

**INDIVIDUAL ENTRY FORM - REMOVE ENTIRE SHEET FROM CENTER OF BOOK - ONE PERSON PER FORM - MUST BE RECEIVED BY FEBRUARY 7**

Have you entered **Polk Senior Games** in previous years? Yes No

First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_

Jan. Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Oct. Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Birth Date (m/d/y) \_\_\_\_/\_\_\_\_/\_\_\_\_ Age you **WILL BE** on Dec 31, 2025 \_\_\_\_\_

Gender: Male Female T-Shirt (unisex): M L XL XXL XXXL

Emergency Contact (required - entry processing will be delayed without this information)

Name \_\_\_\_\_ Phone \_\_\_\_\_

Do you live in a "senior community"? Which one? \_\_\_\_\_

**DO NOT PROCEED WITH ENTRY BEFORE YOU READ & SIGN  
RELEASE ON BACK OF FORM (OR PAGE 2)  
ENTRY WILL NOT BE PROCESSED WITHOUT SIGNATURE AND FEE**

**TEAM EVENTS** - Include team name if entered on a team. Team Manager sends team form (pg 24)

**BASKETBALL 3 ON 3** (see page 11)

Team Name \_\_\_\_\_

**BOWLING MIXED TEAM** (see page 13)

Team Name \_\_\_\_\_

**SOFTBALL** (see pages 30/31)

Team Name \_\_\_\_\_

**ARCHERY** - Choose only one event

Barbow Recurve \_\_\_\_\_

Compound Finger \_\_\_\_\_

Compound Release \_\_\_\_\_

Recurve \_\_\_\_\_

**BAG TOSS**

**BASKETBALL SHOOTING**

Free Throw Shooting \_\_\_\_\_

Spot Field Goal Shooting \_\_\_\_\_

Timed Field Goal Shooting \_\_\_\_\_

**BILIARDS**

Eight Ball \_\_\_\_\_

Nine Ball \_\_\_\_\_

**BOCCIE**

Partner \_\_\_\_\_

**BOWLING**

Singles \_\_\_\_\_

Doubles \_\_\_\_\_

Partner \_\_\_\_\_

Mixed Doubles \_\_\_\_\_

Partner \_\_\_\_\_

**BRIDGE, PARTY**

Partner \_\_\_\_\_

**CHESS**

**CRIBBAGE**

Singles \_\_\_\_\_

Doubles (partners assigned) \_\_\_\_\_

**DANCING**

Boot Scootin' Boogie (no partner) \_\_\_\_\_

Charleston (no partner) \_\_\_\_\_

Electric Slide (no partner) \_\_\_\_\_

Freestyle (no partner) \_\_\_\_\_

Twist (no partner) \_\_\_\_\_

Cha Cha \_\_\_\_\_

Country Two Step \_\_\_\_\_

Foxtrot \_\_\_\_\_

Jitterbug \_\_\_\_\_

Polka \_\_\_\_\_

Rumba \_\_\_\_\_

Swing \_\_\_\_\_

Tango \_\_\_\_\_

Waltz \_\_\_\_\_

West Coast Swing \_\_\_\_\_

**DARTS**

**EUCHRE** (partners assigned)

**FIELD EVENTS** (Punt Pass Kick also on site)

Discus \_\_\_\_\_ Shotput \_\_\_\_\_

High Jump \_\_\_\_\_ Softball Throw \_\_\_\_\_

Javelin \_\_\_\_\_ Triple Jump \_\_\_\_\_

Long Jump \_\_\_\_\_

**FISHING**

**GOLF**

18 Hole, Singles \_\_\_\_\_

18 Hole, Mixed Doubles \_\_\_\_\_

Partner \_\_\_\_\_

Putt & Chip \_\_\_\_\_

**HORSESHOES**

**PEPPER** (partners assigned)

**PICKLEBALL**

Info required for seeding and notification

Skill Level \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Partner \_\_\_\_\_

Doubles \_\_\_\_\_

Partner \_\_\_\_\_

Mixed Doubles \_\_\_\_\_

Partner \_\_\_\_\_

**POWERLIFTING**

Bench Press \_\_\_\_\_

Dead Lift \_\_\_\_\_

**PUNT PASS & KICK** (w/ Field Events)

**ROAD RACE 5K**

**SCRABBLE**

**SENIOR SMARTS**

**SHOOTING**

Pistol Optics OR \_\_\_\_\_ Iron Sights \_\_\_\_\_

Rifle \_\_\_\_\_

Skeet \_\_\_\_\_

Sporting Clays \_\_\_\_\_

Trap \_\_\_\_\_

**SHUFFLEBOARD**

Singles \_\_\_\_\_

Doubles \_\_\_\_\_

Partner \_\_\_\_\_

**SUDOKU**

**SWIMMING** Day 1

200 Yard Freestyle \_\_\_\_\_

50 Yard Backstroke \_\_\_\_\_

100 Yard Breaststroke \_\_\_\_\_

100 Yard Butterfly \_\_\_\_\_

100 Yard Individual Medley \_\_\_\_\_

50 Yard Breaststroke \_\_\_\_\_

500 Yard Freestyle - Time \_\_\_\_\_

Day 2

200 Yard Breaststroke \_\_\_\_\_

50 Yard Freestyle \_\_\_\_\_

100 Yard Backstroke \_\_\_\_\_

50 Yard Butterfly \_\_\_\_\_

200 Yard Individual Medley \_\_\_\_\_

100 Yard Freestyle \_\_\_\_\_

200 Yard Backstroke \_\_\_\_\_

**TABLE TENNIS** (not Tennis)

Singles \_\_\_\_\_

Doubles \_\_\_\_\_

Partner \_\_\_\_\_

Mixed Doubles \_\_\_\_\_

Partner \_\_\_\_\_

**TENNIS** (not Table Tennis) Choose only 2 events

Singles \_\_\_\_\_

Doubles \_\_\_\_\_

Partner \_\_\_\_\_

Mixed Doubles \_\_\_\_\_

Partner \_\_\_\_\_

**TRACK**

50 Meter \_\_\_\_\_ 400 Meter \_\_\_\_\_

100 Meter \_\_\_\_\_ 800 Meter \_\_\_\_\_

200 Meter \_\_\_\_\_ 1500 Meter \_\_\_\_\_

**WALKING**

1500 Meter \_\_\_\_\_ 5000 Meter \_\_\_\_\_

**1) CIRCLE # EVENTS AND FEE**

Each event "checked" counts as an event.

1 event - \$12 4 events - \$27

2 events - \$17 5 events - \$32

3 events - \$22 6+ events - \$37

**ENTRY FEE**

**2) MUST ADD FACILITY FEES**

Archery \$15

Bowling \$6 per event

Golf Singles \$35

Golf Mixed Dbis \$35

Pickleball \$15 per event

Pistol Shooting \$15

Rifle Shooting \$15

Skeet Shooting \$17

Trap Shooting \$17

Sporting Clays \$25

**3) TOTAL FEES**

\_\_\_\_\_