

TRACK with OPENING CEREMONY
Sponsored by The Estates at Carpenters

Date and Time: Saturday, February 28
Opening Ceremony 8:45 AM
Track Meet 9:00 AM
Check-in begins at 8:15 AM
Site: All Saints Academy Stadium
5001 State Road 540 West, Winter Haven 33880
North side of 540, between Thornhill and Spirit Lake Road
Event Manager: Frank Brooks 863-293-5024, 863-512-1397

1. The six track events are running races. All races will be timed finals.
2. The order of events will be:
800M 100M 400M 50M 1500M 200M
3. Track is synthetic. Flat running shoes or 1/8 inch spikes allowed. Shirts required.
4. Start blocks will not be provided. Competitors may bring and use their own start blocks.
5. United States Track and Field rules apply (usatf.org), except as modified.
6. Track is a “qualifying” event for the Florida Senior Games. See page 9.