter Deal	8:30.75	1998
60-64	Brian Bulpin	9:19.90	1994
65-69	Don Carey	10:33.0	1997
70-74	Bob Smith	10:40.4	1998
75-79	Gordon Johnson	09:41.7	1994
80-84	Gilbert Fair	11:58.8	1998
5000 Meter			
Women			
50-54	Sandra Kositzka	39:59.0	1997
55-59	Jill Brown	37:45.1	1998
60-64	Helen Wiper	38:08.1	1998
65-69	Thelma Fallows	40:03.1	1994
70-74	Ann Matthews	45:04.4	1996
Men			
50-54	Chet Dissinger	43:16.9	1998
55-59	Andrew Crane	31:04.4	1996
60-64	Myron Humphries	34:20.5	1998
65-69	Carl Newburn	35:58.8	1996
70-74	Bob Smith	36:35.6	1998
75-79	Gordon Johnson	34:47:00	1993
ROAD RACE 5K			
Women			
50-54	Dee Bays	19:37.0	1997
55-59	Barbara Cahalan	22:43.6	2011
60-64	Georgie Gillis	23:40.7	2008
65-69	Georgie Gillis	24:29.5	2011
70-74	Georgie Gillis	25:08.9	2015
75-79	Phyllis Goodlad	33:15.6	2003
80-84	Claudette Braswell	41:56.54	2017
Men			
50-54	Dave Quarles	18:10.4	2003
55-59	Jarrett Slaven	19:08.5	2000
60-64	Ray Larson	20:24	1992
65-69	Frank Brume	21:12.5	2005
70-74	Frank Brume	22:19.6	2010
75-79	Gordon Johnson	23:32	1994
80-84	Gordon Johnson	28:38.5	2000

85-89	Gordon Johnson	33:28.8	2005
90-94	Gordon Johnson	47:11.3	2008
SHOOTING			
Pistol Shooting			
Women			
50-59	Sheryl Rubin	283	2017
60-69	Margaret Clark	264	2017
70-79	Janet Ergle	239	2018
80-89	Betty Harstad	141	2017
Men			
50-59	Darby Serra	293	2018
60-69	Patrick Clark	295	2017
70-79	Michael Musick	299	2017
80-89	Joe Bolander	282	2018
Rifle Shooting			
Women			
50-54	Naomi Tillet	600	2016
60-64	Linda Hover	600	2014
70-74	Donna Hunt	574	2015
75-79	Beverly Lyon	597	2015
80-84	Beverly Lyon	598	2016
Men			
50-54	Viatcheslav Oulianov	574	2017
55-59	Coles Brundage	560	2018
60-64	Jim Binnion	490	2018
65-69	Lee Methvin	600	2015
65-69 tie	James McEvoy	600	2018
70-74	Woodford Miller	600	2014
70-74 tied	William Ruth	600	2016
75-79	Wendell Hunt	600	2016
75-79 tied			
80-84	Stanley Searfoss	600	2014
85-89	Eugene Lyon	600	2015
SKEET			
Women			
55-59			
60-64	Peggy DeVivo	27	2014
60-69 old			
Men			
50-59 old			
55-59	Gary Brown	47	2014
55-59 tied	Michael Brown	47	2017
60-69 old			
60-64	William DuCharme	47	2014
65-69	William DuCharme	48	2015
70-79 old			

70-74	Terry Ball	49	2017
75-79	Harry Kimberly	46	2015
80-89 old			
80-84	George Hotchkiss	47	2017
85-89	Elmer Dobner	47	2017
Sporting Clays			
Women			
55-59	Janet Wickman	27	2017
60-64	Deborah Wroten	37	2017
Men			
50-54	Ruben Garcia	47	2017
55-59	Mike Link	44	2017
60-64	Gary Brown	46	2017
65-69	Edward Arnold	48	2017
70-74	Bill Campbel	46	2017
75-79	Ronald Kerr	48	2017
80-84	Marshall Smith	44	2015
85-89	Elmer Dobner	38	2017
TRAP			
Women			
50-54	Janet Wickman	24	2012
50-59 old			
55-59	Janet Wickman	31	2016
60-69 old			
60-64	Roseann Cerovac	43	2018
65-69	Patricia Hill	42	2016
70-79 old			
70-74	Patricia Hill	36	2018
75-79	Chris Sikes	30	2013
80=84	Chris Sikes	33	2017
Men			
50-54	Ruben Garcia	46	2017
50-59 old			
55-59	Michael Brown	46	2018
60-69 old			
60-64	David Wright	47	2011
65-69	Merwin Backus	49	2011
70-79 old			
70-74	Jerry Quintal	48	2016
75-79	Gary Odell	47	2011
80-89 old			
80-84	Gene Regnier	49	2015
85-89	Elmer Dobner	42	2018
85-89 tie			
SWIMMING			
50 Yd Backstroke			

Women			
50-54	Cyn Lasher	36.88	2009
55-59	Pat Sargeant	33.11	2012
60-64	Patricia Bond	43.83	2002
65-69	Linda Fulton	36.64	2018
70-74	Patricia Bond	44.37	2008
75-79	Mary Tusa	50.06	2005
80-84	Florence Dunbar	52.65	1993
85-89	Florence Dunbar	01:02.4	1999
90-94	Joyce Stipanuk	01:19.6	2018
95-99	Dorothy Freed	01:33.8	2015
Men			
50-54	John Laderer	28.07	2015
55-59	Nathan Leech	30.33	2007
60-64	Brian Voisard	31.88	2011
65-69	Brian Voisard	32.95	2016
70-74	Burwell Jones	34.16	2005
75-79	Gordon Ralph	40.11	2007
80-84	John Woods	46.99	2003
85-89	John Cornell	50.83	2012
90-94	Jerome Burke	01:15.3	2015
95-99	Arland Meade	01:44.5	2010
100-104	Arland Meade	02:05.8	2015
100 Yd Backstroke			
Women			
50-54	Cyn Lasher	01:19.8	2009
55-59	Marcy Thomas	01:23.9	2016
60-64	Linda Fulton	01:21.0	2016
65-69	Linda Fulton	01:20.0	2018
70-74	Patricia Bond	01:32.6	2009
75-79	Beverly Myers	01:47.5	2010
80-84	Beverly Myers	02:00.5	2017
85-89	Phyllis Goodlad	02:26.0	2015
90-94	Joyce Stipanuk	02:58.0	2018
Men			
50-54	Allen Sale	01:06.5	2009
55-59	Brian Voisard	01:05.4	2009
60-64	Brian Voisard	1:08:07	2011
65-69	Brian Voisard	01:10.1	2016
70-74	Gaylord Hopkins	01:19.5	2012
75-79	Gaylord Hopkins	01:29.9	2017
80-84	John Woods	01:45.6	2003
85-89	John Woods	02:12.6	2008
90-94	Jerome Burke	03:06.4	2017
95-99	Arland Meade	04:03.8	2010
200 Yd Backstroke			
Women			

50-54	Lynn Cartee	02:50.8	2000
55-59	Paula Cunio	02:54.3	2018
60-64	Linda Fulton	02:59.5	2016
65-69	Linda Fulton	02:55.9	2018
70-74	Patricia Bond	03:14.8	2009
75-79	Mary Tusa	03:55.7	2005
80-84	Beverly Myers	04:33.0	2017
85-89	Phyllis Goodlad	05:12.7	2016
90-94	Joyce Stipanuk	06:19.8	2017
Men			
50-54	Brian Voisard	02:24.0	2005
55-59	Brian Voisard	02:22.0	2009
60-64	Brian Voisard	02:26.9	2011
65-69	Brian Voisard	02:30.7	2016
70-74	Gaylord Hopkins	02:51.0	2011
75-79	Gaylord Hopkins	03:14.2	2017
80-84	John Woods	03:56.0	2003
85-89	Frank Tillotson	04:48.0	2000
90-94	Lowell Heneveld	06:32.8	2013
50 Yd Breaststroke			
Women			
50-54	Lynn Cartee	39.22	2000
55-59	Paula Cunio	39.17	2018
60-64	Doris Prokopi	45.04	1998
65-69	Jeanne Hackett	45.15	2011
70-74	Jeanne Hackett	47.03	2013
75-79	Beverly Myers	51.39	2010
80-84	Florence Dunbar	54.15	1993
85-89	Florence Dunbar	01:08.3	1999
90-94	Joyce Stipanuk	01:54.2	2018
95-99	Dorothy Freed	02:49.0	2015
Men			
50-54	Stepan Oliva	30.94	2018
55-59	Nathan Leech	33.09	2007
60-64	Joseph Neal	39.18	2006
65-69	Dave Jarvis	36.8	2014
70-74	Dave Jarvis	35.69	2017
75-79	Martin Schenk	42.32	2017
80-84	Charles Schlegel	48.55	2010
85-89	Ross Stauffer	01:09.2	2009
90-94	Arland Meade	01:57.8	2006
95-99	Arland Meade	02:23.0	2010
100-104	Arland Meade	02:56.4	2015
100 Yd Breaststroke			
Women			
50-54	Paula Cunio	01:25.2	2015
55-59	Paula Cunio	01:24.9	2018

60-64	Doris Prokopi	01:38.8	1998
65-69	Jeanne Hackett	01:40.5	2011
70-74	Jeanne Hackett	01:41.6	2013
75-79	Jean Troy	01:57.7	2005
80-84	Jean Troy	02:00.8	2007
85-89	Shirley Carnahan	03:20.2	2018
90-94	Joyce Stipanuk	04:02.5	2017
Men			
50-54	Stepan Oliva	01:07.4	2018
55-59	Nathan Leech	01:14.6	2007
60-64	Brian Voisard	01:25.0	2013
65-69	Allen Cope	01:25.4	2018
70-74	Dave Jarvis	01:20.4	2017
75-79	Martin Schenk	01:37.4	2017
80-84	Charles Schlegel	01:59.6	2010
85-89	Hernan Granda	02:26.9	2011
90-94	Arland Meade	04:11.0	2005
95-99	Arland Meade	05:03.2	2010
200 Yd Breaststroke			
Women			
50-54	Paula Cunio	02:58.9	2015
55-59	Paula Cunio	03:00.7	2018
60-64	Jan Smith	03:47.1	2014
65-69	Donelda H o r n e	03:57.9	2009
70-74	Jeanne Hackett	03:46.6	2013
75-79	Shirley Fishlock	04:32.5	2011
80-84	Jean Troy	04:27.6	2008
85-89	Ellen Brown	07:32.7	2012
Men			
50-54	Peter Turner	02:44.3	2009
55-59	Allen Sale	02:47.0	2013
60-64	William Stephens	03:08.3	2008
65-69	William Stephens	03:22.3	2013
70-74	Thomas Carroll	03:23.3	2009
75-79	Martin Schenk	03:47.4	2018
80-84	Milan Kutanovski	05:06.4	2010
95-99	Arland Meade	12:13.1	2012
50 Yd Butterfly			
Women			
50-54	Christine Germain	32.89	2014
55-59	Pat Sargeant	30.03	2012
60-64	Connie Greb	38:53:00	2011
65-69	Patricia Tullman	43.23	2006
70-74	Patricia Bond	46.1	2009
75-79	Jean Troy	49.53	2006
80-84	Jean Troy	51.22	2007
85-89	Ellen Brown	01:45.9	2011

Men			
50-54	John Laderer	26.49	2016
55-59	Brian Voisard	29.06	2006
60-64	Paul Polgar	30.69	2011
65-69	Paul Polgar	30.73	2013
70-74	Burwell Jones	32.67	2005
75-79	Martin Schenk	36.04	2017
80-84	Duane Peacock	01:08.4	2014
85-89	Frank Tillotson	01:31.5	2000
100 Yd Butterfly			
Women			
50-54	Christine Germain	01:16.2	2015
55-59	Pat Sargeant	01:07.5	2012
60-64	Patricia Bond	01:43.7	2002
65-69	Roxanne Olmsted	01:38.0	2015
70-74	Patricia Bond	01:44.9	2008
75-79	Jean Troy	01:55.6	2006
80-84	Jean Troy	01:58.8	2007
Men			
50-54	Brian Voisard	01:05.3	2005
55-59	Brian Voisard	01:04.7	2006
60-64	Brian Voisard	01:05.9	2012
65-69	Robert Heacock	01:14.9	2018
70-74	Burwell Jones	01:16.2	2005
75-79	Charles Weatherbee	01:39.4	2007
50 Yd Freestyle			
Women			
50-54	Christine Germain	29.28	2015
55-59	Pat Sargeant	27.04.	2012
60-64	Connie Greb	33.07	2011
65-69	Patricia Bond	37.21	2003
70-74	Patricia Tullman	38.5	2007
75-79	Jean Troy	37	2005
80-84	Jean Troy	38.95	2008
85-89	Phyllis Goodlad	58.01	2013
90-94	Joyce Stipanuk	01:14.4	2018
Men			
50-54	Stepan Oliva	23:37	2017
55-59	Ed Laderer	25.42	2015
60-64	Brian Voisard	26.52	2011
65-69	Brian Voisard	26.85	2016
70-74	Burwell Jones	29.08	2005
75-79	James Pitts	31.85	2005
80-84	Tom Whiteleather	35.7	2010
85-89	John Cornell	41.58	2012
90-94	Harrison Homans	01:19.0	2018
95-99	Jerome Burke	01:21.3	2018

100 Yd Freestyle			
Women			
50-54	Christine Germain	01:05.1	2015
55-59	Pat Sargeant	01:01.1	2012
60-64	Connie Greb	01:16.6	2011
65-69	Patricia Tullman	01:20.9	2006
70-74	Patricia Bond	01:23.7	2009
75-79	Jean Troy	01:25.0	2006
80-84	Jean Troy	01:27.8	2007
85-89	Phyllis Goodlad	02:03.1	2017
90-94	Joyce Stipanuk	02:44.6	2017
Men			
50-54	Stepan Oliva	51.32	2017
55-59	Brian Voisard	56.54	2009
60-64	Brian Voisard	58.72	2011
65-69	Gaylord Hopkins	59.61	2006
70-74	Burwell Jones	01:02.2	2005
75-79	James Pitts	01:13.8	2005
80-84	Tom Whiteleather	01:26.8	2010
85-89	John Cornell	01:39.6	2012
90-94	Lowell Heneveld	03:02.9	2013
95-99	Jerome Burke	03:39.0	2018
200 Yd Freestyle			
Women			
50-54	Christine Germain	02:25.4	2015
55-59	Paula Cunio	02:29.2	2018
60-64	Patricia Bond	02:54.1	2000
65-69	Roxanne Olmsted	02:44.5	2015
70-74	Patricia Bond	02:55.5	2009
75-79	Jean Troy	03:01.9	2006
80-84	Mary Tusa	03:43.7	2013
85-89	Phyllis Goodlad	04:15.9	2017
90-94	Joyce Stipanuk	05:43.7	2017
Men			
50-54	Stepan Oliva	02:03.8	2017
55-59	Brian Voisard	02:04.4	2009
60-64	Gaylord Hopkins	02:08.5	2003
65-69	Gaylord Hopkins	02:11.2	2006
70-74	Gaylord Hopkins	02:21.0	2011
75-79	Martin Schenk	02:48.2	2017
80-84	John Cornell	03:26.0	2008
85-89	John Cornell	03:46.2	2012
90-94	Lowell Heneveld	06:14.1	2013
95-99	Arland Meade	08:55.3	2010
400 Yd Freestyle old			
Women			
50-54	Lynn Cartee	5:29.93	2000

55-59	Carla Corkins	07:32.7	1997
60-64	Patricia Bond	06:13.5	2000
65-69	Birthe Andersen	08:27.4	1998
70-74	Phyllis Goodlad	08:16.8	2000
75-79	Mary Jane Schafer	09:19.0	1998
Men			
50-54	Larry Doel	05:12.2	2000
55-59	Sam Hall	06:13.0	1997
60-64	Donald Gerber	06:07.5	1993
65-69	Frank Nauss	05:39.2	1999
70-74	John Woods	06:18.1	1996
75-79	Robert Lavanture	07:10.9	1998
80-84	Frank Tillotson	09:39.6	1998
85-89	Ken Sweeney	10:38.9	2000
500 Yd Freestyle			
Women			
50-54	Paula Cunio	06:40.2	2015
55-59	Pat Sargeant	06:12.6	2012
60-64	Patricia Bond	07:50.8	2002
65-69	Roxanne Olmsted	07:18.9	2016
70-74	Patricia Bond	07:40.6	2008
75-79	Jean Troy	08:30.4	2006
80-84	Mary Tusa	09:53.5	2013
85-89	Phyllis Goodlad	10:47.7	2017
Men			
50-54	Brian Voisard	05:51.2	2005
55-59	Brian Voisard	05:36.2	2009
60-64	Brian Voisard	05:52.1	2011
65-69	Gaylord Hopkins	06:04.8	2006
70-74	Gaylord Hopkins	06:16.5	2011
75-79	Gaylord Hopkins	07:35.8	2017
80-84	Phil Lindsley	09:30.6	2013
85-89	John Cornell	10:20.3	2012
90-94	Lowell Heneveld	16:28.8	2013
100 Yard Individual Medley			
Women			
50-54	Christine Germain	01:18.4	2016
55-59	Paula Cunio	01:18.2	2018
60-64	Wendy Duck	01:33.4	2005
65-69	Roxanne Olmstead	01:31.7	2016
70-74	Patricia Bond	01:35.0	2008
75-79	Jean Troy	01:41.3	2006
80-84	Jean Troy	01:49.5	2007
85-89	Ellen Brown	03:15.7	2011
Men			
50-54	Stepan Oliva	01:01.0	2017
55-59	Nathan Leech	01:05.1	2007

60-64	Brian Voisard	01:08.7	2011
65-69	Dave Jarvis	01:10.5	2014
70-74	David Jarvis	01:10.8	2018
75-79	Charles Weatherbee	01:27.7	2007
80-84	John Cornell	01:43.0	2008
85-89	John Cornell	01:52.5	2012
200 Yd Individual Medley			
Women			
50-54	Paula Cunio	02:48.2	2015
55-59	Paula Cunio	02:47.2	2018
60-64	Patricia Bond	03:23.2	2002
65-69	Wendy Duck	03:43.6	2011
70-74	Patricia Bond	03:27.0	2009
75-79	Beverly Myers	03:46.8	2010
80-84	Doris Prokopi	05:29.3	2015
Men			
50-54	Allen Sale	02:26.7	2012
55-59	Brian Voisard	02:25.6	2010
60-64	Brian Voisard	02:28.4	2011
65-69	Gaylord Hopkins	02:49.9	2010
70-74	Thomas Carroll	03:06.3	2009
75-79	Thomas Gompf	03:32.2	2015
80-84	Duane Peacock	05:01.3	2014
85-89	Frank Tillotson	05:34.0	2000
TRACK			
50 Meter			
Women			
50-54	Andrea Collier	7.68	2018
55-59	Jocelyn Lowther	7.98	2013
60-64	Jocelyn Lowther	7.89	2014
65-69	Ella Redpath	8.86	2013
70-74	Ethel Lehmann	9.51	2000
75-79	Marty Barlow Beighley	10.04	2018
80-84	Ethel Lehmann	10.34	2012
85-89	Ethel Lehmann	11:00	2015
90-94	Lillian Webb	14.37	2008
95-99	Lillian Webb	16.85	2012
Men			
50-54	Dian Edwards	6.76	2015
55-59	Jerry Mobley	6.91	2014
60-64	Donald Amery	7.03	1997
65-69	Rod Lehman	7.31	2017
70-74	Hank Lytle	7.85	2014
75-79	Howie Sampson	7.96	2013
80-84	Blair McFarlane	8.7	2003
85-89	John Anoka	9.52	2004

90-94	John Anoka	10.85	2009
95-99	Ervin Szewczuga	15.74	2017
100-104	Arland Meade	27.39	2015
100 Meter			
Women			
50-54	Janet Lamoureau	16.52	2017
55-59	Jocelyn Lowther	0.6708333333	2011
60-64	Jocelyn Lowther	15.16	2016
65-69	Ella Redpath	17.66	2013
70-74	Ella Redpath	18.56	2017
75-79	Ethel Lehmann	18.74	2004
80-84	Ethel Lehmann	18.29	2012
85-89	Ethel Lehmann	21.5	2016
90-94	Lillian Webb	31.11	2008
95-99	Lillian Webb	33	2012
Men			
50-54	Oscar Fabra	12.35	2015
55-59	Jerry Mobley	12.94	2014
60-64	Rudy Briscoe	12.92	2017
65-69	Rod Lehman	13.4	2016
70-74	Douglas Thomas	14.03	2016
75-79	Howie Sampson	14.98	2014
80-84	John Anoka	16.64	2000
85-89	John Anoka	17.85	2004
90-94	John Anoka	20.84	2009
95-99	Edwin Butters	46.38	2003
200 Meters			
Women			
50-54	Jodie Brown	35.17	2018
55-59	Jocelyn Lowther	32.25	2011
60-64	Jocelyn Lowther	32.76	2014
65-69	Ethel Lehmann	37.41	1999
70-74	Ethel Lehmann	38.59	2000
75-79	Ethel Lehmann	35.72	2005
80-84	Ethel Lehmann	43.57	2010
85-89	Ethel Lehmann	48.92	2016
90-94	Lillian Webb	01:17.7	2008
Men			
50-54	Bobby Terrell	26.1	2004
55-59	Oscar Fabra	26.76	2018
60-64	Rudy Briscoe	26.43	2017
65-69	Rod Lehman	27.76	2016
70-74	Leslie Bennett	30.56	2017
75-79	Howie Sampson	32.12	2013
80-84	John Anoka	35.63	2000
85-89	John Anoka	39.95	2004
90-94	John Anoka	44.17	2009

400 Meters			
Women			
50-54	Andrea Collier	01:09.5	2018
55-59	Jocelyn Lowther	01:11.4	2013
60-64	Jocelyn Lowther	01:17.0	2015
65-69	Georgie Gillis	01:25.7	2011
70-74	Georgie Gillis	01:27.1	2017
75-79	Ethel Lehmann	01:39.7	2004
80-84	Ethel Lehmann	01:48.8	2009
85-89	Ethel Lehmann	02:09.3	2016
Men			
50-54	Chris Scotto Divetta	58.97	2008
55-59	Oscar Fabra	01:00.7	2018
60-64	Rudy Briscoe	59.31	2018
65-69	Rod Lehman	01:05.6	2017
70-74	Leslie Bennett	01:09.2	2017
75-79	Charles Baker	01:18.7	2002
80-84	John Anoka	01:26.2	2000
85-89	John Anoka	01:41.1	2005
90-94	John Anoka	02:01.6	2009
800 M			
Women			
50-54	Julie Sands	02:51.0	2008
55-59	Julie Sands	02:53.7	2015
60-64	Georgie Gillis	03:12.9	2008
65-69	Georgie Gillis	03:15.3	2013
70-74	Georgie Gillis	03:18.6	2015
75-79	Ethel Lehmann	04:03.8	2007
80-84	Ethel Lehmann	04:21.0	2009
85-89	Ethel Lehmann	03:51.0	2015
Men			
50-54	Dan Bergeson	02:19.2	2015
55-59	Jarrett Slaven	02:28.1	2000
60-64	Bob Payne	02:40.0	1999
65-69	Frank Brume	02:40.7	2008
70-74	Leslie Bennett	02:47.5	2018
75-79	Gordon Johnson	03:11.4	1994
80-84	Gordon Johnson	03:40.0	1999
85-89	Gordon Johnson	04:33.7	2003
90-94	Jerome Burke	04:59.2	2013
1500 Meters			
Women			
50-54	Julie Sands	05:49.2	2008
55-59	Mary Beth Freeman	06:24.0	2013
60-64	Georgie Gillis	06:39.0	2008
65-69	Georgie Gillis	06:40.9	2011
70-74	Georgie Gillis	06:51.8	2017

75-79	Phyllis Goodlad	08:57.2	2003
80-84	Claudette Braswell	11:52.1	2017
85-89	Ethel Lehmann	11:15.8	2017
Men			
50-54	Chris Scotto Divetta	05:00.6	2008
55-59	Jarrett Slaven	05:16.3	2000
60-64	Bob Payne	05:39.5	2000
65-69	William Morrell	05:36.5	2016
70-74	Frank Brume	06:01.2	2011
75-79	Gordon Johnson	06:07.6	1994
80-84	Gordon Johnson	07:33.0	2000
85-89	Gordon Johnson	09:23.9	2003
90-94	Gordon Johnson	12:54.2	2008
WALKING			
1500 Meter			
Women			
50-54	Marguerite Muller	10:46.9	2002
55-59	Sue Fenton	10:00.2	2010
60-64	Avis Pixley	09:59.0	1998
65-69	Sandy Gill	10:30.4	2011
70-74	Marlene Swartzfager	11:00.0	2013
75-79	Phyllis Goodlad	11:03.4	2003
80-84	Peggy Ostrander	12:19.8	2017
85-89	Alice Segar	11:55.8	2006
90-94	Alice Segar	12:44.4	2010
Men			
50-54	Charles Ripstra	08:23.9	2003
55-59	Gus Ormrod	08:29.7	2013
60-64	James Corbeil	08:52.4	2005
65-69	James Corbeil	08:25.2	2007
70-74	James Corbeil	09:09.3	2011
75-79	Gus Ormrod, Sr	09:36.1	2005
80-84	Gus Ormrod, Sr	9:30	2009
85-89	Gilbert Fair	12:35.6	2001
90-94	Clifford Taylor	13:40.0	2009
95-99	Ervin Szewczuga	16.33.53	2017
5000 Meter			
Women			
50-54	Janet Lamoureux	38:00.9	2018
55-59	Sue Fenton	34:15.4	2010
60-64	Avis Pixley	34:58.0	1999
65-69	Avis Pixley	36:40.3	2000
70-74	Patricia Priest	37:21.4	2008
75-79	Marlene Swartzfager	38:39.8	2016
80-84	Peggy Ostrander	41:33.3	2017
85-89	Alice Segar	40:11.9	2006

90-94	Alice Segar	42:11.3	2010
Men			
50-54	Joseph Wozincki	31:51.6	2010
55-59	Gus Ormrod Jr	29:35.5	2013
60-64	James Corbeil	31:02.9	2005
65-69	James Corbeil	28:49.1	2007
70-74	James Corbeil	29:48.0	2011
75-79	Gus Ormrod, Sr	33:16.4	2005
80-84	Gus Ormrod, Sr	33:09:00	2009
85-89	Gordon Johnson	38:58.2	2005
90-94	Clifford Taylor	47:48:00	2009
95-99	Oluf Jensen	1:01.50.0	1999
WATER SKIING			
Jumping			
Women			
55-59	Barbara Cleveland	93'	1997
Men			
55-59	John Roach	94'	1993
60-64	John Horton	74'	1992
75-80	Banana George Blair	31'	1992
Slalom			
Women			
55-59	Barbara Cleveland	55 1/2	1997
60-64	Erika Messner	39 1/2	1997
80-84	Lucille Borgen	27	1993
Men			
55-59	John Roach	34	1993
60-64	Joe Duff	32	1994
65-70	Jim Salmas	36 1/4	1992
74-79	Banana George Blair	4	1992
Trick			
Women			
55-59	Barbara Cleveland	3280	1997
60-64	Heather Gregorie	2110	1993
80-84	Lucille Borgen	1360	1994
Men			
55- 59	Jim Cleveland	2140	1993
60-64	Jim Horton	1700	1992
65-69	William Gregorie	1040	1994
74-79	Banana George Blair	300	1992