

POLK SENIOR GAMES RECORDS		
corrected 6/22/2020	2019	
	name	score
	# new records -	
	7 from 1992 - only 1 in active events (Road Race)	
ARCHERY		
Barebow Recurve		
Women		
55-59	Gail Noland	28
60-64	Gail Noland	40
80-84	Anna Hartman	402
85-89	Anna Hartman	266
Men		
55-59	Gerald Nichols	340
60-64		
65-69	Norman Sosin	399
70-74	Lon Goodenow	393
75-79	Frank Skvarek	445
80-84	Roy Bowen	326
85-89	Harry Lancaster	184
Compound Finger		
Men		
65-69	John Gauger	540
70-74	John Gauger	529
75-79	Carl Frank	506
80-84	Roy Bowen	445
Compound Release		
Women		
50-54	Tressa Boyer	548
55-59	Jacqueline Arthurs	528
60-64	Rhonda Rex	541
65-69	Rhonda Rex	553
70-74	Hazel Grimes	538
80-84	Barbara Steffens	84
Men		
50-54	John Boyer	590
55-59	Jeff Markey	581
55-59 tied	James Powell	581
60-64	Gary Rex	585
60-64 tied	Jeff Markey	585
65-69	Gary Rex	586
70-74	Ronald Fulmer	577
75-79	Richard Sokoloski	576
80-84	Richard Sokoloski	568
85-89	Jack Cason	544
Recurve		
Women		

60-64	Angie Olds	466
65-69	Alice Prestin	12
70-74	Alice Prestin	19
Men		
50-54	Viatcheslav Oulianov	435
55-59	Viatcheslav Oulianov	504
65-69	Larry Michael	522
70-74	Larry Michael	434
85-89	Donald Noland	28
BASKETBALL SHOOTING		
Free Throw Shooting		
Women		
50-54	Diane Foli	22
55-59	Cheryl Shafer McDermeit	24
60-64	Patricia Ashby	28
65-69	Claudette Braswell	24
70-74	Charlotte Miller	25
75-79	Claudette Braswell	26
80-84	Claudette Braswell	21
85-89	Dot VanFarowe	4
Men		
50-54	Dennis Sweeney	28
50-54 tied	Ronald Becton	28
55-59	Dennis Sweeney	30 perfect
60-64	Harry Carothers	30 perfect
60-64 tied	William Oliver	30 perfect
65-69	Harry Carothers	30 perfect
70-74	Peter Smith	29
70-74 tied		
75-79	Andy McGuffin	29
80-84	Andy McGuffin	30 perfect
85-89	Andy McGuffin	27
90-94	Andy McGuffin	28
Spot Shooting		
Women		
50-54	Diane Foli	13
50-54 tied		
55-59	Chris Evans	11
60-64	Chris Evans	11
60-64 tied		
65-69	Carol Waters	10
70-74	Claudette Braswell	11
75-79	Claudette Braswell	13
80-84	Claudette Braswell	10
85-89	Dot VanFarowe	2
Men		
50-54	Steve McDermeit	13

55-59	Ronald Becton	14
60-64	Harry Carothers	13
65-69	Harry Carothers	13
70-74	Harry Carothers	13
75-79		
75-79 tied	Harry Carothers	12
80-84	Andy McGuffin	13
80-84 tied		
85-89	Andy McGuffin	13
90-94	Andy McGuffin	14
Timed Shooting		
Women		
50-54	Diane Foli	154
55-59	Chris Evans	101
60-64	Trish LeGros	86
65-69	Carol Waters	114
70-74	Claudette Braswell	111
75-79	Claudette Braswell	101
80-84	Claudette Braswell	87
Men		
50-54	Dennis Sweeney	111
50-54 tied	Steve McDermeit	111
55-59	Steve McDermeit	120
60-64	Harry Carothers	127
65-69	William Oliver	141
70-74	Harry Carothers	110
75-79	Harry Carothers	120
75-79 tied		
80-84	Andy McGuffin	86
85-89	Andy McGuffin	120
90-94	Andy McGuffin	125
BOWLING		
Singles		
Women		
50-54	Pamela Sprow	643
55-59	Lisa McGraw	662
60-64	Barbara Gnegy	713
65-69	Barbara Gnegy	614
70-74	Martha Evans	603
75-79	Jo Wagner	551
80-84	Machiko Gotsuco	539
85-89	Betty Hall	502
90-94	Lillian Webb	499
95-99	Lillian Webb	426
Men		
50-54	Salvador Trevino	741

55-59	Stanley Sprow	803
60-64	Bud Serletic	732
65-69	Virgil Enger	755
70-74	Jimmy Coffman	768
75-79	John Spencer	762
80-84	Bruce Tohm	706
85-89	Gil Rosenthal	625
90-94	Garfield Sager	551
95-99	Frank Farrington	474
100-104	Frank Farrington	427
Doubles		
Women		
50-54	Pamela Sprow & Janis Caffee	1338
55-59	Tina Peavy & Nadine Lewis	1249
60-64	Barbara Gnegy & Carolyn Bass	1171
65-69	Diane Downey & Barbara Gnegy	1199
70-74	Terri Stein & Gloriann Dickinson	1161
75-79	Winnie Ball & Helen Weaver	1006
80-84	Irene Watson & Jo Ann Harrison	1111
85-89	Betty Hall & Irene Watson	879
90-94	Betty Hall & Helen Snyder	734
Men		
50-54	John Ramsey & Bruce Devivo	1357
55-59	Bud Serletic & D A Bottoms	1431
60-64	Daniel Young & Bob Harley	1331
65-69	Chuck Cook & Charles Leak	1410
70-74	Curtis Letchworth & Remer Letchworth	1324
75-79	Matthew Valitchka & Don Buckley	1228
80-84	Gene Mabe & Peter Casella	1255
85-89	Edward Vitale & Fred Vogler	1051
90-94	James Hurrle & Gil Rosenthal	817
Mixed Doubles		
50-54	Stanley Sprow & Pamela Sprow	1376
55-59	Bud Serletic & Tomi Lee Burns	1329
60-64	Mary Ellen Wadley & John Ramsey	1330
65-69	Jo Ann Martinez & Richard Hill	1263
70-74	Terri Stein & Mel Lichtenberg	1334
75-79	Rosa Schuler & Bruce Tohm	1179
80-84	Dolly Pretari & Joe Lane	1102
85-89	Irene Watson & Everett Rieck	1055
90-94	James Hurrle & Betty Hall	913
95-99	Evelyn Gregor & Carl Laubach	850
Team Bowling		
50 +	Just Rollin	2399
	Cicero Carr Jr	
	Diiane Downey	
	Lisa Polonezyk	

	Daniel Young	
60 +	Strike Force	2206
	Eddie Doucette	
	Karen Doucette	
	Thomas Edwards	
	Linda Foch	
70 +	Whatever	2142
	Peter Casella	
	Beverly Hines	
	Gene Mabe	
	Monty Sours	
CYCLING		
5K		
Women		
50-54	Patricia Hoffman	09:20.4
55-59	Joan Zirkelbach	09:04.6
60-64	Patricia Bond	09:56.1
65-69	Patricia Bond	08:23.4
70-74	Phyllis Goodlad	11:03.3
75-79	Phyllis Goodlad	11:33.3
80-84	Mary Jane Schafer	24:19.8
Men		
50-54	Kevin Ruesch	08:28.6
55-59	Steve Feith	08:13.4
60-64	Roger Burke	07:58.7
65-69	Bud Scott	08:19.9
70-74	Larry Reade	08:48.8
75-79	Girard Dandreaux	09:40.6
80-84	Brian McGrath	10:39.1
85-89	Brian McGrath	10:53.6
90-94	Brian McGrath	10:53.2
10K		
Women		
50-54	Patricia Hoffman	17:00
55-59	Joan Zirkelbach	18:56.7
60-64	Patricia Bond	20:04.7
65-69	Patricia Bond	19:15.6
70-74	Phyllis Goodlad	22:51.8
75-79	Phyllis Goodlad	22:41
Men		
50-54	John Sedmera	17:20.8
55-59	Roger Burke	17:31.3
60-64	Leon Burk	16:52.8
65-69	Larry Reade	16:55.3
70-74	Larry Reade	17:09.4
75-79	Jacob Zeigler	19:48.8
80-84	John Sinabaldi	21:47.0

85-89	Brian McGrath	22:20.0
FIELD EVENTS		
Discus		
Women		
50-54	Karen Sapp	73' 5"
55-59	Erika Messner	81' 8 1/2"
60-64	Erika Messner	80' 1"
65-69	Erika Messner	75' 7"
70-74	Evelyn Wright	63' 7 3/4"
75-79	Evelyn Wright	65' 8"
80-84	Madelaine Cazel	63' 1"
85-89	Ethel Lehmann	43' 1 3/4"
90-94	Lillian Webb	26' 1"
95-99	Lillian Webb	28' 5 1/2"
Men		
50-54	Gary Lane	139' 9"
55-59	Jerry Arline	130' 6"
60-64	Roland Jones	146' 1"
65-69	Len Olson	157' 5 1/2"
70-74	Len Olson	129' 2 1/4"
75-79	James Oglesby	121' 4 1/2"
80-84	Fred Weber	93' 5"
85-89	Karlis Ezerins	76' 6 1/4"
90-94	David Chase	63' 10 3/4"
95-99	Ed Butters	32' 4"
High Jump		
Women		
50-54	Janet Lamoureux	3' 10"
55-59	Barbara Cleveland	4' 2"
60-64	Peggy Peck	4' 2 1/2"
65-69		
65-69 tied	Peggy Peck	4' 2"
70-74	Evelyn Wright	3' 9"
75-79	Evelyn Wright	3' 6"
80-84	Ethel Lehmann	3' 2"
85-89	Ethel Lehmann	2' 10"
Men		
50-54	Charles Jordan	5' 1"
55-59	Carlos Urrutia	5' 2"
60-64	Carlos Urrutia	5' 0"
65-69	Richard Lowery	4' 6"
65-69 tied	David Black	4' 6"
70-74	Richard Lowery	4' 8"
75-79	Richard Lowery	4' 7"
80-84	Richard Lowery	4' 4"
80-84 tied		

85-89	Richard Lowery	3' 10"
90-94	David Chase	3' 2"
Javelin		
Women		
50-54	Jodie Brown	71' 6"
55-59	Erika Messner	93' ½"
60-64 500 gram in 2015	Peggy Peck	77' 9"
60-64 400 gram		
65-69 500 gram in 2015	Peggy Peck	72' 10"
65-69 400 gram		
70-74 500 gram in 2015	Barbara Lukens	55'
70-74 400 gram		
75-79	Ethel Lehmann	68' 4 1/2"
80-84	Madelaine Cazel	69' 4 1/2"
85-89	Ethel Lehmann	41'
Men		
50-54	John Selleh	149'
55-59	John Selleh	143' 7"
60-64	Rudy Vlaardingerbroek	141' 5 1/2"
65-69	William Rothley	126' 10"
70-74	Thomas Fulton	122' 4 1/2"
75-79	Brooks Harrison	114' 7 3/4"
80-84	Don Miller	101' 10 3/4"
85-89	Karlis Ezerins	69'
90-94	David Chase	56' 3"
95-99	Ed Butters	37'
Long Jump		
Women		
50-54	Jodie Brown	12' 6"
55-59	Barbara Cleveland	12' 9 ½"
60-64	Barbara Cleveland	13' 3"
65-69	Peggy Peck	10' 8 1/4"
70-74	Madelaine Cazel	9' 7"
75-79	Ethel Lehmann	9'
80-84	Ethel Lehmann	8' 4"
85-89	Ethel Lehmann	8' 4"
90-94	Lillian Webb	4' 8"
95-99	Lillian Webb	4' 11"
Men		
50-54	Charles Jordan	16'
55-59	Alfred Leon	17'
60-64	Clifford Threlkeld	15' 2 1/2"
65-69	William Rothley	14' 1"
70-74	Douglas Thomas	13' 5"
75-79	William Rothley	12' 11"
80-84	Bill Karjane	10' 8 1/2"
85-89	Sid Duckman	9' 7"

90-94	David Chase	7' 9"
Shot-put		
Women		
50-54	Diane Workum	30' 9"
55-59	Erika Messner	31' 9 ½"
60-64	Erika Messner	32' 8"
65-69	Erika Messner	29' 4"
70-74	Evelyn Wright	24' 9 1/2"
75-79	Evelyn Wright	26' 7 3/4"
80-84	Madelaine Cazel	20' 5 3/4"
85-89	Ethel Lehmann	19' 7"
90-94	Lillian Webb	14' 8 3/4"
95-99	Lillian Webb	15' 3/4"
Men		
50-54	Donald Winters	47' 1/2"
55-59	David Grossman	38' 1/2"
60-64	Gary Winters	45' 6"
65-69	Len Olson	45' 5 ½"
70-74	James Oglesby	43' 9"
75-79	James Oglesby	42' 1"
80-84	Karlis Ezerins	33' 6 1/2"
85-89	Karlis Ezerins	32' 5 1/2"
90-94	David Chase	27' 2"
95-99	Ed Butters	13' 9 1/4"
Softball Throw		
Women		
50-54	Karen Sapp	146' 3"
55-59	Erika Messner	113' 10"
60-64	Erika Messner	126'
65-69	Ethel Lehmann	121' 5"
70-74	Ethel Lehmann	115' 5"
75-79	Ethel Lehmann	120' 1"
80-84	Ethel Lehmann	108' 11"
85-89	Ethel Lehmann	86'
90-94	Lillian Webb	55'
95-99	Lillian Webb	43' 10"
Men		
50-54	Armond Laframboise	253' 5"
55-59	Armond Laframboise	235' 11"
60-64	Matt McGillen	213' 4"
65-69	Bill Karjane	196' 9"
70-74	Bill Karjane	182' 1 1/2"
75-79	Bill Karjane	159' 1"
80-84	Bill Karjane	147' 2"
85-89	Jim Schroder	114' 5"
90-94	Gilbert Fair	71' 5"
95-99	Ed Butters	44' 5"

100-104	Frank Farrington	29' 6 3/4"
Triple Jump		
Women		
50-54	Janet Lamoureux	25' 1"
55-59	Lisa Godwin	20' 4"
60-64	Peggy Peck	25' 7"
65-69	Peggy Peck	24' 3 1/2"
70-74	Evelyn Wright	20' 7"
75-79	Evelyn Wright	18' 10"
80-84	Ethel Lehmann	16' 7"
85-89	Ethel Lehmann	12' 1"
Men		
50-54	Alfred Leon	33' 10"
55-59	Alfred Leon	36' 7"
60-64	David Host	29' 11"
65-69	David Black	27' 5"
65-69 tie		
70-74	Bill Karjane	24' 4"
75-79	Bill Rothley	24' 8 1/2"
80-84	Bill Karjane	22' 10 1/2"
85-89	Bill Rothley	18' 4"
90-94	David Chase	17'
FISHING		
Length		
50-54	Gus Palas	11" Catfish
55-59	Pamela Matunas	17" Catfish
60-64	Pamela Matunas	22' catfish
65-69	Steven Totten	35" Carp
70-74	Robert Dostal	22 1/4" Catfish
75-79	Jim Partain	36 1/2" Carp
80-84	Donald Kremer	22" Bass
85-89	Dirk Hoffer	18" Bass
90-94		
95-99	Doris Jenkins	4" bass
Quantity		
50-54	Jeff Slaten	10
55-59	Jim Binnion	14
55-59 tied		
55-59 tied		
60-64	Rose Thornburgh	19
65-69	James Christian	62
70-74	James Christian	35
75-79	Helen Grieshaber	23
80-84	Tubby Harrison	10
85-89	Bill Janssen	12
90-94	Patrick Monaco	7

95-99	Doris Jenkins	1
Weight do not use anymore		
50-54	Arthur Fair	2 lb 15 oz
55-59	Richard Mellock	2 lb 3 oz
60-64	Ann Wyant	4 lb 15 oz
65-69	David Houtman	4 lb 15 oz bass
70-74	Dan DeRosa	4 lb 1 oz
70-74		
75-79	John Cotterill	4 lb 11 oz
80-84	John Cotterill	5 lb 8 Oz
85-89	Terral Higgins	4 lb 15 oz
90-94	Patrick Monaco	5.9 oz
Fly Casting		
Accuracy		
Women		
50-59	Janet Wickman	100
60-69	Janet Wickman	200
70-79	Patti Foster	300
80-89	Helen Grieshaber	200
Men		
50-59	Gus Palas	150
60-69	Bernard Siskavich	350
70-79	Richard Mason	300
80-89	Richard Mason	250
Distance		
Women		
50-59	Jackie Wallace	41' 5"
60-69	Janet Wickman	34'5"
70-79	Patti Foster	64' 5"
80-89	Helen Grieshaber	25'10"
Men		
50-59	Gus Palas	25' 4"
60-69	Ronald Clark	68' 5"
70-79	Lee Methvin	64' 3"
80-89	Richard Snyder	56' 7"
GOLF		
18 Hole		
Women		
50-54	Janet Brown	73
55-59	Joanne Ahearn	73
60-64	Ursula Johnston	74
60-64 tie	Barbara Heddon	74
65-69	Mettie Withers	75
70-74	Ethelyn Bartlett	75
75-79	Gail Brown	77

80-84	Mettie Withers	85
85-89	Orabelle Beach	92
85-89 tie	Mary Bourque	92
90-94	Lauretta Wise	109
90-94 tie	Rita McDonald	109
Men		
50-54	Ira Dunning	71
55-59	Curtis Madson	68
60-64	Brian Jeffery	71
60-64 tie	Don McQuaig	71
65-69	Donald McQuaig	69
70-74	Bill Jukes	70
75-79	Cliff Brown	70
75-79 tie		
80-84	Robert Cheatham	73
85-89	Robert Cheatham	81
90-94	Albert Otte	81
95-99	Dean Fulton	97
Mixed Doubles		
50-54	John Shotwell & Evie Harrison	73
55-59	William Murray & Michelle Murray	71
60-64	Ed Griffin & Ann Griffin	71
65-69	Curt Doerrer & Sue Doerrer	70
70-74	Donna Aitken & Cliff Brown	66
75-79	Bruce Brewer & Gail Brewer	74
80-84	Connie Doubet & Thomas Doubet	77
85-89	Carl Carroll & Dori Laibe	85
KAYAK		
Women	Women (1 mile)	
50-59	Betty Warwick	18:46
60-69	Betty Stephens	20:29
70-79		
80-89	Mary Jane Schafer	22:22
Men	Men (1 mile)	
50-59	William Harboe	18:17
60-69	Leon Burk	14:54
70-79	Joseph Puma	17:40
80-89		
POWERLIFTING		
Bench Press		
Women		
50-54 Wt 123	Sheryl Bradford	120 lbs
50-54 Wt 132	Sheryl Bradford	120 lbs
50-54 Wt 148	Lenore Devore	115 lbs
50-54 Wt 165	Eberle Funches	155 lbs

50-54 Wt 181	Lenore Devore	135 lbs
55-59 Wt 105	Janet Wickman	35 lbs
55-59 Wt 114	Nancy Georges	75 lbs
55-59 Wt 123	Yvette Fox	115 lbs
55-59 Wt 132	Andrea Kidd	130 lbs
55-59 Wt 148	Julie Racicot	100 lbs
55-59 Wt 165	Lenore Devore	120 lbs
55-59 Wt 181	Lillian Gillman	95 lbs
55-59 Wt 198	Gail Noland	75 lbs
55-59 Wt 198+	Dawn Black	95 lbs
60-64 Wt 114	Nancy Georges	90 lbs
60-64 Wt 123	Yvette Fox	120 lbs
60-64 Wt 132	Yvette Fox	100 lbs
60-64 Wt 148	Laurie Schoepe	95 lbs
60-64 Wt 162	Judy Parsons	60 lbs
60-64 Wt 165	Laurie Schoepe	90 lbs
60-64 Wt 181	Jean Flesher	125 lbs
60-64 Wt 198	Dawn Black	135 lbs
60-64 Wt 199+	Dawn Black	120 lbs
65-69 Wt 105	Arlene Coulter	90 lbs
65-69 Wt 114	Nancy Georges	90 lbs
65-69 Wt 132	Patricia Greenberg	70 lbs
65-69 Wt 132 tied	Randa Berger	70 lbs
65-69 Wt 148	Lois Hall	100 lbs
65-69 Wt 165	Sondra Freedman	70 lbs
65-69 Wt 181	Helen Hankerson	285 lbs
65-69 Wt 198	Virginia Brown	75 lbs
65-69 Wt 199+	Carolyn Bolander	45 lbs
70-74 Wt 97	Patricia Ashby	50 lbs
70-74 Wt 105	Patricia Ashby	45 lbs
70-74 Wt 123	Joanna Lahey	70 lbs
70-74 Wt 123 tie	Lana Marcine	70 lbs
70-74 Wt 132	Lois Hall	95 lbs
70-74 Wt 148	Janet Bremer	125 lbs
70-74 Wt 165	Joan Mann	85 lbs
70-74 Wt 198	Mary Downes	70 lbs
75-79 Wt 105	Patricia Ashby	50 lbs
75-79 Wt 114	Patricia Ashby	55 lbs
75-79 Wt 148	Janet Reynolds	107 lbs
75-79 Wt 165	Bonnie Thurston	82 lbs
75-79 Wt 199+	Carolyn Bolander	55 lbs
80-84 Wt 105	Patricia Ashby	50 lbs
80-84 Wt 123	Imogene Northern	7 lbs
80-84 Wt 165	Mary Wilson	65 lbs
85-89 Wt 132	Carol Miles	55 lbs
85-89 Wt 165	Trudy Daxon	45 lbs
90-94 Wt 148	Edith Traina	55 lbs

90-94 Wt 165	Leona Senyk	65 lbs
9599 Wt 165	Edith Traina	65 lbs
Men		
50-54 Wt 142	Michael Libys	160 lbs
50-54 Wt 148	Edward Perez III	280 lbs
50-54 Wt 165	Greg Harrelson	245 lbs
50-54 Wt 181	William Devore	345 lbs
50-54 Wt 198	William Devore	350 lbs
50-54 Wt 220	Ted Sealey	385 lbs
50-54 Wt 242	Daniel Jonas	325 lbs
50-54 Wt 275	Tony Parker	350 lbs
50-54 SHW	Miguel Rodriquez	535 lbs
55-59 Wt 148	Michael Libys	190 lbs
55-59 Wt 165	Jerry Mobley	275 lbs
55-59 Wt 181	Dennis Folds	245 lbs
55-59 Wt 198	Keith Grimes	270 lbs
55-59 Wt 220	Gary Wright	250 lbs
55-59 Wt 242	George Anthony	325 lbs
55-59 Wt 275	Scott Hane	375 lbs
55-59 SHW	David Friedlender	355lbs
60-64 Wt 132	Frank Scianimanico	200 lbs
60-64 Wt 148	John March	240 lbs
60-64 Wt 165	Mark Codd	220 lbs
60-64 Wt 181	Kelley Collier	235 lbs
60-64 Wt 198	Brian Hart	370 lbs
60-64 Wt 220	Steven Eisman	335 lbs
60-64 Wt 242	Mike Wood	335 lbs
60-64 Wt 248	Mike Wood	345lbs
60-64 Wt 275	Rickey Thrasher	355 lbs
65-69 Wt 148	Richard Merino	200 lbs
65-69 Wt 165	Al Annunziato	245 lbs
65-69 Wt 181	Douglas Rozon	270 lbs
65-69 Wt 198	Kelley Collier	280 lbs
65-69 Wt 220	Randy Willett	300 lbs
65-69 Wt 242	Mike Wood	330 lbs
65-69 Wt 275	Howard Brown	275 lbs
65-69 Wt 275 tie	Charles Harkala	275 lbs
65-69 SHW	Joseph Abal	250 lbs
70-74 Wt 132	David Surratt	150 lbs
70-74 Wt 148	Cliff Jackson	210 lbs
70-74 Wt 165	Jacques Weaver	200 lbs
70-74 Wt 181	Noel Kocher	230 lbs
70-74 Wt 198	Sherwood Ellis	235 lbs
70-74 Wt 220	John Yong	270 lbs
70-74 Wt 242	Walter Robinson	325 lbs
70-74 Wt 275	Leroy Ford	325 lbs
70-74 Wt SHW	William Barnickel	330 lbs

75-79 Wt 123	Ronald Crawford	145 lbs
75-79 Wt 132	Edward Perez Jr	155 lbs
75-79 Wt 165	Bill Tinkler	205 lbs
75-79 Wt 181	Jacques Weaver	245 lbs
75-79 Wt 198	Otis Perry	225 lbs
75-79 Wt 220	John Yong	250 lbs
75-79 Wt 242	Michael Brace	225 lbs
75-79 Wt 275	Cicero Carr	225 lbs
80-84 Wt 132	Ronald Crawford	140lbs
80-84 Wt 148	James Morgan	140 lbs
80-84 Wt 165	Bill Tinkler	205 lbs
80-84 Wt 181	Michael Maiden	170 lbs
80-84 Wt 198	Albert Smith	140 lbs
80-84 Wt 220	Vito Lombardo	200 lbs
80 84 Wt 242	Donald Noland	85 lbs
80-84 Wt 275	Cicero Carr	150 lbs
85-89 Wt 148	Gerald Foster	105 lbs
85-89 Wt 165	Carmine Maggiore	175 lbs
85-89 Wt 181	Jim Schroder	70 lbs
85-89 Wt 198	Carmine Maggiore	165 lbs
85-89 Wt 220	Carmine Maggiore	160 lbs
85-89 Wt 242	Donald Noland	70 lbs
Dead Lift		
Women		
50-54 Wt 132	Lynn Cook	280 lbs
50-54 Wt 145	Lenore Devore	205 lbs
50-54 Wt 165	Eberle Funches	300 lbs
50-54 Wt 181	Lenore Devore	255 lbs
55-59 Wt 105	Janet Wickman	60 lbs
55-59 Wt 114	Nancy Georges	185 lbs
55-59 Wt 123	Yvette Fox	235 lbs
55-59 Wt 132	Paula Jager	225 lbs
55-59 Wt 148	Julie Racicot	215 lbs
55-59 Wt 165	Karen Hurban	260 lbs
55-59 Wt 181	Gail Noland	150 lbs
55-59 Wt 198	Gail Noland	155 lbs
55-59 Wt 199+	Dawn Black	225 lbs
60-64 Wt 114	Nancy Georges	220 lbs
60-64 Wt 123	Yvette Fox	285 lbs
60-64 Wt 132	Yvette Fox	295 lbs
60-64 Wt 165	Laurie Schoepe	180 lbs
60-64 Wt 181	Sharmay Luedtke	255lbs
60-64 Wt 181 tied	Jean Flesher	255lbs
60-64 Wt 198	Margie Brownlee	240 lbs
60-64 Wt 199+	Gail Noland	155lbs
65-69 Wt 114	Nancy Georges	220lbs
65-69 Wt 132	Randa Berger	140 lbs

65-69 Wt 148	Lois Hall	200 lbs
65-69 Wt 165	Dayna Binford	220 lbs
65-69 Wt 181	Helen Hankerson	365 lbs
65-69 Wt 198	Virgina Brown	140 lbs
65-69 Wt 199 +	Julie Daughtery	140 lbs
70-74 Wt 97	Patricia Ashby	120 lbs
70-74 Wt 105	Patricia Ashby	115 lbs
70-74 Wt 123	Lana Marcine	210 lbs
70-74 Wt 132	Lois Hall	170 lbs
70-74 Wt 148	Carmen Gutwirth	200 lbs
70-74 Wt 165	Joan Mann	230 lbs
70-74 Wt 195	Carolyn Bolander	150 lbs
70-74 Wt 198	Mary Downes	180 lbs
75-79 Wt 105	Patricia Ashby	135 lbs
75-79 Wt 105 tied	Susan Bohling	135 lbs
75-79 Wt 114	Patricia Ashby	150 lbs
75-79 Wt 148	Janet Reynolds	205 lbs
75-79 Wt 165	Bonnie Thurston	190 lbs
80-84 Wt 105	Patricia Ashby	80 lbs
80-84 Wt 123	Imogene Northern	45 lbs
85-89 Wt 165	Trudy Daxon	155 lbs
90-94 Wt 148	Edith Traina	130 lbs
90-94 Wt 165	Edith Traina	135 lbs
95-99 Wt 165	Edith Traina	145 lbs
Men		
50-54 Wt 148	Edward Perez III	400 lbs
50-54 Wt 165	Greg Harrelson	330 lbs
50-54 Wt 181	William Devore	480 lbs
50-54 Wt 198	Keith Mason	650 lbs
50-54 Wt 220	Ted Sealey	485 lbs
50-54 Wt 242	Robert Harrison	305 lbs
50-54 Wt 275	Scott Hane	445 lbs
50-54 SHW	Viatcheslav Oulianov	540 lbs
55-59 Wt 165	Jerry Mobley	400 lbs
55-59 Wt 181	Stephen Mann	425 lbs
55-59 Wt 181 tie	Jerry Mobley	425 lbs
55-59 Wt 198	Barrie Bennette	465 lbs
55-59 Wt 220	Louis Baltz	440 lbs
55-59 Wt 242	George Anthony	405 lbs
55-59 Wt 275	Scott Hane	475 lbs
55-59 Wt SHW	Viatcheslav Oulianov	405 lbs
60-64 Wt 132	Frank Scianimanico	250 lbs
60-64 Wt 148	Frank Scianimanico	300 lbs
60-64 Wt 165	Harry Carl	325 bs
60-64 Wt 181	Kelley Collier	470 lbs
60-64 Wt 198	Stephen Mann	480 lbs
60-64 Wt 220	Louis Baltz	450 lbs

60-64 Wt 242	William Beckley	475 lbs
60-64 Wt 275	John Callahan	400 lbs
65-69 Wt 148	Richard Merino	255 lbs
65-69 Wt 165	Al Annunziato	485 lbs
65-69 Wt 181	Kelley Collier	490 lbs
65-69 Wt 198	Kelley Collier	500 lbs
65-69 Wt 220	Stephen Mann	485 lbs
65-69 Wt 242	Edward Stine	375 lbs
65-69 Wt 275	Richard Danner	405 lbs
65-69 Wt SHW	Joseph Abal	300 lbs
70-74 Wt 132	David Surratt	225 lbs
70-74 Wt 148	Richard Merino	305 lbs
70-74 Wt 165	Richard Ortiz	365 lbs
70-74 Wt 181	Jack Stevens	510 lbs
70-74 Wt 198	Sherwood Ellis	420 lbs
70-74 Wt 220	Mitch Alderman	365 lbs
70-74 Wt 242	Nelson Luga	350 lbs
70-74 Wt 275	Howard Brown	360 lbs
70-74 SHW	Howard Brown	330 lbs
75-79 Wt 132	Edward Perez Jr	275 lbs
75-79 Wt 165	Bill Tinkler	305 lbs
75-79 Wt 181	Thomas Haggemiller	400 lbs
75-79 Wt 198	Sherwood Ellis	400 lbs
75-79 Wt 220	Sherwood Ellis	400 lbs
75-79 Wt 242	John Best	265 lbs
75-79 Wt 275	Cicero Carr	305 lbs
80-84 Wt 132	Dillon Maier	265 lbs
80-84 Wt 148	James Morgan	270 lbs
80-84 Wt 165	Bill Tinkler	350 lbs
80-84 Wt 181	Michael Maiden	260 lbs
80-84 Wt 198	John Wardner	225 lbs
80-84 Wt 220	Ralph Price	240 lbs
80-84 Wt 242	Donald Noland	140 lbs
80-84 Wt 275	Cicero Carr	240 lbs
85-89 Wt 148	Gerald Foster	135 lbs
85-89 Wt 165	Gerald Foster	155 lbs
85-89 Wt 181	Jim Schroder	130 lbs
85-89 Wt 198	Duffy Thompson	175 lbs
85-89 Wt 220	Donald Noland	55 lbs
85-89 Wt 242	Donald Noland	120 lbs
PUNT PASS KICK		
Women		
50-54	Diane Foli	247' 8 3/4"
55-59	Sue Burrus	230'
60-64	Peggy Peck	223' 5 1/2 "
65-69	Ethel Lehmann	199'

70-74	Ethel Lehmann	245' 10"
75-79	Ethel Lehmann	184' 6"
80-84	Ethel Lehmann	195' 10"
85-89	Ethel Lehmann	171' 1"
Men		
50-54	Kendal Shaw	404' 2"
55-59	Matt McGillen	420' 1"
60-64	Matt McGillen	416' 1/2"
65-69	Matt McGillen	365'
70-74	Bud Hollowell	337' 4"
75-79	Bill Karjane	307' 7'
80-84	Bernard Stearns	273' 4'
85-89	Ross Stauffer	219' 4"
90-94	Dick Cheney	127' 9"
95-99	Arland Meade	68' 4"
RACE WALK do not use anymore		
1500M		
Women		
55-59	Jill Brown	10:37.2
60-64	Jill Brown	10:27.5
65-69	Thelma Fallows	11:26.7
70-74	Mary Bourque	12:18.0
75-79	Lillian Webb	12:50.7
Men		
50-54	Chet Dissinger	12:11.3
55-59	Walter Deal	8:30.75
60-64	Brian Bulpin	9:19.90
65-69	Don Carey	10:33.0
70-74	Bob Smith	10:40.4
75-79	Gordon Johnson	09:41.7
80-84	Gilbert Fair	11:58.8
5000 Meter		
Women		
50-54	Sandra Kositzka	39:59.0
55-59	Jill Brown	37:45.1
60-64	Helen Wiper	38:08.1
65-69	Thelma Fallows	40:03.1
70-74	Ann Matthews	45:04.4
Men		
50-54	Chet Dissinger	43:16.9
55-59	Andrew Crane	31:04.4
60-64	Myron Humphries	34:20.5
65-69	Carl Newburn	35:58.8
70-74	Bob Smith	36:35.6
75-79	Gordon Johnson	34:47:00

ROAD RACE 5K		
Women		
50-54	Dee Bays	19:37.0
55-59	Barbara Cahalan	22:43.6
60-64	Georgie Gillis	23:40.7
65-69	Georgie Gillis	24:29.5
70-74	Georgie Gillis	25:08.9
75-79	Phyllis Goodlad	33:15.6
80-84	Claudette Braswell	41:56.54
Men		
50-54	Tri Thornhill	17:37 :24
55-59	Jarrett Slaven	19:08.5
60-64	Ray Larson	20:24
65-69	Frank Brume	21:12.5
70-74	Frank Brume	22:19.6
75-79	Gordon Johnson	23:32
80-84	Gordon Johnson	28:38.5
85-89	Gordon Johnson	33:28.8
90-94	Gordon Johnson	47:11.3
SHOOTING		
Pistol Shooting		
Women		
50-59	Sheryl Rubin	283
60-69	Deborah Holmes	276
70-79	Pat Reass	248
80-89	Betty Harstad	141
Men		
50-59	Darby Serra	293
60-69	Tim Goszka	297
70-79	Michael Musick	299
80-89	William Metcalf	289
Rifle Shooting		
Women		
50-54	Naomi Tillet	600
60-64	Linda Hover	600
70-74	Donna Hunt	574
75-79	Beverly Lyon	597
80-84	Beverly Lyon	598
Men		
50-54	Martin Myer	600 57x
55-59	Michael Brown	597 42x
60-64	Jim Binnion	490
65-69	Lee Methvin	600
65-69 tie	James McEvoy	600
70-74	Woodford Miller	600
70-74 tied	William Ruth	600

75-79	Wendell Hunt	600
75-79 tied	Thomas Walsh	600 60x perfect score
80-84	Stanley Searfoss	600
85-89	Eugene Lyon	600
SKEET		
Women		
55-59		
60-64	Peggy DeVivo	27
65-69	Peggy DeVivo	25
60-69 old		
Men		
50-59 old		
55-59	Gary Brown	47
55=59 tied	Michael Brown	47
60-69 old		
60-64	Gary Brown	48
65-69	William DuCharme	48
70-79 old		
70-74	Terry Ball	49
75-79	Terry Ball	49
80-89 old		
80-84	George Hotchkiss	47
85-89	Elmer Dobner	47
85-89 tied	Marshall Smith	47
90-94	Ralph Clements	36
Sporting Clays		
Women		
55-59	Janet Wickman	27
60-64	Deborah Wroten	37
Men		
50-54	Ruben Garcia	47
55-59	Mike Link	44
55-59 tied	Ruben Garcia	44
60-64	Gary Brown	46
65-69	Edward Arnold	48
70-74	Bill Campbel	46
75-79	Ronald Kerr	48
80-84	Marshall Smith	44
85-89	Elmer Dobner	38
TRAP		
Women		
50-54	Janet Wickman	24
50-59 old		
55-59	Janet Wickman	31
60-69 old		
60-64	Roseann Cerovac	43
65-69	Patricia Hill	42

70-79 old		
70-74	Patricia Hill	37
75-79	Chris Sikes	30
80-84	Chris Sikes	33
Men		
50-54	Ruben Garcia	46
50-59 old		
55-59	Rubin Garcia	47
60-69 old		
60-64	David Wright	47
65-69	Merwin Backus	49
70-79 old		
70-74	Jerry Quintal	49
75-79	Gary Odell	47
75-79 tied	Terry Ball	47
80-89 old		
80-84	Gene Regnier	49
85-89	Gene Regnier	47
85-89 tie		
SWIMMING		
50 Yd Backstroke		
Women		
50-54	Cyn Lasher	36.88
55-59	Pat Sargeant	33.11
60-64	Patricia Bond	43.83
65-69	Linda Fulton	36.64
70-74	Patricia Bond	44.37
75-79	Mary Tusa	50.06
80-84	Florence Dunbar	52.65
85-89	Florence Dunbar	01:02.4
90-94	Joyce Stipanuk	01:19.6
95-99	Dorothy Freed	01:33.8
Men		
50-54	John Laderer	28.07
55-59	Nathan Leech	30.33
60-64	Brian Voisard	31.88
65-69	Brian Voisard	32.71
70-74	Robert Heacock	32.45
75-79	Gordon Ralph	40.11
80-84	John Woods	46.99
85-89	John Cornell	50.83
90-94	Jerome Burke	01:15.3
95-99	Arland Meade	01:44.5
100-104	Arland Meade	02:05.8
100 Yd Backstroke		

Women		
50-54	Cyn Lasher	01:19.8
55-59	Marcy Thomas	01:23.9
60-64	Linda Fulton	01:21.0
65-69	Linda Fulton	01:20.0
70-74	Patricia Bond	01:32.6
75-79	Beverly Myers	01:47.5
80-84	Beverly Myers	02:00.5
85-89	Phyllis Goodlad	02:26.0
90-94	Joyce Stipanuk	02:58.0
Men		
50-54	Allen Sale	01:06.5
55-59	Brian Voisard	01:05.4
60-64	Brian Voisard	1:08:07
65-69	Brian Voisard	01:09.5
70-74	Gaylord Hopkins	01:19.5
75-79	Gaylord Hopkins	01:29.9
80-84	John Woods	01:45.6
85-89	John Woods	02:12.6
90-94	Jerome Burke	03:06.4
95-99	Arland Meade	04:03.8
200 Yd Backstroke		
Women		
50-54	Lynn Cartee	02:50.8
55-59	Paula Cunio	02:54.3
60-64	Linda Fulton	02:59.5
65-69	Linda Fulton	02:55.9
70-74	Patricia Bond	03:14.8
75-79	Mary Tusa	03:55.7
80-84	Beverly Myers	04:33.0
85-89	Phyllis Goodlad	05:12.7
90-94	Joyce Stipanuk	06:19.8
Men		
50-54	Brian Voisard	02:24.0
55-59	Brian Voisard	02:22.0
60-64	Brian Voisard	02:26.9
65-69	Brian Voisard	02:29.5
70-74	Robert Heacock	02:41.2
75-79	Gaylord Hopkins	03:14.2
80-84	John Woods	03:56.0
85-89	Frank Tillotson	04:48.0
90-94	Lowell Heneveld	06:32.8
50 Yd Breaststroke		
Women		
50-54	Lynn Cartee	39.22
55-59	Paula Cunio	39.17
60-64	Doris Prokopi	45.04

65-69	Jeanne Hackett	45.15
70-74	Jeanne Hackett	47.03
75-79	Beverly Myers	51.39
80-84	Florence Dunbar	54.15
85-89	Florence Dunbar	01:08.3
90-94	Joyce Stipanuk	01:54.2
95-99	Dorothy Freed	02:49.0
Men		
50-54	Stepan Oliva	29.76
55-59	Nathan Leech	33.09
60-64	Peter Turner	37.18
65-69	Dave Jarvis	36.8
70-74	Dave Jarvis	35.69
75-79	Martin Schenk	42.32
80-84	Charles Schlegel	48.55
85-89	Ross Stauffer	01:09.2
90-94	Arland Meade	01:57.8
95-99	Arland Meade	02:23.0
100-104	Arland Meade	02:56.4
100 Yd Breaststroke		
Women		
50-54	Paula Cunio	01:25.2
55-59	Paula Cunio	01:24.9
60-64	Doris Prokopi	01:38.8
65-69	Jeanne Hackett	01:40.5
70-74	Jeanne Hackett	01:41.6
75-79	Jean Troy	01:57.7
80-84	Jean Troy	02:00.8
85-89	Shirley Carnahan	03:20.2
90-94	Joyce Stipanuk	03:57.3
Men		
50-54	Stepan Oliva	01:05.5
55-59	Nathan Leech	01:14.6
60-64	Peter Turner	01:21.3
65-69	Allen Cope	01:25.4
70-74	Dave Jarvis	01:20.4
75-79	Martin Schenk	01:37.4
80-84	Charles Schlegel	01:59.6
85-89	Hernan Granda	02:26.9
90-94	Arland Meade	04:11.0
95-99	Arland Meade	05:03.2
200 Yd Breaststroke		
Women		
50-54	Paula Cunio	02:58.9
55-59	Paula Cunio	03:00.7
60-64	Jan Smith	03:47.1
65-69	Donelda H o r n e	03:57.9

70-74	Jeanne Hackett	03:46.6
75-79	Shirley Fishlock	04:32.5
80-84	Jean Troy	04:27.6
85-89	Ellen Brown	07:32.7
Men		
50-54	Peter Turner	02:44.3
55-59	Allen Sale	02:47.0
60-64	William Stephens	03:08.3
65-69	William Stephens	03:22.3
70-74	David Jarvis	03:15.1
75-79	Martin Schenk	03:47.4
80-84	Hans Wendel	04:54.5
95-99	Arland Meade	12:13.1
50 Yd Butterfly		
Women		
50-54	Christine Germain	32.89
55-59	Pat Sargeant	30.03
60-64	Connie Greb	38:53:00
65-69	Patricia Tullman	43.23
70-74	Patricia Bond	46.1
75-79	Jean Troy	49.53
80-84	Jean Troy	51.22
85-89	Ellen Brown	01:45.9
Men		
50-54	John Laderer	26.49
55-59	Brian Voisard	29.06
60-64	Paul Polgar	30.69
65-69	Paul Polgar	30.73
70-74	Robert Heacock	30.38
75-79	Martin Schenk	36.04
80-84	Duane Peacock	01:08.4
85-89	Frank Tillotson	01:31.5
100 Yd Butterfly		
Women		
50-54	Christine Germain	01:16.2
55-59	Pat Sargeant	01:07.5
60-64	Patricia Bond	01:43.7
65-69	Roxanne Olmsted	01:38.0
70-74	Patricia Bond	01:44.9
75-79	Jean Troy	01:55.6
80-84	Jean Troy	01:58.8
Men		
50-54	Brian Voisard	01:05.3
55-59	Brian Voisard	01:04.7
60-64	Brian Voisard	01:05.9
65-69	Robert Heacock	01:14.9
70-74	Robert Heacock	01:11.9

75-79	Charles Weatherbee	01:39.4
50 Yd Freestyle		
Women		
50-54	Christine Germain	29.28
55-59	Pat Sargeant	27.04.
60-64	Connie Greb	33.07
65-69	Patricia Bond	37.21
70-74	Patricia Tullman	38.5
75-79	Jean Troy	37
80-84	Jean Troy	38.95
85-89	Phyllis Goodlad	58.01
90-94	Joyce Stipanuk	01:14.4
Men		
50-54	Stepan Oliva	22.96
55-59	Ed Laderer	25.42
60-64	Brian Voisard	26.52
65-69	Brian Voisard	26.85
70-74	Robert Heacock	27.62
75-79	James Pitts	31.85
80-84	Tom Whiteleather	35.7
85-89	John Cornell	41.58
90-94	Harrison Homans	01:19.0
95-99	Jerome Burke	01:21.3
100 Yd Freestyle		
Women		
50-54	Christine Germain	01:05.1
55-59	Pat Sargeant	01:01.1
60-64	Connie Greb	01:16.6
65-69	Patricia Tullman	01:20.9
70-74	Patricia Bond	01:23.7
75-79	Jean Troy	01:25.0
80-84	Jean Troy	01:27.8
85-89	Phyllis Goodlad	02:03.1
90-94	Joyce Stipanuk	02:44.6
Men		
50-54	Stepan Oliva	51.06
55-59	Brian Voisard	56.54
60-64	Brian Voisard	58.72
65-69	Gaylord Hopkins	59.61
70-74	Robert Heacock	01:00.4
75-79	James Pitts	01:13.8
80-84	Tom Whiteleather	01:26.8
85-89	John Cornell	01:39.6
90-94	Lowell Heneveld	03:02.9
95-99	Jerome Burke	03:39.0
200 Yd Freestyle		
Women		

50-54	Christine Germain	02:25.4
55-59	Paula Cunio	02:29.2
60-64	Patricia Bond	02:54.1
65-69	Roxanne Olmsted	02:44.5
70-74	Patricia Bond	02:55.5
75-79	Jean Troy	03:01.9
80-84	Mary Tusa	03:43.7
85-89	Phyllis Goodlad	04:15.9
90-94	Joyce Stipanuk	05:43.7
Men		
50-54	Stepan Oliva	02:03.8
55-59	Brian Voisard	02:04.4
60-64	Gaylord Hopkins	02:08.5
65-69	Gaylord Hopkins	02:11.2
70-74	Gaylord Hopkins	02:21.0
75-79	Martin Schenk	02:48.2
80-84	John Cornell	03:26.0
85-89	John Cornell	03:46.2
90-94	Lowell Heneveld	06:14.1
95-99	Arland Meade	08:55.3
400 Yd Freestyle old		
Women		
50-54	Lynn Cartee	5:29.93
55-59	Carla Corkins	07:32.7
60-64	Patricia Bond	06:13.5
65-69	Birthie Andersen	08:27.4
70-74	Phyllis Goodlad	08:16.8
75-79	Mary Jane Schafer	09:19.0
Men		
50-54	Larry Doel	05:12.2
55-59	Sam Hall	06:13.0
60-64	Donald Gerber	06:07.5
65-69	Frank Nauss	05:39.2
70-74	John Woods	06:18.1
75-79	Robert Lavanture	07:10.9
80-84	Frank Tillotson	09:39.6
85-89	Ken Sweeney	10:38.9
500 Yd Freestyle		
Women		
50-54	Paula Cunio	06:40.2
55-59	Pat Sargeant	06:12.6
60-64	Patricia Bond	07:50.8
65-69	Roxanne Olmsted	07:18.9
70-74	Patricia Bond	07:40.6
75-79	Jean Troy	08:30.4
80-84	Mary Tusa	09:53.5
85-89	Phyllis Goodlad	10:47.7

Men		
50-54	Brian Voisard	05:51.2
55-59	Brian Voisard	05:36.2
60-64	Brian Voisard	05:52.1
65-69	Gaylord Hopkins	06:04.8
70-74	Gaylord Hopkins	06:16.5
75-79	Gaylord Hopkins	07:35.8
80-84	Phil Lindsley	09:30.6
85-89	John Cornell	10:20.3
90-94	Lowell Heneveld	16:28.8
100 Yard Individual Medley		
Women		
50-54	Christine Germain	01:18.4
55-59	Paula Cunio	01:18.2
60-64	Wendy Duck	01:33.4
65-69	Roxanne Olmstead	01:31.7
70-74	Patricia Bond	01:35.0
75-79	Jean Troy	01:41.3
80-84	Jean Troy	01:49.5
85-89	Ellen Brown	03:15.7
Men		
50-54	Stepan Oliva	59.9
55-59	Nathan Leech	01:05.1
60-64	Brian Voisard	01:08.7
65-69	Brian Voisard	01:09.7
70-74	David Jarvis	01:10.8
75-79	Charles Weatherbee	01:27.7
80-84	John Cornell	01:43.0
85-89	John Cornell	01:52.5
200 Yd Individual Medley		
Women		
50-54	Paula Cunio	02:48.2
55-59	Paula Cunio	02:47.2
60-64	Patricia Bond	03:23.2
65-69	Wendy Duck	03:43.6
70-74	Patricia Bond	03:27.0
75-79	Beverly Myers	03:46.8
80-84	Doris Prokopi	05:29.3
Men		
50-54	Allen Sale	02:26.7
55-59	Brian Voisard	02:25.6
60-64	Brian Voisard	02:28.4
65-69	Brian Voisard	02:33.5
70-74	David Jarvis	02:56.7
75-79	Thomas Gompf	03:32.2
80-84	Duane Peacock	05:01.3
85-89	Frank Tillotson	05:34.0

TRACK		
50 Meter		
Women		
50-54	Andrea Collier	7.68
55-59	Jocelyn Lowther	7.98
60-64	Jocelyn Lowther	7.89
65-69	Ella Redpath	8.86
70-74	Ethel Lehmann	9.51
75-79	Marty Barlow Beighley	10.04
80-84	Ethel Lehmann	10.34
85-89	Ethel Lehmann	11:00
90-94	Lillian Webb	14.37
95-99	Lillian Webb	16.85
Men		
50-54	Dian Edwards	6.76
55-59	Jerry Mobley	6.91
60-64	Donald Amery	7.03
65-69	Rod Lehman	7.31
70-74	Hank Lytle	7.85
75-79	Howie Sampson	7.96
80-84	Blair McFarlane	8.7
85-89	John Anoka	9.52
90-94	John Anoka	10.85
95-99	Ervin Szewczuga	15.74
100-104	Arland Meade	27.39
100 Meter		
Women		
50-54	Jody Brown	16.04
55-59	Jocelyn Lowther	0.670833333
60-64	Jocelyn Lowther	15.16
65-69	Ella Redpath	17.66
70-74	Ella Redpath	18.56
75-79	Ethel Lehmann	18.74
80-84	Ethel Lehmann	18.29
85-89	Ethel Lehmann	21.5
90-94	Lillian Webb	31.11
95-99	Lillian Webb	33
Men		
50-54	Oscar Fabra	12.35
55-59	Jerry Mobley	12.94
60-64	Rudy Briscoe	12.92
65-69	Rod Lehman	13.4
70-74	Douglas Thomas	14.03
75-79	Howie Sampson	14.98
80-84	Howie Sampson	16.53
85-89	John Anoka	17.85

90-94	John Anoka	20.84
95-99	Edwin Butters	46.38
200 Meters		
Women		
50-54	Jodie Brown	34.45
55-59	Jocelyn Lowther	32.25
60-64	Jocelyn Lowther	32.76
65-69	Ethel Lehmann	37.41
70-74	Ethel Lehmann	38.59
75-79	Ethel Lehmann	35.72
80-84	Ethel Lehmann	43.57
85-89	Ethel Lehmann	48.92
90-94	Lillian Webb	01:17.7
Men		
50-54	Bobby Terrell	26.1
55-59	Oscar Fabra	26.76
60-64	Rudy Briscoe	26.43
65-69	Rod Lehman	27.76
70-74	Leslie Bennett	30.56
75-79	Howie Sampson	32.12
80-84	John Anoka	35.63
85-89	John Anoka	39.95
90-94	John Anoka	44.17
400 Meters		
Women		
50-54	Andrea Collier	01:09.5
55-59	Jocelyn Lowther	01:11.4
60-64	Jocelyn Lowther	01:17.0
65-69	Georgie Gillis	01:25.7
70-74	Georgie Gillis	01:27.1
75-79	Ethel Lehmann	01:39.7
80-84	Ethel Lehmann	01:48.8
85-89	Ethel Lehmann	02:09.3
Men		
50-54	Chris Scotto Divetta	58.97
55-59	Oscar Fabra	01:00.7
60-64	Rudy Briscoe	59.31
65-69	Rod Lehman	01:05.6
70-74	Leslie Bennett	01:09.2
75-79	Leslie Bennett	01:12.1
80-84	John Anoka	01:26.2
85-89	John Anoka	01:41.1
90-94	John Anoka	02:01.6
800 M		
Women		
50-54	Julie Sands	02:51.0
55-59	Julie Sands	02:53.7

60-64	Georgie Gillis	03:12.9
65-69	Georgie Gillis	03:15.3
70-74	Georgie Gillis	03:18.6
75-79	Ethel Lehmann	04:03.8
80-84	Ethel Lehmann	04:21.0
85-89	Ethel Lehmann	03:51.0
Men		
50-54	Dan Bergeson	02:19.2
55-59	Jarrett Slaven	02:28.1
60-64	Bob Payne	02:40.0
65-69	William Cason	02:40.3
70-74	Leslie Bennett	02:47.5
75-79	Leslie Bennett	02:56.0
80-84	Gordon Johnson	03:40.0
85-89	Gordon Johnson	04:33.7
90-94	Jerome Burke	04:59.2
1500 Meters		
Women		
50-54	Julie Sands	05:49.2
55-59	Mary Beth Freeman	06:24.0
60-64	Georgie Gillis	06:39.0
65-69	Georgie Gillis	06:40.9
70-74	Georgie Gillis	06:51.8
75-79	Phyllis Goodlad	08:57.2
80-84	Claudette Braswell	11:52.1
85-89	Ethel Lehmann	11:15.8
Men		
50-54	Tri Thornhill	05:00.3
55-59	Jarrett Slaven	05:16.3
60-64	Bob Payne	05:39.5
65-69	William Morrell	05:36.5
70-74	Frank Brume	06:01.2
75-79	Gordon Johnson	06:07.6
80-84	Gordon Johnson	07:33.0
85-89	Gordon Johnson	09:23.9
90-94	Gordon Johnson	12:54.2
WALKING		
1500 Meter		
Women		
50-54	Marguerite Muller	10:46.9
55-59	Sue Fenton	10:00.2
60-64	Avis Pixley	09:59.0
65-69	Sandy Gill	10:30.4
70-74	Marlene Swartzfager	11:00.0
75-79	Phyllis Goodlad	11:03.4
80-84	Peggy Ostrander	12:19.8

85-89	Alice Segar	11:55.8
90-94	Alice Segar	12:44.4
Men		
50-54	Charles Ripstra	08:23.9
55-59	Gus Ormrod Jr	08:29.7
60-64	James Corbeil	08:52.4
65-69	James Corbeil	08:25.2
70-74	James Corbeil	09:09.3
75-79	Gus Ormrod, Sr	09:36.1
80-84	Gus Ormrod, Sr	9:30
85-89	Gilbert Fair	12:35.6
90-94	Gus Ormrod Sr	12:32.8
95-99	Ervin Szewczuga	16.33.53
5000 Meter		
Women		
50-54	Janet Lamoureux	38:00.9
55-59	Sue Fenton	34:15.4
60-64	Avis Pixley	34:58.0
65-69	Avis Pixley	36:40.3
70-74	Patricia Priest	37:21.4
75-79	Marlene Swartzfager	38:39.8
80-84	Peggy Ostrander	41:33.3
85-89	Alice Segar	40:11.9
90-94	Alice Segar	42:11.3
Men		
50-54	Joseph Wozincki	31:51.6
55-59	Gus Ormrod Jr	29:35.5
60-64	James Corbeil	31:02.9
65-69	James Corbeil	28:49.1
70-74	James Corbeil	29:48.0
75-79	Gus Ormrod, Sr	33:16.4
80-84	Gus Ormrod, Sr	33:09:00
85-89	Gordon Johnson	38:58.2
90-94	Gus Ormrod Sr	44:05.4
95-99	Oluf Jensen	1:01.50.0
WATER SKIING		
Jumping		
Women		
55-59	Barbara Cleveland	93'
Men		
55-59	John Roach	94'
60-64	John Horton	74'
75-80	Banana George Blair	31'
Slalom		
Women		
55-59	Barbara Cleveland	55 1/2

60-64	Erika Messner	39 1/2
80-84	Lucille Borgen	27
Men		
55-59	John Roach	34
60-64	Joe Duff	32
65-70	Jim Salmas	36 1/4
74-79	Banana George Blair	4
Trick		
Women		
55-59	Barbara Cleveland	3280
60-64	Heather Gregorie	2110
80-84	Lucille Borgen	1360
Men		
55- 59	Jim Cleveland	2140
60-64	Jim Horton	1700
65-69	William Gregorie	1040
74-79	Banana George Blair	300

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