

DANCING
Sponsored by Home Advisors Team

Date and Time: Friday, March 6 2:00 PM
Check-in and warm-up begins at 1:30 PM
Site: The Hamptons Golf & Country Club
1094 US Highway 92, Auburndale 33823
North side of Highway, west of Polk Parkway
Event Managers: Kevin Rios 863-940-4701, 863-877-7807
Dorothy Cheshire 863-877-5818

1. Age groups are in ten year increments determined by the age of the individual in individual dances and the younger partner on December 31, 2026 in all other dances.
2. Social dances: Jitterbug, Polka, Country Two-Step require a partner. Twist, Electric Slide, Boot Scootin' Boogie, Charleston and Freestyle are individual events and require no partner. The Freestyle will be danced to disco/party/nightclub music. Judges will be representatives of Polk Senior Games.
3. Ballroom dances: West Coast Swing, Swing, Cha-Cha, Waltz, Tango, Rumba and Foxtrot. Judges for Ballroom Events will be qualified dancers/instructors.
4. Dances will last approximately 1½ minutes.
5. Dance costumes will not be considered in determining winners; however, dresses, skirts, and long pants are the recommended attire. Shoes are required for safety.
6. Spectators are welcome to participate during general dancing intervals.