

# POLK SENIOR GAMES

## REGISTRATION AND RULE BOOK



## February 28 - March 14, 2026

Register by paper entry in center of book or  
**NEW ONLINE REGISTRATION**  
**at [www.polkseniorgames.org](http://www.polkseniorgames.org)**  
Entry **MUST BE RECEIVED** by Friday, February 6

### Silver Sponsors



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**Sanctioned as a Qualifier by the  
Florida Senior Games, presented by Humana**



# SINCERE THANK YOU TO SILVER SPONSOR



## PUBLIX SUPER MARKETS CHARITIES

**34 YEARS OF SUPPORT TO POLK SENIOR GAMES**

*Established in 1966 by George W. Jenkins, Founder of Publix*

### **POLK SENIOR GAMES THEME SONG**

Polk Senior Games, a great way to have fun  
Polk Senior Games, a great way to stay young  
We're going for the gold in our golden years,  
Winners all the way, hooray for  
Polk Senior Games, come on out and play.

We've got lots of wonderful games and sports,  
Friendly competition and so much more,  
So, what are you waiting for?

Polk Senior Games, a great way to have fun  
Polk Senior Games, a great way to stay young  
We're going for the gold in our golden years,  
Winners all the way, hooray for  
Polk Senior Games, come on out and play,  
Come on out and play!

Music and Lyrics by Lisa Palas and Deena Wilbur

## **POLK SENIOR GAMES BOARD OF DIRECTORS**

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### **POLK SENIOR GAMES REGISTRATION & RULE BOOK**

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**Polk Senior Games, Inc.**

**515 East Boulevard Street**

**Bartow, FL 33830-3910**

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Email: [polkseniorgames50@gmail.com](mailto:polkseniorgames50@gmail.com)

Website: [www.polkseniorgames.org](http://www.polkseniorgames.org)

Polk Senior Games is a private non-profit organization.

## PRESIDENT'S WELCOME

Welcome to 2026 Polk Senior Games, our 33rd year of presenting a two-week series of Olympic-style sports and games for seniors age 50 and over. We remain steadfast in promoting friendly competition, highlighting the abilities of seniors, providing a safe and social opportunity for seniors, encouraging health and wellness, improving the quality of life, and supporting the spirit of giving and volunteering in our community.

*This year we are excited to introduce something **NEW - the ease and convenience of online registration**. I encourage you to take advantage of it to enhance your Games experience. Details can be found in the General Rules and Entry Instructions in this booklet or on the website [www.polk seniorgames.org](http://www.polk seniorgames.org). With this beneficial update - and continuing to provide the high-quality experience you expect - comes a modest increase in registration fees. We understand no one enjoys paying more, but we believe it will be worth it and not enough to diminish the opportunity to make new friendships, showcase your abilities and simply to have a good time. That's what the Games are all about!*

Please take a moment to look at the names of the **Sponsors** listed in this booklet. Without their generous support, the Games would not be possible. We hope you will use their services when you can - or simply reach out with a heartfelt "thank you."

And don't forget to thank your volunteers, easily recognized in their yellow shirts, at your events. Each year more than 600 volunteers - event managers, starters, judges, timers, registration staff, and many others - give their time and energy to make the Games a success. Their dedication ensures your experience is safe, organized, and enjoyable.

We look forward to another great year of the Games - and to sharing it with you. Invite your senior friends to join you in the 2026 Games and share this fun, friendly, and unforgettable experience.

**Thank you for being a part of the Polk Senior Games tradition.  
We can't wait to see you in action!**

**Duane Hopkins, Board President**

Start your Games by Attending the  
**OPENING CEREMONY**  
Renew Friendships - Visit and Thank  
Sponsors - Pick Up Free Goody Bag,  
Sponsor Giveaways, Ticket to Win Door  
Prize - Watch Exciting Track Races -  
Have Fun!

**SATURDAY, FEBRUARY 28**

**8:45 AM Ceremony**

**9:00 AM Track Meet**

**ALL SAINTS ACADEMY STADIUM**

5001 State Road 540 West, Winter Haven, FL 33880  
North side of 540 between Thornhill Rd & Spirit Lake Rd

**POLK SENIOR GAMES THEME SONG**

Lisa Palas, Award Winning Songwriter

**TORCH WALK**

Featuring 2025 Outstanding Competitors  
Linda Bradley and Robin Wickman



**Sponsored by  
The Estates at Carpenters**



# SCHEDULE OF EVENTS

## **Saturday, February 28**

- 8:00 AM Softball, Southwest or Westside Complex, Lakeland
- 8:45 AM Opening Ceremony, All Saints Academy, Winter Haven
- 9:00 AM Track, All Saints Academy, Winter Haven
- 9:00 AM Shuffleboard Singles, Lake Parker Park, Lakeland
- 9:00 AM Powerlifting, Debs Gym, Lakeland
- 1:00 PM Chess, The Estates at Carpenters, Lakeland

## **Sunday, March 1**

- 9:00 AM Shuffleboard Doubles, Lake Parker Park, Lakeland
- 2:00 PM Senior Smarts, First Baptist Church Bartow

## **Monday, March 2**

- 8:00 AM Tennis Singles begins, Beerman Tennis Center, Lakeland
- 10:00 AM Putt & Chip, Women, Highland Fairways, Lakeland
- 1:00 PM Putt & Chip, Men, Highland Fairways, Lakeland
- 1:00 PM Sporting Clays Shooting, Tenoroc Shooting Center, Lakeland
- 1:00 PM Bowling, Singles, Maple Lanes, Lakeland

## **Tuesday, March 3**

- 8:00 AM Tennis Doubles begins, Beerman Tennis Center, Lakeland
- 8:00 AM Golf Mixed Doubles, Schalamar Creek Golf Club, Lakeland
- 9:00 AM Horseshoes, Rotary Park, Winter Haven
- 2:00 PM Sudoku, First Baptist Church Bartow

## **Wednesday, March 4**

- 8:00 AM Tennis Doubles continues, Beerman Tennis Center, Lakeland
- 8:30 AM Cribbage Doubles, Simpson Park Community Center, Lkland
- 9:00 AM Basketball Shooting, Kirkland Gymnasium, Lake Wales
- 1:00 PM Trap Shooting, Imperial Polk Gun Club, Winter Haven
- 1:00 PM Cribbage Singles, Simpson Park Community Center, Lkland

## **Thursday, March 5**

- 8:00 AM Tennis Mixed Doubles begins, Beerman Tennis Center
- 8:30 AM Fishing, Tenoroc Fish Management Area, Lakeland
- 9:00 AM 5-Stand Shooting, Tenoroc Shooting Center, Lakeland
- 1:00 PM Rifle Shooting, Lakeland Rifle & Pistol Club, Lakeland
- 1:00 PM Bowling, Doubles, Maple Lanes Lakeland

## **Friday, March 6**

- 8:00 AM Tennis Mixed Doubles continues, Beerman Tennis Center
- 9:00 AM Bocce, Age Groups 50-54, 55-59, 60-64, 80-84, 85-89, 90-94, 95-99, Carefree Country Club, Winter Haven
- 1:00 PM Bocce, Age Groups 65-69, 70-74, 75-79, Carefree Country Club, Winter Haven
- 1:00 PM Bridge, Sanlan RV & Golf Resort, Lakeland
- 2:00 PM Dancing, The Hamptons Golf & Country Club, Auburndale

### **Saturday, March 7**

- 9:00 AM Field Events/Punt Pass Kick, Bartow High School Stadium
- 1:00 PM Swimming, Chain O' Lakes Complex, Winter Haven

### **Sunday, March 8 (Daylight Saving Time begins)**

- 9:00 AM Swimming, Chain O' Lakes Complex, Winter Haven
- 2:00 PM Euchre, Bartow Civic Center

### **Monday, March 9**

- 9:00 AM Table Tennis, Haines City Community Center
- 9:00 AM Bag Toss, Women, Lake Region Village, Haines City
- 10:00 AM Billiards 8 Ball, Men 50-54, 55-59, 60-64, 70-74, 75-79  
Brewlands North, Lakeland
- 12:00 PM Billiards 8 Ball, Men 65-69, 80-84, Brewlands North, Lakeland
- 1:30 PM Billiards 8 Ball, All Women, Men 85-89, 90-94, 95-99,  
Brewlands North, Lakeland
- 1:30 PM Bag Toss, Men, Lake Region Village, Haines City

### **Tuesday, March 10**

- 8:30 AM Pickleball Mixed Doubles, Solivita, Poinciana
- 10:00 AM Billiards 9 Ball, Men 50-54, 55-59, 60-64, 70-74, 75-79  
Brewlands North, Lakeland
- 12:00 PM Billiards 9 Ball, Men 65-69, 80-84, Brewlands North, Lakeland
- 1:30 PM Billiards 9 Ball, All Women, Men 85-89, 90-94, 95-99  
Brewlands North, Lakeland

### **Wednesday, March 11**

- 8:30 AM Pickleball Women's Doubles, Solivita, Poinciana
- 1:00 PM Bowling, Mixed Doubles, Maple Lanes, Lakeland
- 1:00 PM Skeet Shooting, Imperial Polk Gun Club, Winter Haven

### **Thursday, March 12**

- 8:30 AM Golf Singles, Schalamar Creek Golf Club, Lakeland
- 8:30 AM Pickleball Men's Doubles, Solivita, Poinciana
- 9:00 AM Pistol Shooting, Shoot Straight, Lakeland

### **Friday, March 13**

- 9:00 AM Scrabble, Lake Morton Senior Living, Lakeland
- 12:00 PM Pepper, Sanlan RV & Golf Resort, Lakeland
- 1:00 PM Mixed Team Bowling, Maple Lanes, Lakeland
- 1:30 PM Darts, Medulla Baptist Church, Lakeland

### **Saturday, March 14**

- 8:30 AM Road Race 5K, Bartow High School Stadium
- 9:00 AM Archery, Central Florida Archers, Fort Meade
- 10:00 AM Walking 5000 Meter, Bartow High School Stadium
- 11:30 AM Walking 1500 Meter, Bartow High School Stadium

# GENERAL RULES AND INFORMATION

## AGE DETERMINATION:

- Minimum age is 50 years on or before DECEMBER 31, 2026
- Age groups for individual determined by the age on DECEMBER 31, 2026
- Age groups for doubles, mixed doubles, and teams determined by the age of the youngest participant on DECEMBER 31, 2026
- Age groups in most events are five year increments (50-54, 55-59, etc)  
See individual event information for exceptions
- Age groups may be combined if the number of entries is not conducive for tournament play; however, medals will be awarded to each age group.

## AGE CREDENTIALS:

- Age challenges must be resolved at the event.
- Entrants must be able to show valid photo ID as proof of age.
- False or unverifiable age may result in ejection or disqualification.

**RESIDENCY:** There is no residency requirement.

**PROFESSIONAL ATHLETES:** A person is ineligible to compete in any sport in which they previously competed as a professional until 20 years have passed since their last professional competition. A professional is defined as someone who competes for money as their primary source of income. Individuals who earn only small cash prizes or who are Instructors/teachers are not considered professional athletes.

## REGISTRATION:

- Pre-registration required (online or paper).
- Participants may compete once per event.
- Participants may enter as many events as their schedule allows with the following exceptions: Archery - 1 of 5 events; Tennis - 2 of 3 events.  
Check schedule of events for conflicts.
- **NEW ONLINE REGISTRATION IS ENCOURAGED. Visit website [www.polkseniorgames.org](http://www.polkseniorgames.org). Read the instructions and follow steps.**
- Paper Individual Entry Form and the Softball Team Entry Form are in the middle of book. Do **not** send a second form - call for changes/additions.
- A confirmation and a receipt for payment **will be emailed once the entry process has been completed.** Contact Polk Senior Games at 863-533-0055 if the emails have not been received within a week.

## REGISTRATION DEADLINE:

- **FRIDAY, FEBRUARY 6**
- Online ends at 11:59 PM ET. Paper entry ends at 5 PM in Bartow office..
- No entries will be accepted after the deadline. USE ONLINE OR OVER NIGHT MAIL SERVICE IF NEEDED. Polk Senior Games assumes no liability for incorrect entries or entries not received by deadline. It is the responsibility of entrant to assure their entry is received by deadline.

## PARTNERS:

- Entrants may compete with only one partner per event. Each partner must submit an entry, pay fee and include partner's name and information.
- If using paper entry, it is helpful if both entry forms are mailed together.
- If one registered partner cannot attend, another eligible person may be substituted at the event with approval by the Event Manager and completing a Substitute Form. One player must be an original partner.



## **SOFTBALL AND BOWLING TEAM REGISTRATION:**

- **Softball: Final acceptance of an entry depends on the number of entries received in an age group.**

**Online or Paper** - The Team Manager must register the Team with a roster of 11 minimum players (18 max) and pay the team fee of **\$198**.

- The Official Roster/Release Form (emailed to Team Manager after registering) must be submitted at check-in on the day of the Event with any changes and all member's signatures agreeing to Release of Liability
- Team members must register as an individual only if they are entering events other than Softball. It is helpful in processing, if the Individual Form is submitted after the Team Manager has submitted the team entry.

- **Bowling:**

**Online** - The Team Manager must register first and create the team including adding themselves to the team. Then the other members must register and join the created team. Each member pays their own fees.

**Paper - Each member must submit an Individual Entry form.**

Check Bowling Mixed Team (and any other events they wish to enter) and add the Team Name, Age Group and Team Manager name. Each member must pay their own fees and read/sign a Release of Liability. The Team Manager's entry must be processed before any member can be registered for the team. Turn in all four entries together, if possible.

## **FEES AND REFUNDS:**

- Base registration fee is \$13. Each event is \$6. Each event "checked" counts as an event.
- Participants may enter as many events as desired, avoiding conflicts and restrictions, and pay no more than \$55 in entry fees. Additional facility fees and softball team fees are not included in the \$55 maximum.
- Additional facility fees, are required for Archery - \$15, Bowling - **\$7.50 per event**, Golf Singles - **\$40**, Golf Mixed Doubles - **\$40** per person; Pickleball - \$15 per event; Pistol Shooting - \$15 **per event**; Rifle Shooting - \$15, Skeet Shooting - \$17, Trap Shooting - \$17, Sporting Clays - \$25, **5-Stand - \$25**. The Softball Team fee is **\$198**.
- **Polk Senior Games has a NO REFUND policy.**

## **CANCELLATIONS AND SCHEDULE CHANGES:**

- Call or email the Polk Senior Games office if cancellations are necessary.
- No-shows cause forfeits and delays.
- Polk Senior Games is not responsible for changes to the event program, postponements, cancellations due to inclement weather or circumstances beyond our control.
- Polk Senior Games reserves the right to change the event schedule, competition format, and postpone or cancel events.
- No refunds will be given as a result of these circumstances.

**T-SHIRTS:** T-shirts will be distributed at entrant's first event. If not picked up at the first event, it will not be at subsequent events. It can be picked up at the Polk Senior Games office after Games are over. **Please wear T-shirts.**

**MEDALS:** Entrant must participate (and have a score if applicable) to be eligible for medals. Gold, silver, and bronze medals will be awarded to 1st, 2nd and 3rd place finishers in each age group at the conclusion of each event. Medals not received at an event may be picked up at the Polk Senior Games office after the Games are over.

## **SPECIAL AWARDS:**

- Special awards for “best of age group” and “outstanding male and female Competitors” (based on a point system), most represented senior community (based on percentage system), outstanding volunteers, outstanding event managers, and the “Stretch” award (something special) will be compiled and awarded by mail after the Games are over.

## **PHOTOGRAPHS:**

- Please bring your own camera for "that perfect shot". Polk Senior Games only takes photos for its own use in media and publications.

## **SMOKING/ALCOHOL:**

- Smoking not allowed at indoor events, on golf carts or on school property.
- Alcohol is not allowed at events except where sold by a licensed venue.

## **MEDICAL INSURANCE AND LIABILITY WAIVER:**

- Insurance is the responsibility of each participant. Every participant should be sure to have proof of insurance at events.
- **Each participant must read, sign, and date the Release of Liability.**

## **SAFETY AND HEALTH GUIDELINES:**

- It is highly advised to be physically capable and experienced in a sport. Unsafe or unskilled participants may be denied competition.
- Participants are responsible for considering their own risks and taking steps to protect themselves.
- Applies to all: participants, spectators, volunteers, and staff.
  - Respect others' personal space.
  - Masks are optional; bring your own mask and hand sanitizer.
  - Bring your own equipment when possible.
  - Seating is limited - consider bringing a lawn chair.
  - In case of lightning, seek shelter or return to your vehicle.
  - Do not attend if you feel unwell, have covid/flu symptoms, are awaiting results, told to isolate, or have tested positive.
- Guidelines may change; updates will be posted at [polkseniorgames.org](http://polkseniorgames.org).

## **CODE OF CONDUCT:**

Participants in Polk Senior Games, as players, non-playing managers, spectators, volunteers or officials, are responsible for knowing and must observe the standards of good sportsmanship and appropriate conduct as defined in this rule and the rules governing each individual sport.

Prohibited behaviors include, but are not limited to:

|                                       |   |
|---------------------------------------|---|
| Verbal, physical or visual harassment | Vulgar, abusive or derogatory language      |
| Actual or threatened violence         | Bullying or taking unfair advantage         |
| Endangering the well-being of others  | Improper use of alcohol and/or drugs        |
| Destruction of property               | False representation of age or eligibility. |

Failing to cooperate with staff, volunteers or officials

Failure to agree and adhere to the Code of Conduct or other rules and procedures can result in actions ranging from ejection from an event to disqualification from participating in Polk Senior Games. Participants recommended for disqualification will have the opportunity for a hearing before the PSG Executive Committee or designated representatives. The decision of the PSG Board of Directors will be final. Violent acts will result in immediate disqualification from participation in Polk Senior Games and may result in legal charges being brought against the individual(s).

## PROTESTS, COMMENTS AND SUGGESTIONS:

- Protests regarding any aspect of an event must be made immediately to the Event Manager of the event in question.
- The decision of the Event Manager will be final.
- Comments and suggestions for improving the Games are appreciated.

## FLORIDA SENIOR GAMES & NATIONAL SENIOR GAMES:

- Polk Senior Games is sanctioned as a qualifier by the Florida Senior Games, presented by Humana. Some of Polk Senior Games events are qualifying events for the State Games (see individual event information).
- Polk Senior Games will submit the names of the top five in each age group. A list will be posted on the website [www.polk seniorgames.org](http://www.polk seniorgames.org) by May 31.
- Some events in Polk Senior Games are "open" events at the State Games, meaning they do not require qualification to enter.
- Some events in Polk Senior Games are not offered at the Florida Senior Games. See individual event information.
- The Florida Senior Games, presented by Humana, will be held in December.
- The National Senior Games are held bi-annually during odd numbered years and participants qualify through competition at Polk Senior Games and the Florida Senior Games during even numbered years.
- The State Games toll-free phone number is 866-354-2637 and the website is [www.floridaseniorgames.com](http://www.floridaseniorgames.com).

## 2026 FLORIDA SENIOR GAMES QUALIFIER SERIES

Dates Subject to Change

|  |                               |
|--|-------------------------------|
| Delray Beach Senior Games                  | January                       |
| Gulf Coast Senior Games                    | January 17 - February 21      |
| Lee County Senior Games                    | January 23 - March 29         |
| Good Life Games                            | January 26 - April 21         |
| Inverness Senior Games                     | February 7 - March 7          |
| Capital City Senior Games                  | February 25 - March 17        |
| <b>Polk Senior Games</b>                   | <b>February 28 - March 14</b> |
| Port Orange Senior Games                   | April                         |
| The Villages Senior Games                  | April 16 - 26                 |
| Pensacola Senior Games                     | September 11 - 25             |
| Gainesville Senior Games                   | September                     |
| Palm Coast & Flagler Beach Senior Games    | September                     |
| Jacksonville Senior Games                  | TBD                           |
| Charlotte County Fit For Life Senior Games | October 1 - November 2        |
| Tampa Bay Active Life Games                | October                       |
| Martin County Senior Games                 | October 16 - 23               |
| Ormond Beach Senior Games                  | October                       |
| Golden Age Games                           | November 5 - 8                |
| Villages of Pinecrest Senior Games         | November 2 - 6                |
| Cutler Bay Senior Games                    | November                      |

**Florida Senior Games**

**December 6-14**

You may still register using the paper entry form  
in center of the booklet.

However, we encourage you to try the  
**NEW ONLINE REGISTRATION SYSTEM**  
at [www.polkseniorgames.org](http://www.polkseniorgames.org).

All entries **MUST BE RECEIVED** by Friday, February 6.  
Online registration ends at 11:59 PM ET, and paper  
entries must arrive at the Bartow office by 5 PM.  
No entries will be accepted after the deadline.

### ARCHERY

**Sponsored by The Frank and Mary Brooks Family**

Date and Time: Saturday, March 14 9:00 AM  
Check-in begins at 8:30 AM  
Site: Central Florida Archers  
5990 Highway 17, Fort Meade 33841  
East side of Highway 17, 3 miles south of Highway 98  
Must make U-turn if coming from the north  
Event Manager: Heath Baulac 863-370-2303

1. A facility fee of \$15 must be paid when registering. Participants choose one event: Compound Finger, Compound Release, Recurve, Barebow Recurve, or **3D**. Events will run simultaneously.
2. There is a limit of 50 shooters in the **600 round** Target event. Categories are Compound Finger, Compound Release, Recurve, Barebow Recurve. 60 arrows will be shot as follows: 20 arrows (4 ends of 5 arrows) from distances of 60, 50 & 40 yards. Tie breaker is highest number of "X" ring hits; then "10", then "9" etc.
3. **New Event: 3D Archery - There will be a limit of 50 shooters in 3D Archery. Compound shooters will have a max distance of 40 yards. Recurve/Barebow shooters will have a max of distance of 25 yards. Ties will be broken by the numbers of "12s" shot. Categories, determined at check-in, are: Compound Finger, Compound Release, Recurve, Barebow Recurve. Events will run simultaneously.**
4. Participants must provide their own bows and target arrows. Bows must conform to FITA rules in the Recurve event. Compound bows may not exceed 80 pounds draw weight and arrow speed may not exceed 300 feet per second plus or minus 3 percent. No broadheads will be permitted. Field glasses or scopes are permitted for spotting arrow hits.
5. Lawn chairs and bug repellent are suggested.
6. National Archery Association ([usarchery.org](http://usarchery.org)), National Field Archery Association ([nfaa-archery.org](http://nfaa-archery.org)) and Florida Archery Association ([floridaarchery.org](http://floridaarchery.org)) rules apply, except as modified.
7. **Archery Additional Rules are available at [www.polkseniorgames.org/sports](http://www.polkseniorgames.org/sports).**
8. Archery is an "open" event at the Florida Senior Games. See page 9.

**BAG TOSS (Cornhole)**  
**Sponsored by Phyllis and Richard Newton**

Date and Time: Monday, March 9  
Women 9:00 AM Men 1:30 PM  
Parking, warm-up, check-in begins one hour before event  
Limited parking within walking distance - remote parking  
requires golf cart shuttle

Site: Lake Region Village  
31850 Highway 27, Haines City 33844  
West side Hwy 27 between SR 544 and SR 542

Event Manager: Stevan Hill 330-808-1331

1. **Lunch concession will be available.**
2. Tournament will be played on outdoor courts. Not wheelchair/walker accessible. Must walk through grass to courts. No seating available, bring lawn chairs.
3. Boards and bags will be provided and must be used by all participants.
4. All Women and Men 80 and over may throw from 25' or 27'. Men 50-79 must throw from 27'.
5. A double elimination tournament is planned. Everyone is guaranteed at least two games. A game will be a maximum of 8 frames or the first person to score 21 points. If the score is tied after 8 frames, an additional frame will be played to break the tie. The Event Manager reserves the right to change the format.
6. **Bag Toss Additional Rules are available at [www.polkseniorgames.org/sports](http://www.polkseniorgames.org/sports).**
7. Bag Toss is an "open" event at the Florida Senior Games. See page 9.

**BASKETBALL SHOOTING**  
**Sponsored by CORA - Physical Therapy**

Date and Time: Wednesday, March 4 9:00 AM  
Free Throw Shooting, followed by Spot Field Goal Shooting,  
followed by Timed Field Goal Shooting.  
Check-in begins 30 minutes before start time

Site: Albert Kirkland Gymnasium, 409 North 3rd Street, Lake Wales 33853  
Off Scenic Highway, turn east on Seminole Avenue

Event Managers: Shay Irvis 863-232-6419  
Jennifer Nanek 863-678-4182 x 1254, 863-241-1016

1. Each event will be contested and awarded separately.
2. Basketballs for men and women will be provided, but participants may compete with their own ball. All balls must meet NCAA ball requirements.
3. Free Throw Shooting - Participants will shoot three rounds of 10 shots from the free throw line. The ball will be rebounded for the shooter.
4. Spot Field Goal Shooting - Participants will shoot three rounds of 5 shots, one shot from each designated spot. The ball will be rebounded for the shooter.
5. Timed Field Goal Shooting - Participants will shoot three rounds of one minute each from 6 designated spots. Participants attempting a shot from all six spots will earn a 5-point bonus for that round. Participants must rebound their own shots.
6. **Basketball Shooting Additional Rules are available at [www.polkseniorgames.org/sports](http://www.polkseniorgames.org/sports).**
7. Basketball Shooting is "qualifying" event for the Florida Senior Games. See page 9.

## BILLIARDS

**Sponsored by Edward Jones office of Greg West and Dylan Allen**

Date and Time: Monday, March 9  
Eight Ball  
Men 50-54, 55-59, 60-64, 70-74, 75-79 10:00 AM  
Men 65-69, 80-84 12:00 PM  
All Women, Men 85-89, 90-94, 95-99 1:30 PM  
Tuesday, March 10  
Nine Ball  
Men 50-54, 55-59, 60-64, 70-74, 75-79 10:00 AM  
Men 65-69, 80-84 12:00 PM  
All Women, Men 85-89, 90-94, 95-99 1:30 PM  
Check-in begins 30 minutes before start time  
Site: Brewlands Bar & Billiards North  
5161 US Highway 98 North, Lakeland 33809  
1.5 miles north of I-4, Northtown Square Shopping Center  
Event Manager: Frank Brooks 863-293-5024, 863-512-1397

1. **Number of entrants will be limited to 16 per age group.**
2. No outside food or drinks allowed. Food and drink available for purchase.
3. Participants are encouraged to bring their own cue sticks; however, cue sticks will be available.
4. Eight and nine-foot tables will be used. Everyone in an age group will play on the same size table.
5. A double elimination tournament is planned in 5 year age groups. A match is best of three games. The Event Manager reserves the right to change the format.
6. Billiards Congress of America ([www.bca-pool.com](http://www.bca-pool.com)) rules apply, except as modified.

## BOCCE DOUBLES

**Sponsored by Kathleen Benn**

Date and Time: Friday, March 6  
Age Groups 50-54, 55-59, 60-64, 80 and over 9:00 AM  
Age Groups 65-69, 70-74, 75-79 1:00 PM  
Check-in begins 45 minutes before start time  
Practice time begins 30 minutes before start time  
Site: Carefree Country Club  
9705 Lake Bess Road, Winter Haven 33884  
South off Cypress Gardens Boulevard, east of Legoland  
Event Managers: Chris Nease 724-516-5539  
Janice Ferris 705-435-8396

1. Partners may be of same or opposite gender.
2. The age of the younger partner on December 31, 2026 determines the age group.
3. A single elimination tournament is planned. A match will be one game to 11 points. The Event Managers reserve the right to modify the format.
4. Balls will be provided.
5. There are no practice throws after competition begins.
6. Seating is limited. Bring lawn chair if desired.
7. **Bocce Additional Rules are available at [www.polkseniorgames.org/sports](http://www.polkseniorgames.org/sports).**

## BOWLING

### Sponsored by Jay Mulaney, MD, Central Florida Eye Associates

Date and Time:      Monday, March 2                      Singles                      1:00 PM  
                                 Thursday, March 5                      Doubles                      1:00 PM  
                                 Wednesday, March 11                      Mixed Doubles                      1:00 PM  
                                 Friday, March 13                      Mixed Team                      1:00 PM  
                                 Check-in begins 45 minutes before start time  
Site:                      Maple Lanes Lakeland  
                                 4318 US Highway 98 North, Lakeland 33809  
                                 Behind Wawa  
Event Manager:      Frank Collins    863-221-3386

1. A facility fee of **\$7.50** per event must be paid when registering.
2. Singles, Doubles, Mixed Doubles: The age of the younger partner on December 31, 2026 determines the age group. Age groups are in five-year increments.
3. Mixed Team: A team must be two men and two women. Players may compete on only one team. Age groups are 50+, 60+, 70+, 80+, determined by the age of the youngest team member on December 31, 2026.
4. **Online entry:** The Team Manager must register first and create the team including adding themselves to the team. Then the other members must register and join the created team. Each member pays their own fees.  
**Paper entry:** Each member of the team must submit an Individual Entry form and Check Bowling Mixed Team (and any other events they wish to enter) and add the Team Name, Age Group and Team Manager name. Each member must pay their own fees and sign a Release of Liability. The Team Manager's entry must be processed before any member can be registered. Turn in all four entries together, if possible.
5. Participants are encouraged to bring their own balls and shoes; however, balls and shoes will be available at no extra cost.
6. Tournament will be based on scratch scores and the total score of three games will determine winners. State Games require scratch scores for qualification.
7. Ties broken by highest single game score.
8. U.S. Bowling Congress rules apply ([www.bowl.com](http://www.bowl.com)), except as modified.
9. Equipment must meet U.S. Bowling Congress specifications.
10. Bowling is a "qualifying" event for the Florida Senior Games. See page 9.

## BRIDGE - PARTY

Date and Time:      Friday, March 6                      1:00 PM  
                                 Check-in begins at 12:15 PM  
Site:                      Sanlan RV & Golf Resort Recreation Center  
                                 3929 US Highway 98 South, Lakeland 33812  
                                 South of Polk Parkway on west side of Highway  
Event Manager:      Carol Badley    863-666-8878

1. Entrants must know how to play Bridge to register for event.
2. Partners may be of same or opposite gender.
3. The age of the younger partner on December 31, 2026 determines age group.
4. Seating will be open and medals will be awarded in each age group based on the highest scores. Ties broken by high game score.
5. Play will consist of eight hands, three progressions, with Contract Bridge scoring.
6. Redoubling is not permitted.
7. American Contract Bridge League rules apply, except as modified.

**CHESS**  
**Sponsored by Fire Pros Commercial Services**

Date and Time: Saturday, February 28 1:00 PM  
Check-in between 12:00 PM and 12:30 PM  
Site: The Estates at Carpenters  
Chapel in Main Building  
1001 Carpenters Way, Lakeland 33809  
East of US Highway 98 N, north of I-4  
Event Manager: Mark Williams 863-899-5417

1. Men and women are combined in ten year age groups.
2. Age groups may be combined or overlapped during competition, but medals will be given by correct age group.
3. Three or four games will be played, depending on the number of entrants in an age group. Games will be no longer than 50 minutes each.
4. Chess clocks will be provided, but are optional. Clocks will be put on games not using a chess clock after 30 minutes, giving each player 10 minutes to finish the game.
5. U.S. Chess Federation (uschess.org) rules apply, except as modified.

**CRIBBAGE**  
**Sponsored by WoodmenLife**

Date and Time: Wednesday, March 4  
Doubles 8:30 AM  
Singles 1:00 PM  
Check-in begins 30 minutes before event  
Site: **NEW VENUE**  
**Simpson Park Community Center**  
**Multi-Purpose Room**  
**1725 Martin Luther King Jr Avenue, Lakeland 33805**  
Event Manager: Jim Turner 802-673-2777

1. Entrants must know how to play Cribbage to register for event.
2. Participants sign-up individually in Singles and Doubles (no partner needed). In Doubles, partners are assigned and will change after each game.
3. Men and women are combined in five year age groups.
4. **Number of entries will be limited.**
5. Age groups combine for play; however, medals are awarded in each age group.
6. Winners are determined by points after seven games. Ties broken by games won, then spread points.
7. You may bring a bag lunch if you are playing both sessions. The time to go out to lunch is limited.
8. American Cribbage Congress (cribbage.org) rules apply, except as modified.

**POLK SENIOR GAMES**  
**A GREAT WAY TO HAVE FUN.**  
**A GREAT WAY TO STAY YOUNG.**  
**COME ON OUT AND PLAY!**



## **DANCING**

### **Sponsored by Home Advisors Team**

Date and Time: Friday, March 6                      2:00 PM  
Check-in and warm-up begins at 1:30 PM  
Site: The Hamptons Golf & Country Club  
1094 US Highway 92, Auburndale 33823  
North side of Highway, west of Polk Parkway  
Event Managers: Kevin Rios 863-940-4701, 863-877-7807  
Dorothy Cheshire 863-877-5818

1. Age groups are in ten-year increments determined by the age of the individual in individual dances and the younger partner on December 31, 2026 in all other dances.
2. Social dances: Jitterbug, Polka, Country Two-Step require a partner. Twist, Electric Slide, Boot Scootin' Boogie, Charleston and Freestyle are individual events and require no partner. The Freestyle will be danced to disco/party/nightclub music. Judges will be representatives of Polk Senior Games.
3. Ballroom dances: West Coast Swing, Swing, Cha-Cha, Waltz, Tango, Rumba and Foxtrot. Judges for Ballroom Events will be qualified dancers/instructors.
4. Dances will last approximately 1½ minutes.
5. Dance costumes will not be considered in determining winners; however, dresses, skirts, and long pants are the recommended attire. Shoes are required for safety.
6. Spectators are welcome to participate during general dancing intervals.

## **DARTS**

### **Sponsored by In Memory of Jean Eissman by the Eissman Family**

Date and Time: Friday, March 13                      1:30 PM  
Check-in begins at 1:00 PM  
Site: Medulla Baptist Church  
3930 Old Road 37, Lakeland 33813  
Corner of Old Road 37 and Terrace Way  
Off South Florida, west of Wendy's Restaurant  
Event Manager: Deena Wilbur 863-838-1838

1. Steel tip darts will be used and will be provided. Competitors may bring their own darts if they comply with official dart rules.
2. A double elimination tournament is planned. Everyone is guaranteed at least two games. The Event Manager reserves the right to change the format.
3. Warm-up will be available before the competition begins.
4. A game consists of two players throwing 12 darts each - 3 in each of four rounds.
5. The points of each round will be added and the player with the higher score will be the winner.
6. A tiebreaker will be an additional 3 darts.
7. A player may lean as far over the line as they desire, as long as they are not standing with any part of their foot on the line.
8. Scorekeepers will call fouls. A foul will disqualify that throw.
9. The dart is scored where the point enters the board. The wires that divide the board determine where the dart entered the board, not the colors. If a dart bounces out of the board or is knocked out, the dart does not count nor can it be thrown again. If a dart falls out of the board before it is scored or pulled out by a player, it does not count.

**EUCHRE**  
**Sponsored by Floral Lakes Seniors**

Date and Time: Sunday, March 8 2:00 PM  
Check-in between 1:15 and 1:45 PM  
Site: Bartow Civic Center  
2250 South Floral Avenue, Bartow 33830  
There will be a detour around downtown due to Arts Festival.  
Event Managers: Beverly Mitchell 863-533-8217  
Trish Stark 585-957-0386

1. The number of entries will be limited.
2. Entrants must know how to play Euchre to register for event.
3. Men and women are combined in five-year age groups.
4. Age groups are combined for competition; however, medals will be awarded in each age group.
5. Players will change partners after each game.
6. Winners will be determined by high score after eight games of eight hands.
7. If a tie occurs, the high game score will break the tie.
8. **Euchre Additional Rules are available at [www.polkseniorgames.org/sports](http://www.polkseniorgames.org/sports).**

**FIELD EVENTS and PUNT PASS KICK**  
**Sponsored by Lakeland Dump Trailer Rentals**

Date and Time: Saturday, March 7 9:00 AM  
Check-in begins at 8:00 AM  
Site: Bartow High School Stadium  
1270 South Broadway Avenue, Bartow 33830  
There will be a detour around downtown due to Arts Festival.  
Event Managers: Frank Brooks 863-293-5024, 863-512-1397  
Emmanuel Dones 863-393-3603

1. Events will be Discus, High Jump, Javelin, Long Jump, Shot-put, Softball Throw, Triple Jump and Punt Pass Kick. Order of events provided at check-in.
2. Three attempts will be allowed in each field event.
3. Two attempts in each category will be allowed in Punt Pass Kick. Winner will be determined by the total distance of the best attempts of all three categories.
4. Implements will be provided. Competitors may use their own implements in discus, javelin and shotput but must be approved by event official.
5. Weights of implements:
  - Discus: Men 50-59 (1.5 kg); 60+ (1 kg)  
Women 50-74 (1 kg); 75+ (.75 kg)
  - Javelin: Men 50-59 (700 g); 60-69 (600 g); 70-79 (500 g); 80+ (400 g)  
Women 50-74 (500 g); 75+ (400 g)
  - Shot-put: Men 50-59 (6 kg); 60-69 (5 kg); 70-79 (4 kg); 80+ (3 kg)  
Women 50-74 (3 kg); 75+ (2 kg)
  - Softball Throw: Men - 12-inch softball Women - 11-inch softball  
Entrants must use softballs provided by PSG
  - Punt Pass Kick: Men - official size football Women - junior size  
Entrants must use football and kicking tee provided by PSG
6. USA Track & Field ([www.usatf.org](http://www.usatf.org)) rules apply, except as modified.
7. **Field Events/Punt Pass Kick Additional Rules are available at [www.polkseniorgames.org/sports](http://www.polkseniorgames.org/sports).**
8. Field Events, except Softball Throw and Punt Pass Kick, are “qualifying” events for the Florida Senior Games. See page 9.

**FISHING**  
**Sponsored by Dean Shupe Family**

Date and Time: Thursday, March 5 8:30 AM  
Check-in begins at 8:00 AM  
Site: Tenoroc Fish Management Area, Derby Lake  
3829 Tenoroc Mine Road, Lakeland 33805  
East off Combee Road/SR 659  
Event Manager: Steve Miller 863-608-0209

1. Seating is limited. Bring lawn chair if desired.
2. Men and women are combined in five-year age groups.
3. Tournament will be catch-and-release. Fishing will end at 11:00 AM.
4. Medals awarded by age group for largest by length and most caught. Ties awarded.
5. Fishing will be allowed from the bank, docks, and boardwalks. Restricted bridge will be marked with caution tape. No wading is permitted.
6. Participants must provide their own rod/reel, pole, lures and/or live bait. Only one line, with one hook, may be used at a time. Chumming is not allowed.
7. Tilapia may be taken home if desired (bring container) or they will be discarded at the event. Do not return tilapia to lake.
8. Florida Fishing License Regulations apply. Florida residents under age 65 and all visitors are required to possess a Florida freshwater fishing license. Florida resident seniors age 65 or older are exempt from having a license with proof of age and residency. Complete information can be found on website <https://myfwc.com>.

**THE SENIOR GAMES CREED**

If you think you're beaten, you are  
If you think you dare not, you don't  
If you'd like to win, but you think you can't  
It's almost a cinch that you won't

If you think you'll lose, you've lost  
For out in the world we find  
Success begins with a person's will  
It's all in the state of mind

If you think you're outclassed, you are  
You've got to think high to rise  
You've got to have faith in yourself before  
You can ever win the prize

Life's battles don't always go  
To the strongest and fastest man  
For sooner or later, the one who wins  
Is the one who thinks they can!

# GOLF

## Singles Sponsored by Dick Cheney

### Doubles Sponsored by Bartow Community Healthcare Foundation

Date and Time:      Tuesday, March 3              Mixed Doubles              8:00 AM  
                                  Thursday, March 12              Singles              8:30 AM  
                                  Check-in begins 1 hour before start time  
 Site:                    Schalamar Creek Golf and Country Club  
                                  4500 US Highway 92 East, Lakeland 33801  
                                  North side of Hwy between Combee Rd & Polk Parkway  
 Event Manager:      Don Mitchell    863-797-3895

1. **If one rain date is needed, it will be March 20. If both rain dates are needed, Mixed Doubles will be on March 20 and Singles will be on March 26.**
2. Two people will be assigned to each cart.
3. Golfers must furnish their own clubs and balls. Golf carts will be provided.
4. Mixed Doubles format: scratch; best ball (holes 1-6), scramble (holes (7-12), alternate shot (holes 13-18). The number of participants will be limited.  
 Age group is determined by the age of the younger partner on December 31, 2026.
5. Singles format: scratch; 18-holes, shotgun start. State Games require scratch scores.
6. There is a limit of 120 per event. No foursome requests will be accepted.
7. Range finders will be permitted. Smoking is NOT allowed on carts.
8. Women use yellow tees. Men 50-74 use white tees. Men 75+ use green tees.
9. In the event of a tie in the 1st, 2nd and 3rd places, the USGA tie-breaking procedure of matching scorecards will be implemented.
10. A facility fee of **\$40** per person per event must be paid when sending in entry form.
11. Participants may practice at Schalamar for the special rate of \$46 with proof of confirmation email. For information contact Bryan Richard at 863-665-0185 ext 1.
12. United States Golf Association ([www.usga.org](http://www.usga.org)) rules apply, except as modified. Local rules will also be in effect.
13. Golf is a "qualifying" event for Florida Senior Games. See page 9.

## GOLF, PUTT & CHIP

### Sponsored by Chiropractic Center of Lakeland and Linda Smucker, In Memory of Larry Smucker & Dan DeRosa

Date and Time:      Monday, March 2  
                                  **Women**                              **10:00 AM**  
                                  **Men**                                      1:00 PM  
                                  Check-in begins 45 minutes before start time  
 Site:                    Highland Fairways  
                                  3222 Highland Fairways Boulevard, Lakeland 33810  
                                  Off Griffin Road between US 98 N & Kathleen Road  
 Event Managers:      Dawn Kling    810-531-6032  
                                  Tom Kling    810-956-4222

1. **Check-in and other activities usually done inside will be moved outdoors. Bring a lawn chair if needed. No lunch concession will be offered.**
2. Participants must provide their own clubs and at least three golf balls.
3. Three attempts will be allowed in each event.
4. Best single ball closest to the hole will determine winner. Ties broken by playoff.
5. Medals will be awarded by age groups in both Putting and Chipping.
6. United States Golf Association ([usga.org](http://usga.org)) rules apply, except as modified. The decisions of the Event Manager are final.

**HORSESHOES**  
**Sponsored by Eye Specialists of Mid-Florida**

Date and Time: Tuesday, March 3 9:00 AM  
Check-in begins at 8:30 AM  
Site: Rotary Park, Winter Haven  
7th Street, between Ave B and C NE, Winter Haven 33881  
Courts on east side of park  
Event Manager: Ken Keding 586-337-1270

1. Some bleacher seating is available. Bring lawn chairs if desired.
2. Competitors may bring their own horseshoes, gloves, hooks, towels; however, some horseshoes will be available. The Event Manager reserves the right to inspect equipment.
3. Pitching distances are:

|             |                       |
|-------------|-----------------------|
| Women 50-64 | Not less than 30 feet |
| Women 65+   | Not less than 20 feet |
| Men 50-64   | Not less than 40 feet |
| Men 65+     | Not less than 30 feet |
4. Handicapped players may pitch from a shorter distance with prior permission from the National Horseshoe Pitchers Association.
5. A double elimination tournament is planned. A match is one game to 21 points or 40 shoes, whichever comes first. Cancellation scoring method will be used. Event Manager has right to change format.
6. National Horseshoe Pitchers Association ([horseshoepitching.com](http://horseshoepitching.com)) rules apply, except as modified.
7. Horseshoes is an "open" event for Florida Senior Games. See Page 9 for more information.

**PEPPER**  
**Sponsored by Regal Automotive Group**

Date and Time: Friday, March 13 12:00 PM  
Check-in between 11:15 and 11:45 AM  
Site: Sanlan RV & Golf Resort, Recreation Center  
3929 US Hwy 98 South, Lakeland 33812  
West off US Hwy 98/Bartow Road, south of Polk Parkway  
Event Manager: Cathy Badley 810-531-1977

1. Entrants must know how to play Pepper to register for event.
2. Men and women are combined in five-year age groups. Entries are limited.
3. Age groups are combined for play; however, medals will be awarded by age group.
4. Partners will change after each game.
5. Winners will be determined by the total score after six games of play. Ties will be determined by the highest individual game score.
6. **Pepper Additional Rules are available at [www.polk seniorgames.org/sports](http://www.polk seniorgames.org/sports).**

**WE'RE GOING FOR THE GOLD  
IN OUR GOLDEN YEARS!**

## PICKLEBALL Sponsored by Solivita Club

Date and Time:      Tuesday, March 10      Mixed Doubles      8:30 AM  
                                 Wednesday, March 11      Doubles Women      8:30 AM  
                                 Thursday, March 12      Doubles Men      8:30 AM  
                                 Check-in begins at 8:00 AM

Site:                   Solivita, Freedom Park Pickleball Courts  
                                 395 Village Drive, Poinciana 34759  
                                 Off Solivita Boulevard, south of Cypress Parkway

Event Manager:      Carol Fullerton    301-643-4437

1. A facility fee of \$15 per person per event must be paid when registering.
2. **There is a two-step process for Pickleball registration. After registering for pickleball events by paper or online, watch for an email with a code to also enter your information on [pickleballtournaments.com](http://pickleballtournaments.com).**
3. **This is non-skill level tournament; however, your skill level, cell number and email is required for use in seeding and communication purposes.**
4. Some seating is available. Bring a lawn chair if desired.
5. Participants must provide their own paddles, which must meet USA Pickleball standards. Tournament balls (Franklin X-40) will be provided. Shirts may **not** be a color similar to the ball color.
6. Format: A pooled, round robin tournament is planned. Each entrant will play a minimum of 4 games to 15 points, win by 2. The top two winning teams (minimum) from each pool will advance to a single elimination medal round (first team to 15 points, win by 2). Event Manager reserves the right to modify format.
7. The age of the younger partner on December 31, 2026 determines the age group. Age groups may be combined for play, however medals will be given by age group.
8. USA Pickleball and International Pickleball Federation rules apply unless modified.
9. Pickleball is a “qualifying” event at the Florida Senior Games. See page 9.

## POWERLIFTING Sponsored by Highland Park Dental

Date and Time:      Saturday, February 28      9:00 AM  
                                 Check-in and weigh-in between 7 and 8 AM

Site:                   Debs Gym  
                                 1128 East Main Street, Lakeland 33801  
                                 Corner of East Main and Lake Parker Avenue

**Early Weigh-in:      Friday, February 27, 4:00 - 6:00 PM (optional)**

Event Managers:      Deb Callahan    863-683-9300  
                                 Scott Lamb      863-662-0887

1. Events are Bench Press-Raw/Unequipped and Dead Lift-Raw/Unequipped. Raw/Unequipped is defined as: Non-supportive singlet, wrist and knee wraps only.
2. Participants may enter one or both events, but must have recent experience in powerlifting for safety reasons.
3. A singlet (one-piece tight fitting uniform) is not required.
4. Age groups of five year increments will be divided into weights classes as follows:  
Men (lbs) 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, 308+  
Women (lbs) 97, 105, 114, 123, 132, 148, 165, 181, 198, 198+
5. Participants will be allowed three attempts.
6. Ties will be broken by the participant who weighs less.
7. USA Powerlifting ([usapowerlifting.com](http://usapowerlifting.com)) rules apply, except as modified.
8. Powerlifting is an “open” event at the Florida Senior Games. See page 9.

**ROAD RACE 5K**  
**Sponsored by Foot & Ankle Associates, Dr Werd, Dr Patel**

Date and Time: Saturday, March 14 8:30 AM  
Check-in begins at 8:00 AM  
Site: Bartow High School Stadium  
1270 South Broadway Avenue, Bartow 33830  
Event Managers: Jerry Welch 863-224-2613  
Emmanuel Dones 863-393-3603  
Ralph Price 863-370-2821

1. Road Race 5K is a running race. 60 minute limit- race clock will end at 60 minutes.
2. All age groups will run simultaneously.
3. A 3.1 mile paved street course will be used.
4. A second false start will result in the runner's disqualification from the race.
5. Race numbers will be issued at check-in and must be worn and visible at all times.
6. United States Track & Field (usatf.org) rules will apply, except as modified.
7. **Road Race 5K Additional Rules and a map of the course are available at [www.polkseniorgames.org/sports](http://www.polkseniorgames.org/sports).**
8. Road Race 5K is an "open" event at the Florida Senior Games. See page 9.

In 2023, Tom Prentice broke the last standing record  
from 1992, the first year of the Games.

The record was 20.24 held by Ray Larson  
in the Road Race 5K, Men's 60-64.

Tom's new record time was 18:55.95.

**SCRABBLE**  
**Sponsored by Lake Morton Senior Living**

Date and Time: Friday, March 13 9:00 AM  
Check-in between at 8:30 and 8:45 AM  
Site: Lake Morton Senior Living  
400 South Florida Ave, Lakeland 33801  
Parking and entrance is off Lime Street  
Event Manager: Frank Brooks 863-293-5024, 863-512-1397

1. Men and women are combined in ten year age groups. **Number of entries will be limited.**
2. Format is three games of 45 minutes each.
3. Winners are determined by the total score after three games. Ties are broken by high game score.
4. Players should bring an official deluxe Scrabble game, if possible. Some games will be provided. Games must have 100 tiles.
5. An Official Scrabble Players Dictionary, 7th Edition, will be used.
6. The Event Manager will determine challenges.

## SENIOR SMARTS

### Sponsored In Memory of Nancey and Rudy Thornberry

Date and Time: Sunday, March 1 2:00 PM  
Check-in between 1:15 and 1:45 PM  
Site: First Baptist Church, Bartow  
410 East Church Street Bartow 33830  
Ministry Center  
Parking and Entrance at back of church off Boulevard Street  
Event Managers: Ann Machold 863-255-0615; Julie Palas 304-549-5406

1. Men and women are combined in five year age groups.
2. Questions will be geared to the fun and familiar. Toss-up questions will be answered by the first player to activate a buzzer.
3. After being recognized as buzzing in first, a player will have 5 seconds to give an answer. If an answer is not given within 5 seconds, "time" will be called and another player may buzz in. If the first recognized player answers incorrectly, the moderator will call "incorrect" and another player may buzz in.
4. One point is scored for each correct answer and one point will be deducted for each incorrect answer. Medals awarded based on the net number of points. Ties will be broken by player with the most correct answers.

## SHOOTING - PISTOL

### Sponsored by CPS Investment Advisors

Date and Time: Thursday, March 12 9:00 AM  
Check-in 30 minutes before notified start time  
Site: Shoot Straight Lakeland  
230 North Lake Parker Avenue, Lakeland 33801  
West side of Lake Parker Avenue; corner of Oleander St  
Event Manager: Hal Hare 863-583-4858

1. **Shooters may enter any or all events.** A facility fee of **\$15 per event** must be paid when registering. **Events are:**  
**Centerfire Pistol, Iron Sights, barrel 5 inches or less**  
**Centerfire Pistol, Optical Sights, barrel 5 inches or less**  
**22 Rimfire, any sights, barrel 3 inches or less.**
2. Age groups for men and women are in ten year increments: 50-59, 60-69, etc.
3. Notification of start time will be mailed. If not received or you are unable to attend after receiving start time, call Event Manager Hal Hare at 863-583-4858.
4. A MANDATORY SAFETY MEETING will be held 15 minutes before assigned start time. Shooters must have previous experience.
5. Must have photo ID to participate at event.
6. Shooters must provide their own ammunition and concealed carry type pistol.
7. **Firearms may not be shared with another shooter on the same relay.**
8. Equipment may be inspected and participation denied if equipment is deemed unsafe. Any unsafe behavior will be grounds for disqualification.
9. Eye and hearing protection is required when entering firing lines.
10. A match is 30 shots fired in three stages: 1. Slow Fire, 10 shots (loading 5 at a time) at 10 yards in 5 minutes; 2. Timed Fire, 2 separate 5-shot strings at 5 yards, 20 seconds pr string; 3. Rapid Fire, 2 separate 5-shot strings at 5 yards, 10 seconds per string. B-29 targets will be distributed on the range.
11. **Pistol Shooting Additional Rules are available at [www.polk seniorgames.org/sports](http://www.polk seniorgames.org/sports).**



**SHOOTING - RIFLE**  
**Sponsored by Lakeland Rifle and Pistol Club**

Date and Time: Thursday, March 5 1:00 PM  
Check-in begins at 12:00 PM  
Site: Lakeland Rifle and Pistol Club  
2000 Lasso Lane, Lakeland 33801  
Off Maine Avenue, east of Reynolds Road  
Event Manager: John Syversen 863-224-1851

1. A facility fee of \$15 must be paid when registering.
2. Firearms used for competition may not be shared. Equipment may be inspected and participation denied if equipment is deemed not safe.
3. All firearms must be sighted-in prior to competition. If determined that bullets are not impacting the sight-in target, shooter will not be allowed to continue.
4. Limit of 20 shooters.
5. Shooters must provide their own ammunition and rim fire rifles with any sights (.22LR caliber ONLY ). Rifle can be single shot or magazine fed.
6. Format: rim fire bench rest at 50 yards. Shooters must provide their own rests.
7. **Rifle Shooting Additional Rules are available at [www.polkseniorgames.org/sports](http://www.polkseniorgames.org/sports).**

**SHOOTING - SKEET & TRAP**  
**Skeet Sponsored by Winter Haven Audiology,**  
**An Aspire Hearing Company**  
**Trap Sponsored by LH Travis**

Date and Time: Wednesday, March 4 Trap 1:00 PM  
Wednesday, March 11 Skeet 1:00 PM  
Practice available 9 am - 12:30 pm; \$5 per round  
Check-in begins 12:30 PM  
Site: Imperial Polk Gun Club  
151 Race Pit Road, Winter Haven 33880  
East off Spirit Lake Road  
Event Manager: Stevan Hill 330-808-1331

1. A facility fee of \$17 each for Skeet and Trap must be paid when registering.
2. Format for Skeet and Trap is two standard rounds of 25 shells (50 total).
3. Tiebreaker: Skeet - shooting doubles at stations 3, 4, and 5; miss and out by station. Trap - sudden death shoot off, single targets, each shooter starting on same post.
4. Shooter must provide shotgun (12 gauge maximum and no magnums) and shells (7 ½ shot max, 1 1/8 ounce of shot max). Gun with a release-type trigger is allowed, but must be visibly marked as such. Users of such guns shall notify referee/scorer.
5. Ammunition is available for sale at the Gun Club.
6. In Skeet, guns may be shared by participants on the same squad. In Trap, guns may not be shared by participants on the same squad.
7. Eye and hearing protection is required and must be provided by the participant.
8. Equipment may be inspected and use denied if equipment is deemed not safe.
9. National Skeet Shooting Association Rules and Amateur Trap Shooting Association Rules will be used, except as modified. Host club rules must be observed and obeyed.
10. **Skeet and Trap Additional Rules are available at [www.polkseniorgames.org/sports](http://www.polkseniorgames.org/sports).**

**SHOOTING - SPORTING CLAYS and 5-STAND**  
**Sporting Clays Sponsored by Thornhill/Welch**  
**5-Stand Sponsored by Your Haven Dance Company**

Date and Time:

|  |                          |                |
|--|--------------------------|----------------|
| Sporting Clays                             | Monday, March 2          | 1:00 PM        |
| Check-in begins at 12:00 PM                |                          |                |
| <b>NEW 5-Stand</b>                         | <b>Thursday, March 5</b> | <b>9:00 AM</b> |
| <b>You will be notified of start time.</b> |                          |                |

Site: Tenoroc Shooting Center  
3755 Tenoroc Mine Road, Lakeland 33805

Sporting Clays Event Manager: Patricia Hill 863-837-8289

5-Stand Event Manager: Stevan Hill 330-808-1331

1. A facility fee of \$25 per event must be paid when registering.
2. Sporting Clays format - 50 shells over a designated number of stations  
**5-Stand format - 50 shells over two fields, each station consist of single target, report pair and a true pair**
3. Tiebreaker will be determined by shooting at a station selected by the Event Manager. This will be miss and out by station.
4. Shooter must provide shotgun (12 gauge max and no magnums) and shells (7 ½ shot max, 1 1/8 ounce of shot max). Gun with a release-type trigger is allowed, but must be visibly marked as such. Users of such guns shall notify referee/scorer.
5. Sporting Clays - Guns may be shared by participants on the same squad.  
**5-Stand - Guns may not be shared.**
6. Practice, ammunition, hearing protection, shotgun rental and cart rental are available at the center. Cost is \$20 per cart.
7. Call Tenoroc at 863-668-5795 for practice times/rates & information
8. Eye and hearing protection is required and must be provided by the participant.
9. Equipment may be inspected and use denied if equipment is deemed not safe.
10. National Sporting Clays Association Rules will be used, except as modified. Host club rules must be observed and obeyed.
11. **Additional rules are available at [www.polkseniorgames.org/sports](http://www.polkseniorgames.org/sports).**

**SHUFFLEBOARD**  
Sponsored by Health First Health Plans

Date and Time:

|                       |         |         |
|-----------------------|---------|---------|
| Saturday, February 28 | Singles | 9:00 AM |
| Sunday, March 1       | Doubles | 9:00 AM |

Check-in between 8:00 and 8:30 AM

Site: Lake Parker Park Shuffleboard Courts  
820 East Robson Street, Lakeland 33805  
East off Lakeland Hills Boulevard

Event Manager: Glenn Monroe 863-398-5672

1. Participants are encouraged to bring their own cues, which may not be longer than 6' 3". Disks are provided and a limited number of cues will be available.
2. For safety reasons, open toe footwear is not permitted.
3. Doubles partners may be the same or opposite gender. The age of the younger partner on December 31, 2026 determines the age group.
4. Single elimination tournament is planned. Event Manager may change format.
5. Singles match will be 12 frames. In case of a tie, 2 additional frames.
6. Doubles match will be 16 frames. In case of tie, 2 rounds (4 frames) will be played.
7. Players should bring a bag lunch as play may continue through the lunch hour.
8. Florida Shuffleboard Association and National Shuffleboard Association ([national-shuffleboard-association.us](http://national-shuffleboard-association.us)) rules apply, except as modified.
9. Shuffleboard is an "open" event for the Florida Senior Games. See page 9.

## INDIVIDUAL ENTRY FORM: PART 1 of 3

Read NEW Entry Instructions Below - ALL requested information MUST be completed to process

Have you entered **Polk Senior Games** in previous years? Yes No

First \_\_\_\_\_ MI \_\_\_\_\_ Last \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

Birth Date (m/d/y) \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age you **WILL BE** on **Dec 31, 2026** \_\_\_\_\_

Gender: Male Female T-Shirt (unisex): M L XL XXL XXXL

Emergency Contact (required)

Name \_\_\_\_\_ Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Do you live in a "senior community"? Which one? \_\_\_\_\_

## INDIVIDUAL REGISTRATION INSTRUCTIONS

### OPTION 1) NEW ONLINE REGISTRATION

Visit **www.polkseniorgames.org** - Follow step by step instructions

**DEADLINE: Online entry must be submitted by 11:59 PM ET, Friday, Feb 6**

### OPTION 2) PAPER REGISTRATION

Individual Entry Form (2 pages) and Softball Team Entry Form (larger size) may also be printed from website, [www.polkseniorgames.org](http://www.polkseniorgames.org), under the Enter the Games tab.

- **Remove Individual Entry Form from book - entire center page.**  
Copies are OK, but front and back must be copied and submitted.
- **PART 1 of 3 (above):** Complete all requested personal information.
- **PART 2 of 3:** Check events to enter. Refer to schedule to avoid conflicts.
  - **Partner Events:** You must include your partner's name, date of birth, and email address. Entry cannot be processed without this information.
  - If both partners are registering by paper, send entry forms together, if possible.
  - **Bowling Mixed Team:** Register yourself and pay your own bowling team event fee. You must indicate team name, age group, and team manager name.
  - **Indicate fees** in Fee Box according to the fee schedule. Total all fees.
  - Include check, cash, money order payable to POLK SENIOR GAMES.
- **PART 3 of 3:** The Release of Liability must be read and signed in agreement for entry to be processed.
- **MAIL OR DELIVER ENTRY TO:**  
POLK SENIOR GAMES, 515 EAST BOULEVARD ST, BARTOW FL 33830
- **DEADLINE: Paper entries must be received at the Polk Senior Games office in Bartow by 5:00 PM on Friday, February 6, 2026. Use overnight service if needed.**

***If you have questions, need to make changes, or have not received your confirmation email within a week, call 863-533-0055.***

## INDIVIDUAL ENTRY FORM: PART 2 of 3

### ARCHERY - Choose only one event

\_\_\_\_\_ Barebow Recurve \_\_\_\_\_ Recurve  
\_\_\_\_\_ Compound Finger \_\_\_\_\_ 3D  
\_\_\_\_\_ Compound Release

### BAG TOSS

### BASKETBALL SHOOTING

\_\_\_\_\_ Free Throw  
\_\_\_\_\_ Spot Shooting  
\_\_\_\_\_ Timed Shooting

### BILLIARDS

\_\_\_\_\_ Eight Ball  
\_\_\_\_\_ Nine Ball

### BOCCE DOUBLES

Partner \_\_\_\_\_  
DOB \_\_\_\_\_  
Email \_\_\_\_\_

### BOWLING

\_\_\_\_\_ Singles  
\_\_\_\_\_ Doubles  
Partner \_\_\_\_\_  
DOB \_\_\_\_\_  
Email \_\_\_\_\_  
\_\_\_\_\_ Mixed Doubles  
Partner \_\_\_\_\_  
DOB \_\_\_\_\_  
Email \_\_\_\_\_  
\_\_\_\_\_ Mixed Team  
Team Name \_\_\_\_\_  
Circle Team Age Group 50 60 70 80  
Manager \_\_\_\_\_

### BRIDGE, PARTY

Partner \_\_\_\_\_  
DOB \_\_\_\_\_  
Email \_\_\_\_\_

### CHESS

### CRIBBAGE

\_\_\_\_\_ Singles \_\_\_\_\_ Doubles

### DANCING

\_\_\_\_\_ Boot Scootin' Boogie (no partner)  
\_\_\_\_\_ Charleston (no partner)  
\_\_\_\_\_ Electric Slide (no partner)  
\_\_\_\_\_ Freestyle (no partner)  
\_\_\_\_\_ Twist (no partner)  
\_\_\_\_\_ Cha Cha  
\_\_\_\_\_ Country Two Step  
\_\_\_\_\_ Foxtrot  
\_\_\_\_\_ Jitterbug  
\_\_\_\_\_ Polka  
\_\_\_\_\_ Rumba  
\_\_\_\_\_ Swing  
\_\_\_\_\_ Tango  
\_\_\_\_\_ Waltz  
\_\_\_\_\_ West Coast Swing

Partner \_\_\_\_\_  
DOB \_\_\_\_\_  
Email \_\_\_\_\_

### DARTS

### EUCHRE

### FIELD EVENTS (includes Punt Pass Kick)

\_\_\_\_\_ Discus \_\_\_\_\_ Shotput  
\_\_\_\_\_ High Jump \_\_\_\_\_ Softball Throw  
\_\_\_\_\_ Javelin \_\_\_\_\_ Triple Jump  
\_\_\_\_\_ Long Jump \_\_\_\_\_ Punt Pass Kick

### FISHING

### GOLF

\_\_\_\_\_ 18 Hole, Singles  
\_\_\_\_\_ 18 Hole, Mixed Doubles  
Partner \_\_\_\_\_  
DOB \_\_\_\_\_  
Email \_\_\_\_\_  
\_\_\_\_\_ Putt & Chip

### Polk Senior Games is a Non-Profit Organization.

### Your support will help keep it going!

Donations of \$30 or more are acknowledged on the 30/30 page at [polkseniorgames.org](http://polkseniorgames.org).

I wish to donate \$ \_\_\_\_\_ (check enclosed)

\_\_\_\_\_ To use as needed  
\_\_\_\_\_ Gift made in honor of \_\_\_\_\_  
\_\_\_\_\_ (person, birthday, anniversary, other occasion)  
\_\_\_\_\_ Gift made in memory of \_\_\_\_\_

**Make payable to: Polk Senior Games, 515 E Boulevard St, Bartow, FL 33830**

OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE 1-800-435-7352 WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE." Reg. # CH3366

\_\_\_\_\_ HORSESHOES

\_\_\_\_\_ PEPPER

**PICKLEBALL** Skill Level \_\_\_\_\_

Doubles

Partner \_\_\_\_\_

DOB \_\_\_\_\_

Email \_\_\_\_\_

Mixed Doubles

Partner \_\_\_\_\_

DOB \_\_\_\_\_

Email \_\_\_\_\_

**POWERLIFTING**

Bench Press

Dead Lift

\_\_\_\_\_ ROAD RACE 5K

\_\_\_\_\_ SCRABBLE

\_\_\_\_\_ SENIOR SMARTS

**SHOOTING**

5-Stand

Pistol Iron Sights

Pistol Optics

Pistol 22 Rimless

Rifle

Skeet

Sporting Clays

Trap

**SHUFFLEBOARD**

Singles

Doubles

Partner \_\_\_\_\_

DOB \_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_\_ SUDOKU

**SWIMMING** (refer to page 32 for schedule)

50 Yard Backstroke

100 Yard Backstroke

200 Yard Backstroke

50 Yard Breaststroke

100 Yard Breaststroke

200 Yard Breaststroke

50 Yard Butterfly

100 Yard Butterfly

50 Yard Freestyle

100 Yard Freestyle

200 Yard Freestyle

500 Yard Freestyle

100 Yard Individual Medley

200 Yard Individual Medley

**TABLE TENNIS** (not Tennis)

Singles

Doubles

Partner \_\_\_\_\_

DOB \_\_\_\_\_

Email \_\_\_\_\_

Mixed Doubles

Partner \_\_\_\_\_

DOB \_\_\_\_\_

Email \_\_\_\_\_

**TENNIS** (not Table Tennis) Choose only 2 events

Singles

Doubles

Partner \_\_\_\_\_

DOB \_\_\_\_\_

Email \_\_\_\_\_

Mixed Doubles

Partner \_\_\_\_\_

DOB \_\_\_\_\_

Email \_\_\_\_\_

**TRACK**

50 Meter

400 Meter

100 Meter

800 Meter

200 Meter

1500 Meter

**WALKING**

1500 Meter

5000 Meter

**1) MUST PAY BASE REG. FEE**

**REGISTRATION FEE \$13**

**2) MUST PAY EVENT FEE**

Each event "checked" counts as an event

1 event - \$6      5 events - \$30

2 events - \$12      6 events - \$36

3 events - \$18      7+ events - \$42

4 events - \$24

**EVENT FEE** \_\_\_\_\_

**3) MUST ADD FACILITY FEES**

Archery - \$15

Bowling - \$7.50 **per event**

Golf Singles - \$40

Golf Mixed Doubles - \$40

Pickleball Doubles - \$15

Pickleball Mixed Doubles - \$15

5-Stand Shooting - \$25

Pistol Shooting - \$15 **per event**

Rifle Shooting - \$15

Skeet Shooting - \$17

Sporting Clays - \$25

Trap Shooting - \$17

**4) TOTAL (add #1 + #2 + #3)** \_\_\_\_\_

**YOU MUST SIGN LIABILITY RELEASE AND  
PAY FEES FOR ENTRY TO BE PROCESSED**

## INDIVIDUAL ENTRY FORM: PART 3 of 3

### RELEASE OF LIABILITY - READ BEFORE SIGNING

In consideration of being allowed to participate in any way in the Polk Senior Games program (and the National Senior Games Association) and its related events and activities, I, the undersigned, ACKNOWLEDGE, APPRECIATE AND AGREE that:

(1) The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce the risk, the risk of serious injury does exist; and,

(2) I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,

(3) I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of Polk Senior Games or their representative immediately; and

(4) I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS the Polk Senior Games, their officers, volunteers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I FURTHER AGREE THAT:

(5) I CONSENT TO ALL EMERGENCY MEDICAL TREATMENT as may be deemed appropriate under existing circumstances by medical personnel or personnel associated with Polk Senior Games.

(6) I will ALLOW my PHOTOGRAPH, PICTURE or LIKENESS and/or VOICE to APPEAR in any official documentary, promotional (including any and all advertising), television, radio, or film coverage of the Games, WITHOUT COMPENSATION.

(7) I HAVE READ THE POLK SENIOR GAMES CODE OF CONDUCT (page 8 of the Registration and Rule Book) and UNDERSTAND THAT I MAY BE REMOVED AS A PARTICIPANT IF I VIOLATE THE RULES OF THE CODE OF CONDUCT.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

Participant's Name Printed \_\_\_\_\_

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

SOFTBALL TEAM ENTRY FORM - *Instructions on Back*

A larger Team Entry Form (8.5" x 11") can be printed from website [www.polkseniorgames.org](http://www.polkseniorgames.org) under "Enter the Games" tab.

**Team Fee: \$198** (enclose check, cash, or money order)      **Softball Roster: 11 min - 18 max**

**Team Gender:**    M        F                      **Age Group:**    50+        55+        60+        65+        70+        75+

Team Name \_\_\_\_\_

Have you entered Polk Senior Games in previous years?        Yes        No

Manager First & Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Manager will serve as Emergency Contact for all other members

Do you live in a "senior community"? Which one? \_\_\_\_\_

|      | <u>First and Last Name</u> | <u>DOB</u><br><u>m/d/y</u> | <u>Shirt</u><br><u>Size</u> | <u>EMAIL ADDRESS</u> |
|------|----------------------------|----------------------------|-----------------------------|----------------------|
| Mgr. | _____                      | _____                      | _____                       | _____                |
| 2.   | _____                      | _____                      | _____                       | _____                |
| 3.   | _____                      | _____                      | _____                       | _____                |
| 4.   | _____                      | _____                      | _____                       | _____                |
| 5.   | _____                      | _____                      | _____                       | _____                |
| 6.   | _____                      | _____                      | _____                       | _____                |
| 7.   | _____                      | _____                      | _____                       | _____                |
| 8.   | _____                      | _____                      | _____                       | _____                |
| 9.   | _____                      | _____                      | _____                       | _____                |
| 10.  | _____                      | _____                      | _____                       | _____                |
| 11.  | _____                      | _____                      | _____                       | _____                |
| 12.  | _____                      | _____                      | _____                       | _____                |
| 13.  | _____                      | _____                      | _____                       | _____                |
| 14.  | _____                      | _____                      | _____                       | _____                |
| 15.  | _____                      | _____                      | _____                       | _____                |
| 16.  | _____                      | _____                      | _____                       | _____                |
| 17.  | _____                      | _____                      | _____                       | _____                |
| 18.  | _____                      | _____                      | _____                       | _____                |

# SOFTBALL TEAM ENTRY INSTRUCTIONS

## OPTION 1) NEW ONLINE REGISTRATION

- Visit **www.polkseniorgames.org** - Follow step by step instructions..
- **TEAM MANAGER** must register the team and add players (11 - 18 players) and pay team fee. **Manager must have each team member's first and last name, DOB, shirt size and email address.** If issue adding a member, call 863-533-0055.
- **DEADLINE:** Online entry must be submitted by 11:59 PM ET, Friday Feb 6.

## OPTION 2) PAPER REGISTRATION

Team Entry Form is on page 29. A larger Team Entry Form (8.5" x 11") can be printed from website - [www.polkseniorgames.org](http://www.polkseniorgames.org) under "Enter the Games" tab.

- **TEAM MANAGER** must complete the Team Entry Form. **Each member's name, date of birth, shirt size and email address must be included to process registration. Signatures are not required until event day.**
- **MAIL OR DELIVER ENTRY TO:**  
POLK SENIOR GAMES, 515 EAST BOULEVARD ST, BARTOW FL 33830
- **DEADLINE:** Paper entries must be received at the Polk Senior Games office in Bartow by 5:00 PM on Friday, February 6, 2026. Use overnight service if needed.

### Team Members entering other events in Polk Senior Games

should also register as an individual online or by paper. It is helpful in processing if the Team Manager submits the team and all members before a member submits an Individual Entry Form.

## NOTICE: DAY OF EVENT CHECK-IN

**The Team Manager must submit a copy of the final roster along with a SIGNATURE OF EACH MEMBER AGREEING TO THE RELEASE OF LIABILITY. A roster/signature form will be emailed to the Team Manager after their entry is processed.**

## SOFTBALL

### **Sponsored In Memory of Larry Powell by The Powell Family**

Date and Time: Saturday, February 28 Games begin at 8:00 AM  
Check-in 30 minutes before assigned game time  
Manager will be notified of start time

Site: 1) Southwest Complex  
1444 West Highland Street, Lakeland 33815  
Greenwood Street W off Harden Blvd turns into Highland  
2) Westside Complex, if needed  
1800 W Josephine Street, Lakeland 33815  
West off Harden Blvd, one block north of Highlands Street

Event Manager: Nick Wilbur 863-838-6063

1. Bleacher and dugout seating is available. Bring lawn chairs if desired.

**Continued on next page**



2. **Entries will be accepted on a first-come basis; however, final acceptance of an entry will be determined by the number of entries in an age group.**
3. **Format will be determined by the number of entries in each age group.** Two games are guaranteed. If there is only one team in an age group, it may be combined with another age group but will still be guaranteed at least two games. An equalizer will be used if needed. Teams will receive medals within their own age group.
4. Teams must be of one gender. Players may compete on only one team.
5. Age groups are 50+, 55+, 60+, 65+, 70+, 75+ determined by the age of the youngest player on December 31, 2026.
6. Team uniforms must be of like design and color. Metal cleats are not allowed.
7. Teams must provide bats, gloves, practice balls. Game balls will be provided.
8. **The Team Manager must register the team by online or paper registration.**  
**Online registration:** Follow instructions on website [www.polk seniorgames.org](http://www.polk seniorgames.org)  
**Paper registration:** Complete the Team Entry Form (page 29). A larger printable version (8.5" x 11") is available at [www.polk seniorgames.org](http://www.polk seniorgames.org).  
 Team Entry must include each member's name, date of birth, shirt size, and email address.
9. **On event day, the Team Manager must submit a copy of the final roster with each member's signature agreeing to the Release of Liability. A roster form will be emailed to the Team Manager after the team is registered.**
10. Team rosters must include at least 11 members and no more than 18, including non-playing personnel. If a player cannot attend, another qualified player may be substituted at the event with approval from the Event Manager. Roster changes and additions (up to the limit) must be made before the team's first game.
11. Polk Senior Games T-shirts will be provided only to team members on the original registration.
12. First game time notification will be sent to the Manager before the event.
13. ISA/Senior Softball - USA ([seniorsoftball.com](http://seniorsoftball.com)) rules apply, except as modified.  
**Additional rules are available at [www.polk seniorgames.org/sports](http://www.polk seniorgames.org/sports)**
14. Softball is an "open" event at the Florida Senior Games. See page 9.

## SUDOKU

### Sponsored by Senior Helpers

Date and Time:      Tuesday, March 3                      2:00 PM  
                                  Check-in begins at 1:30 PM

Site:                      First Baptist Church Bartow  
                                  Activity Center  
                                  410 East Church Street, Bartow 33830  
                                  Parking and entrance at back of church off Boulevard Street

Event Manager:      Nancye Blair Black    863-825-5454

1. Men and women are combined in five-year age groups.
2. There will be three 40-minute sessions with 10-minute breaks in between.
3. Puzzles and pencils will be provided. Entrants may bring pencils, white-out, erasers, scratch paper, and pencil sharpeners.
4. Each entrant will receive a packet with 20 puzzles - 5 easy, 5 medium, 5 medium-hard, and 5 hard. Puzzles will have only one possible correct solution. Each correctly completed puzzle will be worth an assigned point value - easy for 3 points each, medium for 7 points each, medium-hard for 11 points each, and hard for 15 points each. Maximum total points is 180.
5. Winners will be determined by the total number of points. Ties will be broken by the player with the fewest number of correct puzzles.

**SWIMMING**  
**Sponsored by Robin Wickman, In Memory of Betty Wickman**

Date and Time:      Saturday, March 7                      1:00 PM  
                                 Sunday, March 8                      9:00 AM  
                                 Check-in and warm-up begins 1/2 hour before start time  
Site:                    **VENUE FOR 2026 DURING YMCA RENOVATION**  
                                 **Rowdy Gaines Olympic Pool**  
                                 **Chain O' Lakes Complex**  
                                 **210 Cypress Gardens Boulevard, Winter Haven 33880**  
Event Manager:      Cheryl Orefice              585-259-1361

**Events on Saturday**

200 Yard Freestyle  
50 Yard Backstroke  
100 Yard Breaststroke  
100 Yard Butterfly  
100 Yard Individual Medley  
50 Yard Breaststroke  
500 Yard Freestyle \*

**Events on Sunday**

200 Yard Breaststroke  
50 Yard Freestyle  
100 Yard Backstroke  
50 Yard Butterfly  
200 Yard Individual Medley  
100 Yard Freestyle  
200 Yard Backstroke

1. **Pool is an outdoor, heated pool.**
2. Swimmers must provide their own suits, caps, goggles and towels.
3. All events are timed finals in a 25-yard short course.
4. \* The 500 Freestyle will be limited to the first 36 entries received. 500 yard Freestyle swimmers should recruit their own lap counters.
5. Registered participants (with photo ID and confirmation email) may practice at Rowdy Gaines Pool, Monday through Friday from noon to 2 PM, for a \$2 fee.
6. A false start will result in a DQ. Forward start may be from blocks, deck or push from wall. Breaststroke and Butterfly turns must be both hands touching simultaneously. Backstroke and Freestyle require some part of body to touch wall.
7. Some seating is provided. Bring chairs, if desired.
8. United States Masters Swimming (usms.org) rules apply, except as modified.
9. Swimming is a "qualifying" event for the Florida Senior Games. See page 9.

**LET'S BE FACEBOOK FRIENDS**

- 1) Type Polk Senior Games in search line and go to PSG page
- 2) Click **Like** below the cover photo
- 3) Scroll through posts below and **Like, Comment** and **Share**
- 4) When you receive posts or notifications about Polk Senior Games, please **Like, Comment** and **Share**

**THANKS, FRIEND!**

## TABLE TENNIS

### Sponsored by John Ellis

Date and Time: Monday, March 9  
 Singles begins 9:00 AM  
 Doubles follows Singles **but will not begin before 1 PM**  
 Mixed Doubles follows Doubles  
 Check-in begins 8:30 AM; Doubles & Mixed can check-in later

Site: Haines City Community Center  
 555 Ledwith Avenue, Haines City 33844  
 Three blocks south of US Highway 17-92 (Hinson Ave)  
 Corner 6th Street and Ledwith Avenue

Event Manager: Ernest Wormley 863-421-3700 ext 5722

1. Equipment must meet USA Table Tennis standards. Participants are encouraged to bring their own paddles; however, some paddles will be available. Sandpaper paddles are not allowed.
2. The main color of a shirt, skirt or shorts, other than sleeves or collar shall be clearly different from that of ball in use. White balls will be used and provided.
3. Appropriate shoes for a gymnasium floor must be worn.
4. Double elimination for singles; single elimination for doubles and mixed doubles.
5. A match is best of five games. The first to score 11 points wins a game, unless both have scored 10 points. In that situation, the serve changes after each point and the winner is the first player to score a two-point advantage.
6. In doubles, age of younger partner on December 31, 2026 determines age group.
7. USA Table Tennis ([www.usatt.org](http://www.usatt.org)) rules apply, except as modified.
8. Table Tennis is a “qualifying” event for the Florida Senior Games. See page 9.

## TENNIS

### Sponsored by The Gandolfo Family

Date and Time: Monday, March 2 Singles begin  
 Tuesday, March 3 Doubles begin, Singles may continue  
 Wednesday, March 4 Doubles continue  
 Thursday, March 5 Mixed Doubles begin  
 Friday, March 6 Mixed Doubles may continue  
 Games start at 8:00 AM - notification will be mailed  
 Check-in 30 minutes before assigned start time

Site: Beerman Family Tennis Center  
 1000 East Edgewood Drive, Lakeland 33803

Event Managers: Cy Smith 863-834-2374  
 Maureen Woodson 863-221-8019

1. Players must provide their own racquets and practice balls. Game balls provided.
2. Participants may enter two of the three Tennis events.
3. The age of the younger partner on December 31, 2026 determines the age group.
4. Tournament format will be single elimination. Matches will be best of three sets. In the event of a third set, a 10-point Coman tie break will be played.
5. **Number of entrants in each age groups will be limited.**
6. Some participants may have to play two or more matches in a given day.
7. Notification of start time will be mailed. Call 863-834-2374 if notification is not received by **Thursday, February 26** or if unable to attend after receiving start time so brackets can be adjusted.
8. United States Tennis Association ([usta.com](http://usta.com)) rules apply, except as modified.
9. Tennis is a “qualifying” event for the Florida Senior Games. See page 9.

**TRACK with OPENING CEREMONY**  
**Sponsored by The Estates at Carpenters**

Date and Time: Saturday, February 28  
Opening Ceremony 8:45 AM  
Track Meet 9:00 AM  
Check-in begins at 8:15 AM  
Site: All Saints Academy Stadium  
5001 State Road 540 West, Winter Haven 33880  
North side of 540, between Thornhill and Spirit Lake Road  
Event Manager: Frank Brooks 863-293-5024, 863-512-1397

1. The six track events are running races. All races will be timed finals.
2. The order of events will be:  
800M 100M 400M 50M 1500M 200M
3. Track is synthetic. Flat running shoes or 1/8 inch spikes allowed. Shirts required.
4. Start blocks will not be provided. Competitors may bring and use their own start blocks.
5. United States Track and Field rules apply (usatf.org), except as modified.
6. Track is a “qualifying” event for the Florida Senior Games. See page 9.

**WALKING**  
**Sponsored by Comfort Keepers**

Date and Time: Saturday, March 14 (after Road Race 5K)  
5000 Meter 10:00 AM  
Check-in between 9:15 - 9:45 AM  
1500 Meter 11:30 AM  
Check-in by 11:15 AM  
Site: Bartow High School Stadium  
1270 South Broadway, Bartow 33830  
Event Managers: Jerry Welch 863-224-2613  
Emmanuel Dones 863-393-3603  
Ralph Price 863-370-2821

1. Walkers may not use the official race walk stride. A power walk or normal walking stride must be used.
2. **Walking Additional Rules and a map of the 5000M street course and are available at [www.polkseniorgames.org/sports](http://www.polkseniorgames.org/sports).**
3. Power Walking is an “open” event at the Florida Senior Games. See page 9.

You may still register using the paper entry form  
found in the center of the booklet.

However, we encourage you to try the  
**NEW ONLINE REGISTRATION SYSTEM**  
**at [www.polkseniorgames.org](http://www.polkseniorgames.org).**

All entries **MUST BE RECEIVED** by Friday, February 6.  
Online registration ends at 11:59 PM ET, and  
Paper entries must arrive at the Bartow office by 5 PM.  
No entries will be accepted after the deadline.

# 2025 SPECIAL AWARDS

## Outstanding Competitors

Linda Bradley  
Robin Wickman

## Oldest Competitor

Margie (Joan) Harman  
98 Years

## Stretch Awards

Perfect Score in Skeet!  
Chuck Rossetter 50

What a Catch in Fishing!  
Jim Binnion 49  
Jeff Slaten 51

## Most Represented

### Senior Community (by %)

1-200 lots  
Lakeside Ranch, Winter Haven  
201+ lots  
Highland Fairways, Lakeland

## Outstanding Event Managers

John Syversen - Rifle Shooting  
Ken Keding - Horseshoes  
Gene Burch - Pickleball

## Nancye Thornberry Outstanding Volunteer Awards

Denise Overlock  
Polk County  
Parks & Recreation Volunteers  
Publix Volunteers

## Best of Age Group

**50-54** Yolimar Bolivar  
Brian Richards

**55-59** Denise Overlock  
Steve Todd

**60-64** Janet Lamoureux  
Viatcheslav Oulianov

**65-69** Linda Bradley  
Steve Pepe

**70-74** Julie Palas  
Ian Larrier

**75-79** Cecelia Lawrey  
Bruce Kane

**80-84** Angie Phillips  
Robin Wickman

**85-89** Betty Harstad  
John Wardner

**90-94** Shirley Carnahan  
Gordon Wilson

**95-99** Gloria Smith  
Dick Cheney



**ARCHERY**  
Central Florida Archers



**BAG TOSS**  
Lake Region Village, Haines City



**BASKETBALL SHOOTING**  
Kirkland Gym, Lake Wales



**BILLIARDS**  
Brewlands Bar and Billiards North



**BOWLING**  
Maple Lanes Lakeland



**BRIDGE**  
Sanlan Golf & RV Resort, Lakeland



**CHESS**  
The Estates at Carpenters



**CRIBBAGE**  
Simpson Park in 2026



**DANCING**  
The Hamptons, Auburndale



**DARTS**  
Medulla Baptist Church



**PEPPER**  
Sanlan Golf & RV Resort



**EUCHRE**  
Bartow Civic Center



**SWIMMING**  
Chain O' Lakes Complex in 2026



**TABLE TENNIS**  
Haines City Community Center



**POWERLIFTING**  
Debs Gym, Lakeland



**ROAD RACE 5K**  
Bartow High School



**SCRABBLE**  
Lake Morton Senior Living



**SENIOR SMARTS**  
First Baptist Church Bartow



**PISTOL SHOOTING**  
Shoot Straight Lakeland



**RIFLE SHOOTING**  
Lakeland Rifle & Pistol Club



# POLK SENIOR GAMES RECORDS

## ARCHERY 600 Round

### Barebow Recurve , Women

|       |              |     |      |
|-------|--------------|-----|------|
| 55-59 | Gail Noland  | 28  | 2015 |
| 60-64 | Gail Noland  | 40  | 2016 |
| 65-69 | Gail Noland  | 24  | 2025 |
| 80-84 | Anna Hartman | 402 | 2018 |
| 85-89 | Anna Hartman | 266 | 2019 |
| 90-94 | Anna Hartman | 315 | 2024 |

### Barebow Recurve, Men

|       |                 |     |      |
|-------|-----------------|-----|------|
| 55-59 | Gerald Nichols  | 340 | 2016 |
| 65-69 | Gerald Nichols  | 429 | 2024 |
| 70-74 | Lon Goodenow    | 393 | 2018 |
| 75-79 | Frank Skvarek   | 445 | 2013 |
| 80-84 | Roy Bowen       | 326 | 2019 |
| 85-89 | Harry Lancaster | 184 | 2017 |

### Compound Finger, Men

|       |             |     |      |
|-------|-------------|-----|------|
| 65-69 | John Gauger | 540 | 2013 |
| 70-74 | John Gauger | 529 | 2016 |
| 75-79 | Carl Frank  | 506 | 2014 |
| 80-84 | John Gauger | 507 | 2025 |

### Compound Release, Women

|       |                    |     |      |
|-------|--------------------|-----|------|
| 50-54 | Tressa Boyer       | 548 | 2019 |
| 55-59 | Jacqueline Arthurs | 528 | 2016 |
| 60-64 | Rhonda Rex         | 541 | 2016 |
| 65-69 | Rhonda Rex         | 553 | 2018 |
| 70-74 | Hazel Grimes       | 538 | 2018 |
| 75-79 | Kathryn O'Shea     | 418 | 2025 |
| 80-84 | Barbara Steffens   | 84  | 2014 |

### Compound Release, Men

|       |                   |     |      |
|-------|-------------------|-----|------|
| 50-54 | John Boyer        | 590 | 2019 |
| 55-59 | Jeff Markey       | 581 | 2014 |
|       | James Powell      | 581 | 2017 |
| 60-64 | Gary Rex          | 585 | 2014 |
|       | Jeff Markey       | 585 | 2017 |
| 65-69 | Gary Rex          | 586 | 2015 |
| 70-74 | Ronald Fulmer     | 577 | 2014 |
| 75-79 | Richard Sokoloski | 576 | 2013 |
| 80-84 | Richard Sokoloski | 568 | 2018 |
| 85-89 | Jack Cason        | 544 | 2017 |

### Recurve, Women

|       |               |     |      |
|-------|---------------|-----|------|
| 60-64 | Angie Olds    | 466 | 2013 |
| 65-69 | Gail Noland   | 20  | 2024 |
| 70-74 | Alice Prestin | 19  | 2016 |

### Recurve, Men

|       |                      |     |      |
|-------|----------------------|-----|------|
| 50-54 | Viatcheslav Oulianov | 435 | 2018 |
| 55-59 | Viatcheslav Oulianov | 504 | 2019 |
| 60-64 | Daniel Crawford      | 469 | 2024 |
| 65-69 | Larry Michael        | 522 | 2013 |
| 70-74 | Larry Michael        | 434 | 2018 |
| 75-79 | Larry Michael        | 358 | 2024 |
| 85-89 | Donald Noland        | 28  | 2018 |

## BASKETBALL SHOOTING

### Free Throw Shooting, Women

|       |                    |    |      |
|-------|--------------------|----|------|
| 50-54 | Diane Foli         | 22 | 2015 |
| 55-59 | Cheryl McDermeit   | 24 | 2014 |
| 60-64 | Patricia Ashby     | 28 | 2002 |
| 65-69 | Chris Evans        | 28 | 2023 |
| 70-74 | Charlotte Miller   | 25 | 2010 |
| 75-79 | Claudette Braswell | 26 | 2013 |
| 80-84 | Claudette Braswell | 21 | 2017 |
| 85-89 | Dot VanFarowe      | 4  | 2018 |

### Free Throw Shooting, Men

|       |                  |            |      |
|-------|------------------|------------|------|
| 50-54 | Dennis Sweeney   | 28         | 2004 |
|       | Ronald Becton    | 28         | 2009 |
| 55-59 | Dennis Sweeney   | 30 perfect | 2006 |
| 60-64 | Harry Carothers  | 30 perfect | 2005 |
|       | William Oliver   | 30 perfect | 2014 |
| 65-69 | Harry Carothers  | 30 perfect | 2011 |
|       | Garland Reynolds | 30 perfect | 2020 |
| 70-74 | Peter Smith      | 29         | 2011 |
| 75-79 | Andy McGuffin    | 29         | 2000 |
| 80-84 | Andy McGuffin    | 30 perfect | 2007 |

|       |               |    |      |
|-------|---------------|----|------|
| 85-89 | Andy McGuffin | 27 | 2011 |
| 90-94 | Andy McGuffin | 28 | 2016 |

### Spot Field Goal Shooting, Women

|       |                    |    |      |
|-------|--------------------|----|------|
| 50-54 | Diane Foli         | 13 | 2017 |
| 55-59 | Chris Evans        | 11 | 2015 |
| 60-64 | Chris Evans        | 11 | 2019 |
| 65-69 | Carol Waters       | 10 | 2013 |
| 70-74 | Claudette Braswell | 11 | 2010 |
| 75-79 | Claudette Braswell | 13 | 2015 |
| 80-84 | Claudette Braswell | 10 | 2018 |
| 85-89 | Dot VanFarowe      | 2  | 2018 |

### Spot Field Goal Shooting, Men

|       |                 |    |      |
|-------|-----------------|----|------|
| 50-54 | Steve McDermeit | 13 | 2006 |
| 55-59 | Ronald Becton   | 14 | 2012 |
| 60-64 | Harry Carothers | 13 | 2006 |
| 65-69 | Harry Carothers | 13 | 2010 |
| 70-74 | Harry Carothers | 13 | 2015 |
|       | Thomas Smith    | 13 | 2024 |
| 75-79 | Harry Carothers | 12 | 2019 |
|       | William Oliver  | 12 | 2025 |
| 80-84 | Andy McGuffin   | 13 | 2005 |
| 85-89 | Andy McGuffin   | 13 | 2011 |
| 90-94 | Andy McGuffin   | 14 | 2015 |

### Timed Field Goal Shooting, Women

|       |                    |     |      |
|-------|--------------------|-----|------|
| 50-54 | Diane Foli         | 154 | 2015 |
| 55-59 | Chris Evans        | 101 | 2015 |
| 60-64 | Trish LeGros       | 86  | 2019 |
| 65-69 | Carol Waters       | 114 | 2015 |
| 70-74 | Claudette Braswell | 111 | 2010 |
| 75-79 | Claudette Braswell | 101 | 2012 |
| 80-84 | Claudette Braswell | 87  | 2018 |

### Timed Field Goal Shooting, Men

|       |                 |     |      |
|-------|-----------------|-----|------|
| 50-54 | Dennis Sweeney  | 111 | 2005 |
|       | Steve McDermeit | 111 | 2005 |
| 55-59 | Steve McDermeit | 120 | 2014 |
| 60-64 | Harry Carothers | 127 | 2006 |
| 65-69 | William Oliver  | 141 | 2015 |
| 70-74 | Harry Carothers | 110 | 2014 |
| 75-79 | Harry Carothers | 120 | 2019 |
| 80-84 | Harry Carothers | 145 | 2024 |
| 85-89 | Andy McGuffin   | 120 | 2013 |
| 90-94 | Andy McGuffin   | 125 | 2014 |

## BOWLING Singles, Women

|       |                    |     |      |
|-------|--------------------|-----|------|
| 50-54 | Pamela Sprow       | 643 | 2011 |
| 55-59 | Lisa McGraw        | 662 | 2016 |
| 60-64 | Barbara Gnegy      | 713 | 2010 |
| 65-69 | Barbara Gnegy      | 614 | 2012 |
| 70-74 | Martha Evans       | 603 | 2011 |
| 75-79 | Barbara G Doucette | 573 | 2025 |
| 80-84 | Machiko Gotsuco    | 539 | 2015 |
| 85-89 | Betty Hall         | 502 | 2012 |
| 90-94 | Lillian Webb       | 499 | 2007 |
| 95-99 | Lillian Webb       | 426 | 2012 |

## Singles, Men

|         |                  |     |      |
|---------|------------------|-----|------|
| 50-54   | Salvador Trevino | 741 | 2016 |
| 55-59   | Stanley Sprow    | 803 | 2014 |
| 60-64   | Bud Serletic     | 732 | 1996 |
| 65-69   | Michael Moses    | 842 | 2023 |
| 70-74   | Jimmy Coffman    | 768 | 2018 |
| 75-79   | John Spencer     | 762 | 2014 |
| 80-84   | Bruce Tohm       | 706 | 2013 |
| 85-89   | Gil Rosenthal    | 625 | 2015 |
| 90-94   | Garfield Sager   | 551 | 2011 |
| 95-99   | Frank Farrington | 474 | 2003 |
| 100-104 | Frank Farrington | 427 | 2008 |

## Doubles, Women

|       |                                |      |      |
|-------|--------------------------------|------|------|
| 50-54 | Pamela Sprow /Janis Caffee     | 1338 | 2013 |
| 55-59 | Tina Peavy/Nadine Lewis        | 1249 | 2018 |
| 60-64 | Barbara Gnegy/Carolyn Bass     | 1171 | 2009 |
| 65-69 | Diane Downy/Barbara Gnegy      | 1199 | 2015 |
| 70-74 | Terri Stein/Gloriann Dickinson | 1161 | 2018 |
| 75-79 | Winnie Ball/Helen Weaver       | 1006 | 2001 |

|                                    |  |             |      |                             |                       |              |      |
|------------------------------------|--|-------------|------|-----------------------------|-----------------------|--------------|------|
| 80-84                              | Irene Watson & Jo Ann Harrison                                   | 1111        | 2007 | 90-94                       | David Chase           | 63' 10 3/4"  | 2010 |
| 85-89                              | Betty Hall & Irene Watson  | 879         | 2013 | 95-99                       | Ed Butters            | 32' 4"       | 2003 |
| 90-94                              | Betty Hall & Helen Snyder  | 734         | 2018 | <b>High Jump, Women</b>     |                       |              |      |
| <b>Doubles, Men</b>                |  |             |      | 50-54                       | Janet Lamoureux       | 3' 10"       | 2016 |
| 50-54                              | John Ramsey & Bruce Devivo                                       | 1357        | 2002 | 55-59                       | Barbara Cleveland     | 4' 2"        | 1999 |
| 55-59                              | Bud Serletic & DA Bottoms  | 1431        | 2000 | 60-64                       | Peggy Peck            | 4' 2 1/2"    | 2017 |
| 60-64                              | Michael Prunier & Chuck Thivierge                                | 1334        | 2023 | 65-69                       | Peggy Peck            | 4' 2"        | 2019 |
| 65-69                              | Chuck Cook & Charles Leak  | 1410        | 2004 | 70-74                       | Peggy Peck            | 3' 10"       | 2024 |
| 70-74                              | Frederick Pronk & Clifford Beaumont                              | 1340        | 2019 | 75-79                       | Evelyn Wright         | 3' 6"        | 2012 |
| 75-79                              | Richard Coleman & Edward McNulty                                 | 1336        | 2024 | 80-84                       | Ethel Lehmann         | 3' 2"        | 2010 |
| 80-84                              | Gene Mabe & Peter Casella  | 1255        | 2018 | 85-89                       | Ethel Lehmann         | 2' 10"       | 2018 |
| 85-89                              | Bruce Tohm & Glenn Johnston                                      | 1078        | 2020 | 90-94                       | Ethel Lehmann         | 2' 10"       | 2020 |
| 90-94                              | James Hurtle & Gil Rosenthal                                     | 817         | 2018 | 95-99                       | Ethel Lehmann         | 2' 4"        | 2024 |
| <b>Mixed Doubles</b>               |  |             |      | <b>High Jump, Men</b>       |                       |              |      |
| 50-54                              | Pamela Sprow & Stanley Sprow                                     | 1376        | 2013 | 50-54                       | Adam Novak            | 5' 2"        | 2022 |
| 55-59                              | Bud Serletic & Tomi Lee Burns                                    | 1329        | 2005 | 55-59                       | Carlos Urrutia        | 5' 2"        | 2015 |
| 60-64                              | John Ramsey & Mary Ellen Wadley                                  | 1330        | 2004 | 60-64                       | Carlos Urrutia        | 5'           | 2018 |
| 65-69                              | Jo Ann Martinez & Richard Hill                                   | 1263        | 1996 | 65-69                       | Randy Blankenship     | 4' 8"        | 2022 |
| 70-74                              | Terri Stein & Mel Lichtenberg                                    | 1334        | 2017 | 70-74                       | Richard Lowery        | 4' 8"        | 2003 |
| 75-79                              | Rosa Schuler & Bruce Tohm  | 1179        | 2011 | 75-79                       | Richard Lowery        | 4' 7"        | 2010 |
| 80-84                              | Dolly Pretari & Joe Lane   | 1102        | 2007 | 80-84                       | Richard Lowery        | 4' 4"        | 2011 |
| 85-89                              | Irene Watson & Everett Rieck                                     | 1055        | 2013 | 85-89                       | Richard Lowery        | 3' 10"       | 2017 |
| 90-94                              | Betty Hall & James Hurtle  | 913         | 2018 | 90-94                       | David Chase           | 3' 2"        | 2010 |
| 95-99                              | Evelyn Gregor & Carl Laubach                                     | 850         | 2009 | <b>Javelin, Women</b>       |                       |              |      |
| <b>Team Bowling</b>                |  |             |      | 50-54                       | Jennifer Banks        | 77' 5"       | 2022 |
| 50+                                | Just Rollin  | 2399        | 2017 | 55-59                       | Erika Messner         | 93' 1/2"     | 1994 |
| 60+                                | Cicero Carr Jr, Diane Downey, Lisa Polonezykm, Daniel Young      |             |      | 60-64                       | Peggy Peck            | 77' 9"       | 2017 |
|                                    | Bowling Bandits  | 2428        | 2023 | 65-69                       | Peggy Peck            | 72' 10"      | 2019 |
|                                    | Eddie Doucette, Barbara G. Doucette, Stanley Sprow, Wanda Thomas |             |      | 70-74                       | Peggy Peck            | 69' 8"       | 2024 |
| 70+                                | Whatever   | 2142        | 2018 | 75-79                       | Ethel Lehmann         | 68' 4 1/2"   | 2004 |
|                                    | Peter Casella, Beverly Hines, Gene Mabe, Monty Sours             |             |      | 80-84                       | Madeline Cazel        | 69' 4 1/2"   | 2017 |
| <b>FIELD EVENTS, Discus, Women</b> |  |             |      | 85-89                       | Madeline Cazel        | 50' 10 1/4"  | 2023 |
| 50-54                              | Karen Sapp   | 73' 5"      | 2003 | 90-94                       | Ethel Lehmann         | 38' 8 1/2"   | 2020 |
| 55-59                              | Erika Messner  | 81' 8 1/2"  | 1994 | 95-99                       | Ethel Lehmann         | 37' 9"       | 2024 |
| 60-64                              | Lisa Godin   | 84' 9"      | 2022 | <b>Javelin, Men</b>         |                       |              |      |
| 65-69                              | Erika Messner  | 75' 7"      | 2002 | 50-54                       | John Selleh           | 149'         | 2001 |
| 70-74                              | Evelyn Wright  | 63' 7 3/4"  | 2010 | 55-59                       | John Selleh           | 143' 7"      | 2003 |
| 75-79                              | Evelyn Wright  | 65' 8"      | 2012 | 60-64                       | Rudy Viaardingerbroek | 141' 5 1/2"  | 2009 |
| 80-84                              | Madeline Cazel   | 63' 1"      | 2019 | 65-69                       | William Rothley       | 126' 10"     | 2000 |
| 85-89                              | Madeline Cazel   | 60' 1 3/4"  | 2024 | 70-74                       | Matt McGillen         | 122' 9"      | 2024 |
| 90-94                              | Ethel Lehmann  | 31' 3"      | 2020 | 75-79                       | Martin Menkin         | 116' 9 1/2"  | 2022 |
| 95-99                              | Ethel Lehmann  | 33' 11 1/4" | 2024 | 80-84                       | Don Miller            | 101' 10 3/4" | 2018 |
| <b>Discus, Men</b>                 |  |             |      | 85-89                       | Don Miller            | 96' 9"       | 2022 |
| 50-54                              | Gary Lane  | 139' 9"     | 1998 | 90-94                       | David Chase           | 56' 3"       | 2014 |
| 55-59                              | Marc Volpe   | 134' 2 1/4" | 2022 | 95-99                       | Ed Butters            | 37'          | 2003 |
| 60-64                              | Roland Jones   | 146' 1"     | 2018 | <b>Long Jump, Women</b>     |                       |              |      |
| 65-69                              | Len Olson  | 157' 5 1/2" | 1998 | 50-54                       | Jodie Brown           | 12' 6"       | 2019 |
| 70-74                              | Roland Jones   | 138' 9 1/4" | 2025 | 55-59                       | Barbara Cleveland     | 12' 9 1/2"   | 1999 |
| 75-79                              | Donald Ragon   | 126' 3 3/4" | 2022 | 60-64                       | Barbara Cleveland     | 13' 3"       | 2003 |
| 80-84                              | Fred Weber   | 100' 2"     | 2020 | 65-69                       | Peggy Peck            | 10' 8 1/2"   | 2019 |
| 85-89                              | Don Miller   | 81' 2 1/2"  | 2022 | 70-74                       | Peggy Peck            | 9' 10 1/2"   | 2024 |
|                                    |  |             |      | 75-79                       | Ethel Lehmann         | 9'           | 2006 |
|                                    |  |             |      | 80-84                       | Ethel Lehmann         | 8' 4"        | 2009 |
|                                    |  |             |      | 85-89                       | Ethel Lehmann         | 8' 4"        | 2018 |
|                                    |  |             |      | 90-94                       | Lillian Webb          | 4' 8"        | 2008 |
|                                    |  |             |      | 95-99                       | Lillian Webb          | 4' 11"       | 2012 |
|                                    |  |             |      | <b>Long Jump, Men</b>       |                       |              |      |
|                                    |  |             |      | 50-54                       | Charles Jordan        | 16'          | 2010 |
|                                    |  |             |      | 55-59                       | Alfred Leon           | 17'          | 2016 |
|                                    |  |             |      | 60-64                       | Alfred Leon           | 15' 6"       | 2022 |
|                                    |  |             |      | 65-69                       | Alfred Leon           | 14' 4 1/2"   | 2025 |
|                                    |  |             |      | 70-74                       | Douglas Thomas        | 13' 5"       | 2019 |
|                                    |  |             |      | 75-79                       | William Rothley       | 12' 11"      | 2008 |
|                                    |  |             |      | 80-84                       | Bill Karjane          | 11'          | 2020 |
|                                    |  |             |      | 85-89                       | Sid Duckman           | 9' 7"        | 2006 |
|                                    |  |             |      | 90-94                       | David Chase           | 7' 9"        | 2012 |
|                                    |  |             |      | <b>Punt Pass Kick Women</b> |                       |              |      |
|                                    |  |             |      | 50-54                       | Jennifer Banks        | 273' 3"      | 2020 |
|                                    |  |             |      | 55-59                       | Sandy Civitarese      | 266' 7"      | 2020 |
|                                    |  |             |      | 60-64                       | Sandy Civitarese      | 244'         | 2025 |
|                                    |  |             |      | 65-69                       | Ethel Lehmann         | 199'         | 1999 |
|                                    |  |             |      | 70-74                       | Ethel Lehmann         | 245' 10"     | 2000 |
|                                    |  |             |      | 75-79                       | Ethel Lehmann         | 184' 6"      | 2005 |
|                                    |  |             |      | 80-84                       | Ethel Lehmann         | 195' 10"     | 2010 |

|                              |                    |          |      |  |                                   |          |               |
|------------------------------|--------------------|----------|------|--|-----------------------------------|----------|---------------|
| 85-89                        | Ethel Lehmann      | 171' 1"  | 2016 | 70-74                                  | Cecil Lowden                      | 25' 7"   | 2022          |
| 90-94                        | Ethel Lehmann      | 122' 8"  | 2020 | 75-79                                  | Bill Rothley                      | 24' 8½"  | 2009          |
| 95-99                        | Ethel Lehmann      | 107' 9"  | 2024 | 80-84                                  | Bill Karjane                      | 22' 10½" | 2019          |
| <b>Men</b>                   |                    |          |      | 85-89                                  | Bill Rothley                      | 18' 4"   | 2019          |
| 50-54                        | Kendal Shaw        | 404' 2"  | 2018 | 90-94                                  | David Chase                       | 17"      | 2011          |
| 55-59                        | Matt McGillen      | 420' 1"  | 2010 | <b>FISHING</b>                         |                                   |          |               |
| 60-64                        | Matt McGillen      | 416' ½"  | 2017 | <b>Quantity</b>                        |                                   |          |               |
| 65-69                        | Matt McGillen      | 365' 0"  | 2019 | 50-54                                  | Jeff Slaten                       | 10       | 2019          |
| 70-74                        | Bud Hollowell      | 337' 4"  | 2013 | 55-59                                  | Jeff Slaten                       | 23       | 2020          |
| 75-79                        | Bill Karjane       | 307' 7"  | 2018 | 60-64                                  | Jeff Slaten                       | 51       | 2025          |
| 80-84                        | Bill Karjane       | 296' 6"  | 2020 | 65-69                                  | James Christian                   | 62       | 2018          |
| 85-89                        | Ross Stauffer      | 219' 4"  | 2010 | 70-74                                  | James Christian                   | 35       | 2014          |
| 90-94                        | Dick Cheney        | 127' 9"  | 2019 | 75-79                                  | Helen Grieshaber                  | 23       | 2014          |
| 95-99                        | Dick Cheney        | 76' 9"   | 2025 | 80-84                                  | Tubby Harrison                    | 10       | 2000          |
| <b>Shot-put, Women</b>       |                    |          |      | 85-89                                  | Bill Janssen                      | 12       | 2019          |
| 50-54                        | Diane Workum       | 30' 9"   | 2014 | 90-94                                  | Bill Janssen                      | 14       | 2024          |
| 55-59                        | Erika Messner      | 31' 9½"  | 1994 | 95-99                                  | Doris Jenkins                     | 1        | 2019          |
| 60-64                        | Erika Messner      | 32' 8"   | 2000 |  | Paul Dickey                       | 1        | 2020          |
| 65-69                        | Erika Messner      | 29' 4"   | 2003 | <b>Length</b>                          |                                   |          |               |
| 70-74                        | Peggy Peck         | 24' 10¼" | 2024 | 50-54                                  | Gus Palas                         | 11"      | Catfish 2011  |
| 75-79                        | Evelyn Wright      | 26' 7¾"  | 2013 | 55-59                                  | Pamela Matunas                    | 17"      | Catfish 2018  |
| 80-84                        | Madelaine Cazel    | 20' 5¾"  | 2019 | 60-64                                  | Pamela Matunas                    | 22"      | Catfish 2019  |
| 85-89                        | Ethel Lehmann      | 19' 7"   | 2018 | 65-69                                  | Steven Totten                     | 35"      | Carp 2016     |
| 90-94                        | Ethel Lehmann      | 16' 3½"  | 2020 | 70-74                                  | Robert Dostal                     | 22¼"     | Cat 2014      |
| 95-99                        | Lillian Webb       | 15' ¾"   | 2012 | 75-79                                  | Jim Partain                       | 36½"     | Carp 2018     |
| <b>Shot-put, Men</b>         |                    |          |      | 80-84                                  | Donald Kremer                     | 22"      | Bass 2016     |
| 50-54                        | Donald Winters     | 47½"     | 2018 | 85-89                                  | Dirk Hoffer                       | 18"      | Bass 2015     |
| 55-59                        | David Grossman     | 38½"     | 2006 | 90-94                                  | John Cotterill                    | 21"      | Bass 2020     |
| 60-64                        | Gary Winters       | 45' 6"   | 2003 | 95-99                                  | Paul Dickey                       | 7¼"      | Bluegill 2020 |
| 65-69                        | Len Olson          | 45' 5½"  | 2000 | <b>GOLF Singles, Women</b>             |                                   |          |               |
| 70-74                        | James Oglesby      | 43' 9"   | 2008 | 50-54                                  | Janet Brown                       | 73       | 2004          |
| 75-79                        | James Oglesby      | 42' 1"   | 2010 | 55-59                                  | Joanne Ahearn                     | 73       | 2006          |
| 80-84                        | Karlis Ezerins     | 33' 6½"  | 2007 | 60-64                                  | Ursula Johnston                   | 74       | 2004          |
| 85-89                        | Karlis Ezerins     | 32' 5½"  | 2012 |  | Barbara Heddon                    | 74       | 2007          |
| 90-94                        | David Chase        | 27' 2"   | 2011 | 65-69                                  | Mettie Withers                    | 75       | 2004          |
| 95-99                        | Dick Cheney        | 17' 9"   | 2025 | 70-74                                  | Ethelyn Bartlett                  | 75       | 2007          |
| <b>Softball Throw, Women</b> |                    |          |      | 75-79                                  | Gail Brown                        | 77       | 2013          |
| 50-54                        | Karen Sapp         | 146' 3"  | 2003 | 80-84                                  | Nancy Chafee                      | 82       | 2024          |
| 55-59                        | Sandy Civitarese   | 144' 2"  | 2020 | 85-89                                  | Orabelle Beach                    | 92       | 2007          |
| 60-64                        | Sandy Civitarese   | 165' 4"  | 2025 |  | Mary Bourque                      | 92       | 2009          |
| 65-69                        | Ethel Lehmann      | 121' 5"  | 1999 | 90-94                                  | Lauretta Wise                     | 109      | 2006          |
| 70-74                        | Ethel Lehmann      | 115' 5"  | 2000 | 90-94                                  | Rita McDonald                     | 109      | 2018          |
| 75-79                        | Ethel Lehmann      | 120' 1"  | 2006 | <b>Singles, Men</b>                    |                                   |          |               |
| 80-84                        | Ethel Lehmann      | 108' 11" | 2009 | 50-54                                  | Ira Dunning                       | 71       | 1997          |
| 85-89                        | Ethel Lehmann      | 86'      | 2016 | 55-59                                  | Curtis Madson                     | 68       | 1997          |
| 90-94                        | Ethel Lehmann      | 75' 10"  | 2023 | 60-64                                  | Brian Jeffery                     | 71       | 2005          |
| 95-99                        | Ethel Lehmann      | 65' 9½"  | 2024 |  | Don McQuaig                       | 71       | 2006          |
| <b>Softball Throw, Men</b>   |                    |          |      | 65-69                                  | Don McQuaig                       | 69       | 2014          |
| 50-54                        | Armond Laframboise | 253' 5"  | 2001 | 70-74                                  | Bill Jukes                        | 70       | 2014          |
| 55-59                        | Armond Laframboise | 235' 11" | 2003 | 75-79                                  | Cliff Brown                       | 70       | 2015          |
| 60-64                        | Matt McGillen      | 213' 4"  | 2014 | 80-84                                  | Robert Cheatham                   | 73       | 2005          |
| 65-69                        | Howard Friedman    | 204' 9"  | 2024 | 85-89                                  | Cliff Brown                       | 76       | 2025          |
| 70-74                        | Bill Karjane       | 182' 1½" | 2009 | 90-94                                  | Albert Otte                       | 81       | 2012          |
| 75-79                        | Bill Karjane       | 159' 1"  | 2014 | 95-99                                  | Dean Fulton                       | 97       | 2012          |
| 80-84                        | Bill Karjane       | 147' 2"  | 2019 | <b>Mixed Doubles</b>                   |                                   |          |               |
| 85-89                        | Don Miller         | 128' 6"  | 2023 | 50-54                                  | John Shotwell & Evie Harrison     | 73       | 2016          |
| 90-94                        | Gordon Wilson      | 79' 5"   | 2025 | 55-59                                  | Kendal Shaw & Kathy Kampman       | 69       | 2025          |
| 95-99                        | Dick Cheney        | 50' 8"   | 2025 | 60-64                                  | Ann Griffin & Ed Griffin          | 71       | 2018          |
| 100-104                      | Frank Farrington   | 29' 6¾"  | 2008 | 65-69                                  | Sue Doerrer & Curt Doerrer        | 70       | 2016          |
| <b>Triple Jump, Women</b>    |                    |          |      |  | Louise Robitaille/Stephen Warboys | 70       | 2025          |
| 50-54                        | Janet Lamoureux    | 25' 1"   | 2016 | 70-74                                  | Donna Aitken & Cliff Brown        | 66       | 2018          |
| 55-59                        | Jodie Brown        | 22' 11½" | 2020 | 75-79                                  | Phil Villemure & Jackie Villemure | 73       | 2025          |
| 60-64                        | Peggy Peck         | 25' 7"   | 2018 | 80-84                                  | Connie Doubet & Thomas Doubet     | 77       | 2018          |
| 65-69                        | Peggy Peck         | 24' 3½"  | 2019 |  | Richard Pepin/Martha Schoonover   | 77       | 2025          |
| 70-74                        | Peggy Peck         | 22' 5"   | 2024 | 85-89                                  | Connie Doubet & Thomas Doubet     | 83       | 2023          |
| 75-79                        | Evelyn Wright      | 18' 10"  | 2012 | <b>POWERLIFTING Bench Press, Women</b> |                                   |          |               |
| 80-84                        | Ethel Lehmann      | 16' 7"   | 2010 | 50-54 wt 105                           | Dinah Yarborough                  | 95 lb    | 2024          |
| 85-89                        | Ethel Lehmann      | 12' 1"   | 2018 | 50-54 wt 123                           | Sheryl Bradford                   | 120 lb   | 2017          |
| 90-94                        | Ethel Lehmann      | 10' 9"   | 2020 | 50-54 wt 132                           | Sheryl Bradford                   | 120 lb   | 2016          |
| 95-99                        | Ethel Lehmann      | 6' 9½"   | 2024 | 50-54 wt 148                           | Lenore Devore                     | 115 lb   | 2013          |
| <b>Triple Jump, Men</b>      |                    |          |      | 50-54 wt 165                           | Eberle Funches                    | 155 lb   | 2019          |
| 50-54                        | Alfred Leon        | 33' 10"  | 2015 | 50-54 wt 181                           | Lenore Devore                     | 135 lb   | 2016          |
| 55-59                        | Alfred Leon        | 36' 7"   | 2017 | 50-54 wt 198                           | Heather Earl                      | 100 lb   | 2024          |
| 60-64                        | Brian Hankerson    | 36' 1"   | 2023 |  |                                   |          |               |
| 65-69                        | Alfred Leon        | 32' 1 ¾" | 2025 |  |                                   |          |               |

|                         |                  |        |      |                        |                      |        |      |
|-------------------------|------------------|--------|------|------------------------|----------------------|--------|------|
| 50-54 wt 198+           | Ronda Bouie      | 150 lb | 2024 | 50-54 wt 308           | William Davis        | 315 lb | 2023 |
| 55-59 wt 105            | Janet Wickman    | 35 lb  | 2017 | 50-54 wt SHW           | Miguel Rodriguez     | 535 lb | 2012 |
| 55-59 wt 114            | Nancy Georges    | 75 lb  | 2010 | 55-59 wt 148           | Michael Libys        | 190 lb | 2017 |
| 55-59 wt 123            | Yvette Fox       | 115 lb | 2017 | 55-59 wt 165           | Jerry Mobley         | 275 lb | 2015 |
| 55-59 wt 132            | Andrea Kidd      | 130 lb | 2019 | 55-59 wt 181           | John Wisenbacker     | 275 lb | 2025 |
| 55-59 wt 148            | Maggie Colson    | 130 lb | 2020 | 55-59 wt 198           | Keith Grimes         | 270 lb | 2012 |
| 55-59 wt 165            | Lenore Devore    | 120 lb | 2018 | 55-59 wt 220           | James Jacobs         | 350 lb | 2023 |
| 55-59 wt 181            | Ronda Bouie      | 115 lb | 2025 | 55-59 wt 242           | James Jacobs         | 370 lb | 2024 |
| 55-59 wt 198            | Gail Noland      | 75 lb  | 2012 | 55-59 wt 275           | Sam Beckwith         | 475 lb | 2020 |
| 55-59 wt 199+           | Dawn Black       | 95 lb  | 2015 | 55-59 wt 308           | Viatcheslav Oulianov | 280 lb | 2020 |
| 60-64 wt 110            | Janet Wickman    | 80 lb  | 2020 | 55-59 wt SHW           | David Friedlender    | 355 lb | 2011 |
| 60-64 wt 114            | Nancy Georges    | 90 lb  | 2015 | 60-64 wt 132           | Frank Scianimanico   | 200 lb | 2017 |
| 60-64 wt 123            | Yvette Fox       | 120 lb | 2018 | 60-64 wt 148           | John March           | 240 lb | 2019 |
| 60-64 wt 132            | Yvette Fox       | 120 lb | 2020 | 60-64 wt 165           | John March           | 275 lb | 2020 |
| 60-64 wt 148            | Laurie Schoepe   | 95 lb  | 2019 | 60-64 wt 181           | Kelley Collier       | 235 lb | 2012 |
| 60-64 wt 162            | Judy Parsons     | 60 lb  | 2015 | 60-64 wt 198           | Brian Hart           | 370 lb | 2019 |
| 60-64 wt 165            | Keena Parsons    | 165 lb | 2025 | 60-64 wt 220           | Steven Eisman        | 335 lb | 2012 |
| 60-64 wt 181            | Jean Flesher     | 135 lb | 2020 | 60-64 wt 242           | Mike Wood            | 335 lb | 2012 |
| 60-64 wt 198            | Dawn Black       | 135 lb | 2016 | 60-64 wt 248           | Mike Wood            | 345 lb | 2013 |
| 60-64 wt 199+           | Dawn Black       | 120 lb | 2019 | 60-64 wt 275           | Rickey Thrasher      | 355 lb | 2017 |
| 65-69 wt 105            | Arlene Coulter   | 90 lb  | 2015 | 60-64 wt 308           | Viatcheslav Oulianov | 270 lb | 2023 |
|                         | Nancy Georges    | 90 lb  | 2020 | 60-64 wt 308+          | Viatcheslav Oulianov | 270 lb | 2025 |
| 65-69 wt 114            | Nancy Georges    | 90 lb  | 2016 | 65-69 wt 132           | Frank Scianimanico   | 185 lb | 2023 |
| 65-69 wt 123            | Yvette Fox       | 120 lb | 2025 | 65-69 wt 148           | Frank Scianimanico   | 205 lb | 2020 |
| 65-69 wt 132            | Yvette Fox       | 130 lb | 2024 | 65-69 wt 165           | Tony Conyers         | 360 lb | 2023 |
| 65-69 wt 148            | Lois Hall        | 100 lb | 2016 | 65-69 wt 181           | Douglas Rozon        | 270 lb | 2019 |
| 65-69 wt 165            | Jean Flesher     | 115 lb | 2023 | 65-69 wt 198           | Brian Hart           | 350 lb | 2025 |
| 65-69 wt 181            | Helen Hankerson  | 285 lb | 2018 | 65-69 wt 220           | Michael Busjahn      | 335 lb | 2025 |
| 65-69 wt 198            | Virginia Brown   | 75 lb  | 2015 | 65-69 wt 242           | Mike Wood            | 330 lb | 2016 |
|                         | Paula Winans     | 75 lb  | 2020 | 65-69 wt 275           | George Anthony       | 325 lb | 2023 |
|                         | Gail Noland      | 75 lb  | 2023 | 65-69 wt 308+          | Richard Jung         | 255 lb | 2024 |
| 65-69 wt 198            | Magda Santos     | 110 lb | 2023 | 70-74 wt 132           | David Surratt        | 150 lb | 2016 |
| 65-69 wt 199+           | Carolyn Bolander | 45 lb  | 2010 | 70-74 wt 148           | Cliff Jackson        | 210 lb | 2015 |
| 70-74 wt 97             | Patricia Ashby   | 50 lb  | 2013 | 70-74 wt 165           | Sherman Johnson      | 235 lb | 2020 |
| 70-74 wt 105            | Nancy Georges    | 80 lb  | 2024 | 70-74 wt 181           | Kelley Collier       | 245 lb | 2020 |
| 70-74 wt 114            | Suzette Karelis  | 110 lb | 2020 | 70-74 wt 198           | Marc Hamburg         | 250 lb | 2023 |
| 70-74 wt 123            | Lois Hall        | 75 lb  | 2020 | 70-74 wt 220           | John Yong            | 270 lb | 2010 |
| 70-74 wt 132            | Lois Hall        | 95 lb  | 2019 | 70-74 wt 242           | Walter Robinson      | 325 lb | 2016 |
| 70-74 wt 148            | Janet Bremer     | 140 lb | 2020 | 70-74 wt 275           | Leroy Ford           | 325 lb | 2017 |
| 70-74 wt 165            | Joan Mann        | 85 lb  | 2015 | 70-74 wt SHW           | William Barnickel    | 330 lb | 2011 |
|                         | Carol Lamb       | 85 lb  | 2023 | 75-79 wt 123           | Ronald Crawford      | 145 lb | 2012 |
| 70-74 wt 181            | Beatrice Temple  | 100 lb | 2024 | 75-79 wt 132           | Edward Perez Jr      | 155 lb | 2019 |
| 70-74 wt 198            | Beatrice Temple  | 110 lb | 2023 | 75-79 wt 148           | Tony Spinelli        | 135 lb | 2024 |
| 70-74 wt 198+           | Kathleen Keen    | 50 lb  | 2020 | 75-79 wt 165           | Bill Tinkler         | 205 lb | 2013 |
| 75-79 wt 97             | Susan Bohling    | 50 lb  | 2020 | 75-79 wt 181           | Jacques Weaver       | 245 lb | 2017 |
| 75-79 wt 105            | Patricia Ashby   | 50 lb  | 2016 | 75-79 wt 198           | Bob Mount            | 250 lb | 2023 |
| 75-79 wt 114            | Patricia Ashby   | 55 lb  | 2015 | 75-79 wt 220           | John Yong            | 250 lb | 2011 |
| 75-79 wt 123            | Suzette Karelis  | 100 lb | 2025 | 75-79 wt 242           | Michael Brace        | 225 lb | 2019 |
| 75-79 wt 148            | Janet Bremer     | 140 lb | 2025 | 75-79 wt 275           | Leroy Ford           | 255 lb | 2023 |
| 75-79 wt 165            | Bonnie Thurston  | 82 lb  | 2018 | 80-84 wt 123           | Barry Sears          | 85 lb  | 2024 |
| 75-79 wt 181            | Mary Downes      | 50 lb  | 2025 | 80-84 wt 132           | Edward Perez Jr      | 155 lb | 2024 |
| 75-79 wt 198            | Mary Downes      | 55 lb  | 2024 | 80-84 wt 148           | James Morgan         | 140 lb | 2018 |
| 75-79 wt 198+           | Carolyn Bolander | 55 lb  | 2019 | 80-84 wt 165           | Bill Tinkler         | 205 lb | 2014 |
| 80-84 wt 97             | Susan Bohling    | 45 lb  | 2023 | 80-84 wt 181           | Jacques Weaver       | 180 lb | 2023 |
| 80-84 wt 105            | Patricia Ashby   | 50 lb  | 2019 | 80-84 wt 198           | Otis Perry           | 175 lb | 2025 |
| 80-84 wt 123            | Imogene Northern | 7 lb   | 2011 | 80-84 wt 220           | Vito Lombardo        | 200 lb | 2014 |
| 80-84 wt 148            | Janet Reynolds   | 105 lb | 2023 | 80-84 wt 242           | Michael Brace        | 165 lb | 2025 |
| 80-84 wt 165            | Mary Wilson      | 65 lb  | 2019 | 80-84 wt 275           | Cicero Carr          | 150 lb | 2019 |
| 80-84 wt 198            | Carolyn Bolander | 55 lb  | 2024 | 80-84 wt 308           | Cicero Carr          | 200 lb | 2020 |
| 80-84 wt 198+           | Linda Diller     | 50 lb  | 2024 | 85-89 wt 148           | Gerald Foster        | 115 lb | 2020 |
| 85-89 wt 132            | Carol Miles      | 55 lb  | 2017 | 85-89 wt 165           | Carmine Maggiore     | 175 lb | 2016 |
| 85-89 wt 148            | Mary Wilson      | 55 lb  | 2023 | 85-89 wt 181           | Robert Cseh          | 190 lb | 2020 |
| 85-89 wt 165            | Mary Wilson      | 65 lb  | 2020 | 85-89 wt 198           | Carmine Maggiore     | 165 lb | 2017 |
| 90-94 wt 148            | Edith Traina     | 55 lb  | 2015 | 85-89 wt 220           | Carmine Maggiore     | 160 lb | 2018 |
| 90-94 wt 165            | Leona Senyk      | 65 lb  | 2017 | 85-89 wt 242           | Donald Noland        | 70 lb  | 2018 |
| 95-99 wt 165            | Edith Traina     | 65 lb  | 2017 | 85-89 wt 275           | Cicero Carr          | 155 lb | 2025 |
| <b>Bench Press, Men</b> |                  |        |      | <b>Deadlift, Women</b> |                      |        |      |
| 50-54 wt 142            | Michael Libys    | 160 lb | 2014 | 50-54 wt 105           | Dinah Yarborough     | 190 lb | 2024 |
| 50-54 wt 148            | Edward Perez III | 280 lb | 2018 | 50-54 wt 123           | Becky Harrelson      | 200 lb | 2024 |
| 50-54 wt 165            | Greg Harrelson   | 245 lb | 2018 | 50-54 wt 132           | Lynn Cook            | 280 lb | 2016 |
| 50-54 wt 181            | William Devore   | 345 lb | 2015 | 50-54 wt 145           | Lenore Devore        | 205 lb | 2013 |
| 50-54 wt 198            | William Devore   | 350 lb | 2016 | 50-54 wt 165           | Eberle Funches       | 300 lb | 2019 |
| 50-54 wt 220            | Ted Sealey       | 385 lb | 2017 | 50-54 wt 198           | Ronda Bouie          | 285 lb | 2024 |
| 50-54 wt 242            | Daniel Jonas     | 325 lb | 2012 | 50-54 wt 198+          | Tanya Davis          | 225 lb | 2025 |
| 50-54 wt 275            | Tony Parker      | 350 lb | 2013 |                        |                      |        |      |

|                      |                      |        |      |                     |                      |          |      |
|----------------------|----------------------|--------|------|---------------------|----------------------|----------|------|
| 55-59 wt 105         | Janet Wickman        | 60 lb  | 2017 | 60-64 wt 132        | Frank Scianimanico   | 250 lb   | 2017 |
| 55-59 wt 114         | Nancy Georges        | 185 lb | 2010 | 60-64 wt 148        | Frank Scianimanico   | 300 lb   | 2018 |
| 55-59 wt 123         | Yvette Fox           | 235 lb | 2017 | 60-64 wt 165        | Harry Carl           | 325 lb   | 2018 |
| 55-59 wt 132         | Paula Jager          | 225 lb | 2019 | 60-64 wt 181        | Kelley Collier       | 470 lb   | 2013 |
| 55-59 wt 148         | Joanne Scianimanico  | 220 lb | 2020 | 60-64 wt 198        | Stephen Mann         | 480 lb   | 2017 |
| 55-59 wt 165         | Karen Hurban         | 260 lb | 2017 | 60-64 wt 220        | William Beckley      | 500 lb   | 2023 |
| 55-59 wt 181         | Ronda Bouie          | 225 lb | 2025 | 60-64 wt 242        | William Beckley      | 475 lb   | 2019 |
| 55-59 wt 198         | Gail Noland          | 155 lb | 2015 | 60-64 wt 275        | Robert Moore         | 415 lb   | 2024 |
| 55-59 wt 199+        | Dawn Black           | 225 lb | 2015 | 60-64 wt 308+       | Viatcheslav Oulianov | 380 lb   | 2025 |
| 60-64 wt 105         | Janet Wickman        | 80 lb  | 2020 | 65-69 wt 132        | Frank Scianimanico   | 240 lb   | 2023 |
| 60-64 wt 114         | Nancy Georges        | 220 lb | 2012 | 65-69 wt 148        | Marvin Villard       | 330 lb   | 2023 |
| 60-64 wt 123         | Yvette Fox           | 285 lb | 2018 | 65-69 wt 165        | Tony Conyers         | 610 lb   | 2024 |
| 60-64 wt 132         | Yvette Fox           | 300 lb | 2020 | 65-69 wt 181        | Kelley Collier       | 490 lb   | 2014 |
| 60-64 wt 148         | Karen Hurban         | 270 lb | 2020 | 65-69 wt 198        | Kelley Collier       | 500 lb   | 2015 |
| 60-64 wt 165         | Keena Parsons        | 275 lb | 2025 | 65-69 wt 220        | Stephen Mann         | 485 lb   | 2018 |
| 60-64 wt 181         | Jean Flesher         | 265 lb | 2020 | 65-69 wt 242        | John Callahan        | 405 lb   | 2020 |
| 60-64 wt 198         | Margie Brownlee      | 240 lb | 2011 | 65-69 wt 275        | Richard Danner       | 405 lb   | 2019 |
| 60-64 wt 199+        | Gail Noland          | 155 lb | 2016 | 65-69 wt 308        | Richard Jung         | 305 lb   | 2024 |
| 65-69 wt 105         | Nancy Georges        | 200 lb | 2020 | 65-69 wt SHW        | Joseph Abal          | 300 lb   | 2016 |
| 65-69 wt 114         | Nancy Georges        | 220 lb | 2019 | 70-74 wt 132        | Frank Marks          | 305 lb   | 2020 |
| 65-69 wt 123         | Yvette Fox           | 275 lb | 2025 | 70-74 wt 148        | Marvin Villard       | 335 lb   | 2024 |
| 65-69 wt 132         | Yvette Fox           | 300 lb | 2024 | 70-74 wt 165        | Richard Ortiz        | 365 lb   | 2015 |
| 65-69 wt 148         | Lois Hall            | 200 lb | 2015 | 70-74 wt 181        | Jack Stevens         | 510 lb   | 2015 |
| 65-69 wt 165         | Jean Flesher         | 225 lb | 2023 | 70-74 wt 198        | Sherwood Ellis       | 420 lb   | 2012 |
| 65-69 wt 181         | Helen Hankerson      | 365 lb | 2019 | 70-74 wt 220        | Mitch Alderman       | 390 lb   | 2020 |
| 65-69 wt 198         | Paula Winans         | 200 lb | 2020 | 70-74 wt 242        | John Callahan        | 400 lb   | 2024 |
| 65-69 wt 198+        | Magda Santos         | 210 lb | 2023 | 70-74 wt 275        | Howard Brown         | 360 lb   | 2018 |
| 70-74 wt 97          | Patricia Ashby       | 120 lb | 2013 | 70-74 wt SHW        | Howard Brown         | 330 lb   | 2019 |
| 70-74 wt 105         | Nancy Georges        | 205 lb | 2024 | 75-79 wt 132        | Edward Perez Jr      | 275 lb   | 2019 |
| 70-74 wt 114         | Suzette Karelis      | 225 lb | 2023 | 75-79 wt 148        | Tony Spinelli        | 225 lb   | 2024 |
| 70-74 wt 123         | Lana Marcine         | 210 lb | 2018 | 75-79 wt 165        | Bill Tinkler         | 305 lb   | 2013 |
| 70-74 wt 132         | Lois Hall            | 170 lb | 2019 | 75-79 wt 181        | Thomas Haggenmiller  | 400 lb   | 2019 |
| 70-74 wt 148         | Beatrice Temple      | 225 lb | 2025 | 75-79 wt 198        | Thomas Haggenmiller  | 405 lb   | 2020 |
| 70-74 wt 165         | Joan Mann            | 230 lb | 2017 | 75-79 wt 220        | Sherwood Ellis       | 400 lb   | 2018 |
| 70-74 wt 181         | Beatrice Temple      | 250 lb | 2024 | 75-79 wt 242        | Richard Mintken      | 340 lb   | 2020 |
| 70-74 wt 195         | Carolyn Bolander     | 150 lb | 2012 | 75-79 wt 275        | Cicero Carr          | 305 lb   | 2016 |
| 70-74 wt 198         | Paula Winans         | 210 lb | 2023 | 80-84 wt 123        | Barry Sears          | 95 lb    | 2023 |
| 70-74 wt 198+        | Beatrice Temple      | 305 lb | 2023 | 80-84 wt 132        | Dillon Maier         | 265 lb   | 2015 |
| 75-79 wt 97          | Susan Bohling        | 135 lb | 2020 | 80-84 wt 148        | James Morgan         | 270 lb   | 2019 |
| 75-79 wt 105         | Patricia Ashby       | 135 lb | 2016 | 80-84 wt 165        | Bill Tinkler         | 350 lb   | 2014 |
|                      | Susan Bohling        | 135 lb | 2019 | 80-84 wt 181        | Thomas Haggenmiller  | 350 lb   | 2024 |
| 75-79 wt 114         | Suzette Karelis      | 230 lb | 2024 | 80-84 wt 198        | Sherwood Ellis       | 315 lb   | 2023 |
| 75-79 wt 123         | Suzette Karelis      | 235 lb | 2025 | 80-84 wt 220        | Ralph Price          | 240 lb   | 2019 |
| 75-79 wt 148         | Janet Reynolds       | 205 lb | 2017 | 80-84 wt 242        | Jim Partain          | 190 lb   | 2020 |
| 75-79 wt 165         | Carol Lamb           | 230 lb | 2025 | 80-84 wt 275        | Cicero Carr          | 240 lb   | 2019 |
| 75-79 wt 181         | Martha Scott         | 170 lb | 2024 | 80-84 wt 308        | Cicero Carr          | 225 lb   | 2020 |
| 75-79 wt 198         | Kathleen Keen        | 100 lb | 2023 | 85-89 wt 132        | Chuck Tosch          | 100 lb   | 2024 |
| 80-84 wt 97          | Susan Bohling        | 120 lb | 2023 | 85-89 wt 148        | Gerald Foster        | 185 lb   | 2020 |
| 80-84 wt 105         | Patricia Ashby       | 80 lb  | 2019 | 85-89 wt 165        | Gerald Foster        | 155 lb   | 2019 |
| 80-84 wt 123         | Imogene Northern     | 45 lb  | 2011 | 85-89 wt 181        | John Wardner         | 200 lb   | 2024 |
| 80-84 wt 148         | Janet Reynolds       | 210 lb | 2023 | 85-89 wt 198        | John Wardner         | 200 lb   | 2023 |
| 80-84 wt 198         | Carolyn Bolander     | 100 lb | 2024 | 85-89 wt 220        | Donald Noland        | 55 lb    | 2017 |
| 80-84 wt 198+        | Carolyn Bolander     | 75 lb  | 2023 | 85-89 wt 242        | Donald Noland        | 120 lb   | 2018 |
| 85-89 wt 165         | Trudy Daxon          | 155 lb | 2015 | 85-89 wt 275        | Cicero Carr          | 180 lb   | 2024 |
| 90-94 wt 148         | Edith Traina         | 130 lb | 2015 |                     |                      |          |      |
| 90-94 wt 165         | Trudy Dixon          | 145 lb | 2020 |                     |                      |          |      |
| 95-99 wt 165         | Edith Traina         | 145 lb | 2017 |                     |                      |          |      |
| <b>Deadlift, Men</b> |                      |        |      |                     |                      |          |      |
| 50-54 wt 148         | Edward Perez III     | 400 lb | 2018 | <b>ROAD RACE 5K</b> |                      |          |      |
| 50-54 wt 165         | Greg Harrelson       | 330 lb | 2018 | <b>Women</b>        |                      |          |      |
| 50-54 wt 181         | Jon Wisenbaker       | 505 lb | 2023 | 50-54               | Dee Bays             | 19:37.00 | 1997 |
| 50-54 wt 198         | Keith Mason          | 650 lb | 2017 | 55-59               | Barbara Cahalan      | 22:43.56 | 2011 |
| 50-54 wt 220         | Ted Sealey           | 485 lb | 2017 | 60-64               | Janet Lamoureux      | 23:03.44 | 2025 |
| 50-54 wt 242         | Larry Grim           | 370 lb | 2020 | 65-69               | Georgie Gillis       | 24:29.48 | 2011 |
| 50-54 wt 275         | Scott Hane           | 445 lb | 2016 | 70-74               | Rhonda Fosser        | 24:31.00 | 2023 |
| 50-54 wt 308         | William Davis        | 435 lb | 2023 | 75-79               | Ann Sinkinson        | 32:30.74 | 2023 |
| 50-54 wt SHW         | Viatcheslav Oulianov | 540 lb | 2017 | 80-84               | Dorothy Johnson      | 41:04.84 | 2024 |
| 55-59 wt 165         | Jerry Mobley         | 400 lb | 2016 | 95-99               | Ethel Lehmann        | 54:34.78 | 2025 |
| 55-59 wt 181         | Jon Wisenbaker       | 475 lb | 2025 | <b>Men</b>          |                      |          |      |
| 55-59 wt 198         | Barrie Bennette      | 465 lb | 2012 | 50-54               | Tri Thornhill        | 17:37.24 | 2019 |
| 55-59 wt 220         | James Jacobs         | 600 lb | 2023 | 55-59               | Jarrett Slaven       | 19:08.50 | 2000 |
| 55-59 wt 242         | James Jacobs         | 640 lb | 2024 | 60-64               | Tom Prentice         | 18:55.95 | 2023 |
| 55-59 wt 275         | Sam Beckwith         | 635 lb | 2023 | 65-69               | Tom Prentice         | 19:55.46 | 2024 |
| 55-59 wt 308         | William Davis        | 430 lb | 2025 | 70-74               | Frank Brume          | 22:19.59 | 2010 |
| 55-59 wt 308+        | Viatcheslav Oulianov | 405 lb | 2019 | 75-79               | Gordon Johnson       | 23:32.00 | 1994 |
|                      |                      |        |      | 80-84               | Gordon Johnson       | 28:38.55 | 2000 |
|                      |                      |        |      | 85-89               | Gordon Johnson       | 33:28.78 | 2005 |
|                      |                      |        |      | 90-94               | Gordon Johnson       | 47:11.27 | 2008 |

**SHOOTING Pistol Iron Sites, Women**

|       |                |         |      |
|-------|----------------|---------|------|
| 50-59 | Sheryl Rubin   | 287 x8  | 2025 |
| 60-69 | Rosemary Serra | 252 x2  | 2025 |
| 70-79 | Pam McDonald   | 293 x10 | 2025 |
| 80-89 | Janet Ergle    | 275 x2  | 2025 |

**Pistol Iron Sites, Men**

|       |                |         |      |
|-------|----------------|---------|------|
| 50-59 | Claude Lee     | 297 x20 | 2024 |
| 60-69 | Ruben Garcia   | 291 x10 | 2024 |
| 70-79 | William Miller | 291 x17 | 2024 |
| 80-89 | Raymond Rowe   | 283 x7  | 2025 |
| 90-99 | Paul O'Neill   | 270 x8  | 2024 |

**Pistol Optics, Women**

|       |                 |         |      |
|-------|-----------------|---------|------|
| 50-59 | Denise Overlock | 151 x2  | 2025 |
| 60-69 | Yvette Fox      | 287 x11 | 2024 |
| 70-79 | Patricia Buell  | 275 x6  | 2025 |
| 80-89 | Betty Harstad   | 73 x0   | 2025 |

**Pistol Optics, Men**

|       |                 |         |      |
|-------|-----------------|---------|------|
| 50-59 | Claude Lee      | 299 x26 | 2025 |
| 60-69 | Richard Berry   | 298 x23 | 2025 |
| 70-79 | John Stanford   | 300 x19 | 2025 |
| 80-89 | Robert Westgate | 294 x18 | 2024 |

**Rifle, Women**

|       |                |         |      |
|-------|----------------|---------|------|
| 50-54 | Naomi Tillett  | 600 58X | 2016 |
| 60-64 | Linda Hover    | 600 56X | 2014 |
| 65-69 | Margaret Clark | 600 58X | 2025 |
| 70-74 | Donna Hunt     | 574 9X  | 2015 |
| 75-79 | Beverly Lyon   | 597 32X | 2015 |
| 80-84 | Beverly Lyon   | 598 42X | 2016 |

**Rifle, Men**

|       |                |         |      |
|-------|----------------|---------|------|
| 50-54 | Martin Myer    | 600 57X | 2019 |
| 55-59 | Michael Brown  | 597 42X | 2019 |
| 60-64 | Conley Whiddon | 600 56X | 2022 |
| 65-69 | Lee Methvin    | 600 59X | 2016 |
| 70-74 | William Ruth   | 600 60X | 2016 |
| 75-79 | Thomas Walsh   | 600 60X | 2019 |
| 80-84 | Edward Hess    | 600 55X | 2023 |
| 85-89 | Wendell Hunt   | 600 52X | 2025 |

**Skeet, Women**

|       |               |    |      |
|-------|---------------|----|------|
| 50-54 | Jen Saffer    | 48 | 2024 |
| 60-64 | Tina Smiley   | 43 | 2024 |
| 65-69 | Denise Blaine | 40 | 2025 |
| 70-74 | Peggy DeVivo  | 36 | 2025 |
| 75-79 | Nancy Ramirez | 36 | 2024 |

**Skeet, Men**

|       |                  |            |      |
|-------|------------------|------------|------|
| 50-54 | David Barfield   | 45         | 2025 |
| 55-59 | Gary Brown       | 47         | 2014 |
|       | Michael Brown    | 47         | 2017 |
| 60-64 | Michael Brown    | 49         | 2023 |
| 65-69 | Bruce Stobbe     | 49         | 2022 |
| 70-74 | Terry Ball       | 49         | 2017 |
| 75-79 | Chuck Rossetter  | 50 perfect | 2025 |
| 80-84 | George Hotchkiss | 47         | 2017 |
|       | Harry Kimberly   | 47         | 2023 |
|       | Terry Ball       | 47         | 2025 |
| 85-89 | Elmer Dobner     | 47         | 2017 |
|       | Marshall Smith   | 47         | 2019 |
| 90-94 | Ralph Clements   | 36         | 2019 |

**Sporting Clays, Women**

|       |                 |    |      |
|-------|-----------------|----|------|
| 55-59 | Michele Heimann | 38 | 2025 |
| 60-64 | Tina Smiley     | 47 | 2024 |
| 65-69 | Deborah Wroten  | 40 | 2020 |
| 70-74 | Megan Posey     | 31 | 2025 |
| 75-79 | Nancy Ramirez   | 35 | 2024 |

**Sporting Clays, Men**

|       |                  |    |      |
|-------|------------------|----|------|
| 50-54 | Ruben Garcia     | 47 | 2017 |
| 55-59 | Ruben Garcia     | 48 | 2020 |
|       | Gilbert Faulkner | 48 | 2023 |
| 60-64 | Lonnie Cox       | 49 | 2023 |
| 65-69 | Raymond Swilley  | 49 | 2024 |
| 70-74 | Edward Arnold    | 48 | 2020 |
|       | Jeffrey Walker   | 48 | 2023 |
| 75-79 | Ronald Kerr      | 48 | 2017 |
| 80-84 | Marshall Smith   | 44 | 2015 |
|       | Charles Loomis   | 44 | 2020 |
|       | William Powell   | 44 | 2023 |
| 85-89 | Marshall Smith   | 40 | 2020 |

**Trap, Women**

|       |                 |    |      |
|-------|-----------------|----|------|
| 50-54 | Michele Heimann | 46 | 2025 |
| 55-59 | Michele Heimann | 42 | 2024 |
| 60-64 | Roseann Cerovac | 43 | 2018 |
| 65-69 | Patricia Hill   | 42 | 2016 |
| 70-74 | Patricia Hill   | 45 | 2020 |
| 75-79 | Nancy Ramirez   | 37 | 2025 |
| 80-84 | Chris Sikes     | 33 | 2017 |
| 85-89 | Chris Sikes     | 24 | 2022 |

**Trap, Men**

|       |                  |    |      |
|-------|------------------|----|------|
| 50-54 | Ruben Garcia     | 46 | 2017 |
| 55-59 | Ruben Garcia     | 48 | 2020 |
|       | Robert DeLong    | 48 | 2022 |
| 60-64 | David Wright     | 47 | 2011 |
|       | Robert DeLong    | 47 | 2023 |
|       | Ruben Garcia     | 47 | 2025 |
| 65-69 | Merwin Backus    | 49 | 2011 |
|       | Raymond Swilley  | 49 | 2025 |
| 70-74 | Jerry Quintal    | 49 | 2019 |
|       | David Wright     | 49 | 2022 |
| 75-79 | Gary Odell       | 47 | 2011 |
|       | Terry Ball       | 47 | 2019 |
|       | James Hulskotter | 47 | 2022 |
| 80-84 | Gene Regnier     | 49 | 2015 |
| 85-89 | Gene Regnier     | 47 | 2019 |

**SWIMMING****50 Yard Backstroke, Women**

|       |                  |         |      |
|-------|------------------|---------|------|
| 50-54 | Karen Westerman  | 31.94   | 2020 |
| 55-59 | Karen Westerman  | 32.60   | 2024 |
| 60-64 | Katherine Cleary | 42.35   | 2025 |
| 65-69 | Linda Fulton     | 35.89   | 2020 |
| 70-74 | Linda Fulton     | 36.96   | 2023 |
| 75-79 | Mary Tusa        | 50.06   | 2005 |
| 80-84 | Florence Dunbar  | 52.65   | 1993 |
| 85-89 | Beverly Myers    | 1:01.19 | 2020 |
| 90-94 | Joyce Stipanuk   | 1:19.63 | 2018 |
| 95-99 | Dorothy Freed    | 1:33.81 | 2015 |

**50 Yard Backstroke, Men**

|         |                |         |      |
|---------|----------------|---------|------|
| 50-54   | John Laderer   | 28.07   | 2015 |
| 55-59   | Nathan Leech   | 30.33   | 2007 |
| 60-64   | Brian Voisard  | 31.88   | 2011 |
| 65-69   | Brian Voisard  | 32.71   | 2019 |
| 70-74   | Robert Heacock | 32.45   | 2019 |
| 75-79   | Robert Heacock | 36.22   | 2024 |
| 80-84   | Robin Wickman  | 45.53   | 2025 |
| 85-89   | Thomas Gompf   | 48.75   | 2024 |
| 90-94   | Jerome Burke   | 1:15.33 | 2015 |
| 95-99   | Arland Meade   | 1:44.51 | 2010 |
| 100-104 | Arland Meade   | 2:05.80 | 2015 |

**100 Yard Backstroke, Women**

|       |                 |         |      |
|-------|-----------------|---------|------|
| 50-54 | Karen Westerman | 1:08.72 | 2020 |
| 55-59 | Karen Westerman | 1:11.68 | 2023 |
| 60-64 | Linda Fulton    | 1:21.01 | 2016 |
| 65-69 | Linda Fulton    | 1:19.89 | 2020 |
| 70-74 | Linda Fulton    | 1:21.00 | 2023 |
| 75-79 | Beverly Myers   | 1:47.54 | 2010 |
| 80-84 | Beverly Myers   | 2:00.53 | 2017 |
| 85-89 | Beverly Myers   | 2:10.10 | 2020 |
| 90-94 | Joyce Stipanuk  | 2:58.05 | 2018 |

**100 Yard Backstroke, Men**

|       |                 |         |      |
|-------|-----------------|---------|------|
| 50-54 | Allen Sale      | 1:06.55 | 2009 |
| 55-59 | Brian Voisard   | 1:05.42 | 2009 |
| 60-64 | Brian Voisard   | 1:08.07 | 2011 |
| 65-69 | Brian Voisard   | 1:09.47 | 2019 |
| 70-74 | Gaylord Hopkins | 1:19.51 | 2012 |
| 75-79 | Gaylord Hopkins | 1:29.88 | 2017 |
| 80-84 | John Woods      | 1:45.57 | 2003 |
| 85-89 | Thomas Gompf    | 1:51.99 | 2024 |
| 90-94 | Jerome Burke    | 3:06.38 | 2017 |
| 95-99 | Arland Meade    | 4:03.80 | 2010 |

**200 Yard Backstroke, Women**

|       |                 |         |      |
|-------|-----------------|---------|------|
| 50-54 | Karen Westerman | 2:26.44 | 2020 |
| 55-59 | Karen Westerman | 2:31.93 | 2023 |
| 60-64 | Linda Fulton    | 2:59.51 | 2016 |
| 65-69 | Linda Fulton    | 2:52.80 | 2020 |

|                                     |                  |         |      |                                  |                    |          |      |
|-------------------------------------|------------------|---------|------|----------------------------------|--------------------|----------|------|
| 70-74                               | Linda Fulton     | 2:56.56 | 2023 | 75-79                            | Martin Schenk      | 3:47.35  | 2018 |
| 75-79                               | Mary Tusa        | 3:55.72 | 2005 | 80-84                            | Mike Freshley      | 3:17.16  | 2023 |
| 80-84                               | Beverly Myers    | 4:33.00 | 2017 | 85-89                            | Fred Beckett       | 7:27.56  | 2019 |
| 85-89                               | Beverly Myers    | 4:54.65 | 2020 | 95-99                            | Arland Meade       | 12:13.13 | 2012 |
| 90-94                               | Joyce Stipanuk   | 6:19.75 | 2017 | <b>50 Yard Butterfly, Women</b>  |                    |          |      |
| <b>200 Yard Backstroke, Men</b>     |                  |         |      | 50-54                            | Karen Westerman    | 30.22    | 2020 |
| 50-54                               | Brian Voisard    | 2:23.98 | 2005 | 55-59                            | Pat Sargeant       | 30.03    | 2012 |
| 55-59                               | Brian Voisard    | 2:21.97 | 2009 | 60-64                            | Susan Tokayer      | 31.57    | 2020 |
| 60-64                               | Brian Voisard    | 2:26.91 | 2011 | 65-69                            | Linda Fulton       | 35.77    | 2020 |
| 65-69                               | Brian Voisard    | 2:29.53 | 2019 | 70-74                            | Linda Fulton       | 36.45    | 2023 |
| 70-74                               | Robert Heacock   | 2:41.17 | 2019 | 75-79                            | Jean Troy          | 49.53    | 2006 |
| 75-79                               | Gaylord Hopkins  | 3:14.17 | 2017 | 80-84                            | Jean Troy          | 51.22    | 2007 |
| 80-84                               | John Woods       | 3:55.95 | 2003 | 85-89                            | Frances Weston     | 1:25.83  | 2025 |
| 85-89                               | Thomas Gompf     | 4:05.97 | 2024 | <b>50 Yard Butterfly, Men</b>    |                    |          |      |
| 90-94                               | Lowell Heneveld  | 6:32.79 | 2013 | 50-54                            | John Lederer       | 26.49    | 2016 |
| <b>50 Yard Breaststroke, Women</b>  |                  |         |      | 55-59                            | Stepan Oliva       | 28.48    | 2024 |
| 50-54                               | Lynn Cartee      | 39.22   | 2000 | 60-64                            | Bradley Brown      | 30.60    | 2020 |
| 55-59                               | Paula Cunio      | 39.17   | 2018 | 65-69                            | Michael Smith      | 29.83    | 2025 |
| 60-64                               | Doris Prokopi    | 45.04   | 1998 | 70-74                            | Robert Heacock     | 30.38    | 2019 |
| 65-69                               | Jeanne Hackett   | 45.15   | 2011 | 75-79                            | Martin Schenk      | 36.04    | 2017 |
| 70-74                               | Jeanne Hackett   | 47.03   | 2013 | 80-84                            | Robin Wickman      | 41.48    | 2025 |
| 75-79                               | Beverly Myers    | 51.39   | 2010 | 85-89                            | Thomas Gompf       | 55.68    | 2024 |
| 80-84                               | Florence Dunbar  | 54.15   | 1993 | <b>100 Yard Butterfly, Women</b> |                    |          |      |
| 85-89                               | Beverly Myers    | 1:03.92 | 2020 | 50-54                            | Karen Westerman    | 1:09.94  | 2020 |
| 90-94                               | Shirley Carnahan | 1:43.41 | 2025 | 55-59                            | Pat Sargeant       | 1:07.51  | 2012 |
| 95-99                               | Dorothy Freed    | 2:49.03 | 2015 | 60-64                            | Patricia Bond      | 1:43.66  | 2002 |
| <b>50 Yard Breaststroke, Men</b>    |                  |         |      | 65-69                            | Linda Fulton       | 1:27.64  | 2020 |
| 50-54                               | Stepan Oliva     | 29.76   | 2019 | 70-74                            | Linda Fulton       | 1:33.67  | 2023 |
| 55-59                               | Stepan Oliva     | 31.82   | 2024 | 75-79                            | Jean Troy          | 1:55.59  | 2006 |
| 60-64                               | Peter Turner     | 37.18   | 2019 | 80-84                            | Jean Troy          | 1:58.84  | 2007 |
| 65-69                               | Michael Smith    | 34.43   | 2025 | <b>100 Yard Butterfly, Men</b>   |                    |          |      |
| 70-74                               | Dave Jarvis      | 35.69   | 2017 | 50-54                            | Brian Voisard      | 1:05.32  | 2005 |
| 75-79                               | Robert Heacock   | 40.23   | 2024 | 55-59                            | Brian Voisard      | 1:04.68  | 2006 |
| 80-84                               | Robin Wickman    | 44.28   | 2025 | 60-64                            | Brian Voisard      | 1:05.87  | 2012 |
| 85-89                               | Thomas Gompf     | 54.78   | 2024 | 65-69                            | Robert Heacock     | 1:14.87  | 2018 |
| 90-94                               | Arland Meade     | 1:57.79 | 2006 | 70-74                            | Robert Heacock     | 1:11.85  | 2019 |
| 95-99                               | Arland Meade     | 2:23.04 | 2010 | 75-79                            | Charles Weatherbee | 1:39.36  | 2007 |
| 100-104                             | Arland Meade     | 2:56.41 | 2015 | 80-84                            | Craig Walker       | 4:04.90  | 2020 |
| <b>100 Yard Breaststroke, Women</b> |                  |         |      | <b>50 Yard Freestyle, Women</b>  |                    |          |      |
| 50-54                               | Paula Cunio      | 1:25.21 | 2015 | 50-54                            | Christine Germain  | 29.28    | 2015 |
| 55-59                               | Paula Cunio      | 1:24.87 | 2018 | 55-59                            | Pat Sargeant       | 27.04    | 2012 |
| 60-64                               | Doris Prokopi    | 1:38.77 | 1998 | 60-64                            | Susan Tokayer      | 28.12    | 2020 |
| 65-69                               | Jeanne Hackett   | 1:40.53 | 2011 | 65-69                            | Linda Fulton       | 31.72    | 2020 |
| 70-74                               | Jeanne Hackett   | 1:41.61 | 2013 | 70-74                            | Linda Fulton       | 33.19    | 2023 |
| 75-79                               | Jean Troy        | 1:57.72 | 2005 | 75-79                            | Jean Troy          | 37.00    | 2005 |
| 80-84                               | Jean Troy        | 2:00.77 | 2007 | 80-84                            | Jean Troy          | 38.95    | 2008 |
| 85-89                               | Doris Prokopi    | 3:14.06 | 2020 | 85-89                            | Beverly Myers      | 47.87    | 2020 |
| 90-94                               | Shirley Carnahan | 3:46.21 | 2025 | 90-94                            | Joyce Stipanuk     | 1:14.40  | 2018 |
| <b>100 Yard Breaststroke, Men</b>   |                  |         |      | <b>50 Yard Freestyle, Men</b>    |                    |          |      |
| 50-54                               | Stepan Oliva     | 1:05.46 | 2019 | 50-54                            | Steve Oliva        | 22.96    | 2019 |
| 55-59                               | Stepan Oliva     | 1:10.34 | 2024 | 55-59                            | Stepan Oliva       | 24.66    | 2024 |
| 60-64                               | Peter Turner     | 1:21.29 | 2019 | 60-64                            | Brian Voisard      | 26.52    | 2011 |
| 65-69                               | Michael Smith    | 1:18.04 | 2025 | 65-69                            | Brian Voisard      | 26.85    | 2016 |
| 70-74                               | Dave Jarvis      | 1:20.41 | 2017 | 70-74                            | Robert Heacock     | 27.62    | 2019 |
| 75-79                               | Robin Wickman    | 1:33.97 | 2020 | 75-79                            | Robert Heacock     | 29.97    | 2024 |
| 80-84                               | Mike Freshley    | 1:31.96 | 2023 | 80-84                            | Mike Freshley      | 32.33    | 2023 |
| 85-89                               | Hernan Granda    | 2:26.90 | 2011 | 85-89                            | Thomas Gompf       | 40.99    | 2024 |
| 90-94                               | Arland Meade     | 4:11.00 | 2005 | 90-94                            | Donald Doe         | 1:08.77  | 2025 |
| 95-99                               | Arland Meade     | 5:03.23 | 2010 | 95-99                            | Jerome Burke       | 1:21.26  | 2018 |
| <b>200 Yard Breaststroke, Women</b> |                  |         |      | <b>100 Yard Freestyle, Women</b> |                    |          |      |
| 50-54                               | Paula Cunio      | 2:58.94 | 2015 | 50-54                            | Christine Germain  | 1:05.13  | 2015 |
| 55-59                               | Paula Cunio      | 3:00.68 | 2018 | 55-59                            | Pat Sargeant       | 1:01.06  | 2012 |
| 60-64                               | Cathy Liska      | 3:37.52 | 2024 | 60-64                            | Susan Tokayer      | 1:04.01  | 2020 |
| 65-69                               | Donelda Horne    | 3:57.88 | 2009 | 65-69                            | Linda Fulton       | 1:14.70  | 2020 |
| 70-74                               | Jeanne Hackett   | 3:46.57 | 2013 | 70-74                            | Patricia Bond      | 1:23.66  | 2009 |
| 75-79                               | Shirley Fishlock | 4:32.55 | 2011 | 75-79                            | Jean Troy          | 1:25.00  | 2006 |
| 80-84                               | Jean Troy        | 4:27.58 | 2008 | 80-84                            | Jean Troy          | 1:27.83  | 2007 |
| 85-89                               | Ellen Brown      | 7:32.73 | 2012 | 85-89                            | Beverly Myers      | 1:54.94  | 2020 |
| 90-94                               | Shirley Carnahan | 7:53.38 | 2025 | 90-94                            | Joyce Stipanuk     | 2:44.57  | 2017 |
| <b>200 Yard Breaststroke, Men</b>   |                  |         |      | <b>100 Yard Freestyle, Men</b>   |                    |          |      |
| 50-54                               | Peter Turner     | 2:44.28 | 2009 | 50-54                            | Steve Oliva        | 51.06    | 2019 |
| 55-59                               | Allen Sale       | 2:46.96 | 2013 | 55-59                            | Stepan Oliva       | 55.29    | 2024 |
| 60-64                               | William Stephens | 3:08.32 | 2008 | 60-64                            | Brian Voisard      | 58.72    | 2011 |
| 65-69                               | Allen Sale       | 3:08.55 | 2023 | 65-69                            | Gaylord Hopkins    | 59.61    | 2006 |
| 70-74                               | David Jarvis     | 3:15.12 | 2019 | 70-74                            | Robert Heacock     | 1:00.41  | 2019 |

|                                   |                    |          |      |                   |                   |         |      |
|-----------------------------------|--------------------|----------|------|-------------------|-------------------|---------|------|
| 75-79                             | Jimmy Waybright    | 1:12.97  | 2025 | 65-69             | Brian Voisard     | 2:33.45 | 2019 |
| 80-84                             | Mike Freshley      | 1:25.86  | 2024 | 70-74             | David Jarvis      | 2:56.75 | 2019 |
| 85-89                             | John Cornell       | 1:39.64  | 2012 | 75-79             | Thomas Gompf      | 3:32.19 | 2015 |
| 90-94                             | Lowell Heneveld    | 3:02.87  | 2013 | 80-84             | Mike Freshley     | 3:20.59 | 2023 |
| 95-99                             | Jerome Burke       | 3:38.96  | 2018 | 85-89             | Frank Tillotson   | 5:33.97 | 2000 |
| 200 Yard Freestyle, Women         |                    |          |      |                   |                   |         |      |
| 50-54                             | Christine Germain  | 2:25.36  | 2015 | TRACK             |                   |         |      |
| 55-59                             | Karen Westerman    | 2:16.59  | 2025 | 50 Meters, Women  |                   |         |      |
| 60-64                             | Patricia Bond      | 2:54:10  | 2000 | 50-54             | Andrea Collier    | 7.68    | 2018 |
| 65-69                             | Linda Fulton       | 2:40.52  | 2020 | 55-59             | Andrea Collier    | 7.49    | 2024 |
| 70-74                             | Linda Fulton       | 2:43.14  | 2025 | 60-64             | Johnnie Reid      | 7.29    | 2024 |
| 75-79                             | Jean Troy          | 3:01.89  | 2006 | 65-69             | Carol Robertson   | 7.94    | 2023 |
| 80-84                             | Mary Tusa          | 3:43.68  | 2013 | 70-74             | Ethel Lehmann     | 9.51    | 2000 |
| 85-89                             | Beverly Myers      | 4:02.02  | 2020 | 75-79             | Ella Redpath      | 10.03   | 2024 |
| 90-94                             | Joyce Stipanuk     | 5:43.67  | 2017 | 80-84             | Ethel Lehmann     | 10.34   | 2012 |
| 200 Yard Freestyle, Men           |                    |          |      |                   |                   |         |      |
| 50-54                             | Stepan Oliva       | 2:03.84  | 2017 | 85-89             | Ethel Lehmann     | 11.00   | 2015 |
| 55-59                             | Brian Voisard      | 2:04.43  | 2009 | 90-94             | Ethel Lehmann     | 12.58   | 2020 |
| 60-64                             | Gaylord Hopkins    | 2:08.54  | 2003 | 95-99             | Ethel Lehmann     | 13.95   | 2024 |
| 65-69                             | Gaylord Hopkins    | 2:11.17  | 2006 | 50 Meters, Men    |                   |         |      |
| 70-74                             | Gaylord Hopkins    | 2:20.98  | 2011 | 50-54             | Dian Edwards      | 6.76    | 2015 |
| 75-79                             | Martin Schenk      | 2:48.23  | 2017 | 55-59             | Jim Daniels       | 6.85    | 2024 |
| 80-84                             | Mike Freshley      | 2:48.06  | 2023 | 60-64             | Donald Amery      | 7.03    | 1997 |
| 85-89                             | John Cornell       | 3:46.16  | 2012 | 65-69             | Rod Lehman        | 7.31    | 2017 |
| 90-94                             | Lowell Heneveld    | 6:14.10  | 2013 | 70-74             | Rod Lehman        | 7.44    | 2022 |
| 95-99                             | Arland Meade       | 8:55.28  | 2010 | 75-79             | Howie Sampson     | 7.96    | 2013 |
| 500 Yard Freestyle, Women         |                    |          |      |                   |                   |         |      |
| 50-54                             | Karen Westerman    | 6:01.86  | 2020 | 80-84             | Leslie Bennett    | 8.47    | 2024 |
| 55-59                             | Karen Westerman    | 6:02.78  | 2023 | 85-89             | John Anoka        | 9.52    | 2004 |
| 60-64                             | Patricia Bond      | 7:50.84  | 2002 | 90-94             | John Anoka        | 10.85   | 2009 |
| 65-69                             | Roxanne Olmsted    | 7:18.87  | 2016 | 95-99             | Ervin Szewczuga   | 15.74   | 2017 |
| 70-74                             | Patricia Bond      | 7:40.60  | 2008 | 100-104           | Arland Meade      | 27.39   | 2015 |
| 75-79                             | Jean Troy          | 8:30.40  | 2006 | 100 Meters, Women |                   |         |      |
| 80-84                             | Mary Tusa          | 9:53.49  | 2013 | 50-54             | Ree Hawkins       | 13.76   | 2020 |
| 85-89                             | Phyllis Goodlad    | 10:47.70 | 2017 | 55-59             | Andrea Collier    | 13.74   | 2024 |
| 500 Yard Freestyle, Men           |                    |          |      |                   |                   |         |      |
| 50-54                             | Brian Voisard      | 5:51.16  | 2005 | 60-64             | Johnnie Reid      | 13.20   | 2025 |
| 55-59                             | Brian Voisard      | 5:36.18  | 2009 | 65-69             | Yvette Fox        | 14.90   | 2023 |
| 60-64                             | Brian Voisard      | 5:52.09  | 2011 | 70-74             | Ella Redpath      | 18.56   | 2017 |
| 65-69                             | Gaylord Hopkins    | 6:04.76  | 2006 | 75-79             | Ethel Lehmann     | 18.74   | 2004 |
| 70-74                             | Gaylord Hopkins    | 6:16.54  | 2011 | 80-84             | Ethel Lehmann     | 18.29   | 2012 |
| 75-79                             | Gaylord Hopkins    | 7:35.76  | 2017 | 85-89             | Ethel Lehmann     | 21.50   | 2016 |
| 80-84                             | Mike Freshley      | 7:54.67  | 2023 | 90-94             | Ethel Lehmann     | 24.54   | 2020 |
| 85-89                             | John Cornell       | 10:20.34 | 2012 | 95-99             | Ethel Lehmann     | 28.63   | 2024 |
| 90-94                             | Lowell Heneveld    | 16:28.76 | 2013 | 100 Meters, Men   |                   |         |      |
| 100 Yard Individual Medley, Women |                    |          |      |                   |                   |         |      |
| 50-54                             | Karen Westerman    | 1:11.49  | 2020 | 50-54             | Oscar Fabra       | 12.35   | 2015 |
| 55-59                             | Karen Westerman    | 1:12.81  | 2023 | 55-59             | Oscar Fabra       | 12.23   | 2020 |
| 60-64                             | Wendy Duck         | 1:33.42  | 2005 | 60-64             | Rudy Briscoe      | 12.92   | 2017 |
| 65-69                             | Ann Guins          | 1:31.19  | 2020 | 65-69             | Rudy Briscoe      | 13.28   | 2022 |
| 70-74                             | Patricia Bond      | 1:35.01  | 2008 | 70-74             | Douglas Thomas    | 14.03   | 2016 |
| 75-79                             | Jean Troy          | 1:41.29  | 2006 | 75-79             | Howie Sampson     | 14.98   | 2014 |
| 80-84                             | Jean Troy          | 1:49.52  | 2007 | 80-84             | Leslie Bennett    | 15.80   | 2024 |
| 85-89                             | Beverly Myers      | 2:10.76  | 2020 | 85-89             | John Anoka        | 17.85   | 2004 |
| 100 Yard Individual Medley, Men   |                    |          |      |                   |                   |         |      |
| 50-54                             | Stepan Oliva       | 59.90    | 2019 | 90-94             | John Anoka        | 20.84   | 2009 |
| 55-59                             | Stepan Oliva       | 1:03.79  | 2024 | 95-99             | Edwin Butters     | 46.38   | 2003 |
| 60-64                             | Brian Voisard      | 1:08.66  | 2011 | 200 Meters, Women |                   |         |      |
| 65-69                             | Brian Voisard      | 1:09.68  | 2019 | 50-54             | Ree Hawkins       | 28.76   | 2020 |
| 70-74                             | David Jarvis       | 1:10.84  | 2018 | 55-59             | Sonder Hawkins    | 28.70   | 2022 |
| 75-79                             | Charles Weatherbee | 1:27.69  | 2007 | 60-64             | Johnnie Reid      | 30.18   | 2023 |
| 80-84                             | John Cornell       | 1:43.00  | 2008 | 65-69             | Elizabeth Appleby | 34.93   | 2024 |
| 85-89                             | Thomas Gompf       | 1:51.87  | 2024 | 70-74             | Ethel Lehmann     | 38.59   | 2000 |
| 200 Yard Individual Medley, Women |                    |          |      |                   |                   |         |      |
| 50-54                             | Karen Westerman    | 2:35.93  | 2020 | 75-79             | Ethel Lehmann     | 35.72   | 2005 |
| 55-59                             | Karen Westerman    | 2:36.03  | 2023 | 80-84             | Ethel Lehmann     | 43.57   | 2010 |
| 60-64                             | Patricia Bond      | 3:23.19  | 2002 | 85-89             | Ethel Lehmann     | 48.92   | 2016 |
| 65-69                             | Wendy Duck         | 3:43.64  | 2011 | 90-94             | Ethel Lehmann     | 55.94   | 2020 |
| 70-74                             | Patricia Bond      | 3:27.05  | 2009 | 95-99             | Ethel Lehmann     | 1:07.27 | 2024 |
| 75-79                             | Beverly Myers      | 3:46.85  | 2010 | 200 Meters, Men   |                   |         |      |
| 80-84                             | Doris Prokopi      | 5:29.33  | 2015 | 50-54             | Bobby Terrell     | 26.10   | 2004 |
| 200 Yard Individual Medley, Men   |                    |          |      |                   |                   |         |      |
| 50-54                             | Allen Sale         | 2:26.67  | 2012 | 55-59             | Jim Daniels       | 27.11   | 2024 |
| 55-59                             | Brian Voisard      | 2:25.61  | 2010 | 60-64             | Rudy Briscoe      | 26.43   | 2017 |
| 60-64                             | Brian Voisard      | 2:28.37  | 2011 | 65-69             | Rod Lehman        | 27.76   | 2016 |
|                                   |                    |          |      | 70-74             | Rod Lehman        | 29.99   | 2022 |
|                                   |                    |          |      | 75-79             | Howie Sampson     | 32.12   | 2013 |
|                                   |                    |          |      | 80-84             | Leslie Bennett    | 33.68   | 2024 |
|                                   |                    |          |      | 85-89             | John Anoka        | 39.95   | 2004 |
|                                   |                    |          |      | 90-94             | John Anoka        | 44.17   | 2009 |



**400 Meters, Women**

|       |                 |         |      |
|-------|-----------------|---------|------|
| 50-54 | Andrea Collier  | 1:09.52 | 2018 |
| 55-59 | Jocelyn Lowther | 1:11.41 | 2013 |
| 60-64 | Jocelyn Lowther | 1:16.97 | 2015 |
| 65-69 | Georgie Gillis  | 1:25.70 | 2011 |
| 70-74 | Georgie Gillis  | 1:27.10 | 2017 |
| 75-79 | Georgie Gillis  | 1:35.67 | 2022 |
| 80-84 | Ethel Lehmann   | 1:48.83 | 2009 |
| 85-89 | Ethel Lehmann   | 2:09.32 | 2016 |
| 90-94 | Ethel Lehmann   | 2:20.50 | 2023 |
| 95-99 | Ethel Lehmann   | 3:19.77 | 2024 |

**400 Meters, Men**

|       |                      |         |      |
|-------|----------------------|---------|------|
| 50-54 | Chris Scotto Divetta | 58.97   | 2008 |
| 55-59 | Oscar Fabra          | 1:00.68 | 2018 |
| 60-64 | Rudy Briscoe         | 59.31   | 2018 |
| 65-69 | Rod Lehman           | 1:05.63 | 2017 |
| 70-74 | Leslie Bennett       | 1:09.17 | 2017 |
| 75-79 | Leslie Bennett       | 1:12.05 | 2019 |
| 80-84 | Leslie Bennett       | 1:16.69 | 2024 |
| 85-89 | John Anoka           | 1:41.06 | 2005 |
| 90-94 | John Anoka           | 2:01.61 | 2009 |

**800 Meters, Women**

|       |                |         |      |
|-------|----------------|---------|------|
| 50-54 | Julie Sands    | 2:51.02 | 2008 |
| 55-59 | Julie Sands    | 2:53.70 | 2015 |
| 60-64 | Leigh Barreto  | 3:00.97 | 2023 |
| 65-69 | Georgie Gillis | 3:15.31 | 2013 |
| 70-74 | Georgie Gillis | 3:18.63 | 2015 |
| 75-79 | Georgie Gillis | 3:40.81 | 2020 |
| 80-84 | Ethel Lehmann  | 4:21.00 | 2009 |
| 85-89 | Ethel Lehmann  | 3:51.03 | 2015 |
| 90-94 | Ethel Lehmann  | 5:59.26 | 2020 |
| 95-99 | Ethel Lehmann  | 7:03.12 | 2024 |

**800 Meters, Men**

|       |                |         |      |
|-------|----------------|---------|------|
| 50-54 | Dan Bergeson   | 2:19.20 | 2015 |
| 55-59 | Jarrett Slaven | 2:28.13 | 2000 |
| 60-64 | Roger Chapman  | 2:30.40 | 2023 |
| 65-69 | William Cason  | 2:40.34 | 2019 |
| 70-74 | Leslie Bennett | 2:47.51 | 2018 |
| 75-79 | Leslie Bennett | 2:55.97 | 2019 |
| 80-84 | Leslie Bennett | 3:05.56 | 2024 |
| 85-89 | Gordon Johnson | 4:33.73 | 2003 |
| 90-94 | Jerome Burke   | 4:59.17 | 2013 |

**1500 Meters, Women**

|       |                    |          |      |
|-------|--------------------|----------|------|
| 50-54 | Julie Sands        | 5:49.19  | 2008 |
| 55-59 | Mary Beth Freeman  | 6:24.00  | 2013 |
| 60-64 | Janet Lamoureux    | 6:24.78  | 2024 |
| 65-69 | Georgie Gillis     | 6:40.88  | 2011 |
| 70-74 | Georgie Gillis     | 6:51.75  | 2017 |
| 75-79 | Georgie Gillis     | 7:42.07  | 2022 |
| 80-84 | Patricia Knudstrup | 10:54.95 | 2020 |
| 85-89 | Ethel Lehmann      | 11:15.79 | 2017 |
| 90-94 | Ethel Lehmann      | 13:26.29 | 2022 |

**1500 Meters, Men**

|       |                |          |      |
|-------|----------------|----------|------|
| 50-54 | Tri Thornhill  | 5:00.34  | 2019 |
| 55-59 | Jarrett Slaven | 5:16.28  | 2000 |
| 60-64 | Tom Prentice   | 5:21.09  | 2020 |
| 65-69 | Tom Prentice   | 5:28.72  | 2024 |
| 70-74 | Frank Brume    | 6:01.22  | 2011 |
| 75-79 | Gordon Johnson | 6:07.56  | 1994 |
| 80-84 | Gordon Johnson | 7:32.96  | 2000 |
| 85-89 | Gordon Johnson | 9:23.90  | 2003 |
| 90-94 | Gordon Wilson  | 12:14.36 | 2025 |

**WALKING, 1500 Meter, Women**

|       |                 |          |      |
|-------|-----------------|----------|------|
| 50-54 | Yolimar Bolivar | 10:20.39 | 2025 |
| 55-59 | Janet Lamoureux | 9:34.80  | 2023 |
| 60-64 | Janet Lamoureux | 8:54.89  | 2025 |
| 65-69 | Sandy Gillou    | 10:30.41 | 2011 |
| 70-74 | Susan Bonzey    | 10:45.06 | 2025 |
| 75-79 | Phyllis Goodlad | 11:03.41 | 2003 |
| 80-84 | Dorothy Johnson | 12:04.00 | 2024 |
| 85-89 | Alice Segar     | 11:55.83 | 2006 |
| 90-94 | Alice Segar     | 12:44.37 | 2010 |

**1500 Meters, Men**

|       |                 |          |      |
|-------|-----------------|----------|------|
| 50-54 | Charles Ripstra | 8:23.91  | 2003 |
| 55-59 | Gus Ormrod Jr   | 8:29.73  | 2013 |
| 60-64 | James Corbeil   | 8:52.38  | 2005 |
| 65-69 | James Corbeil   | 8:25.21  | 2007 |
| 70-74 | James Corbeil   | 9:09.30  | 2011 |
| 75-79 | Gus Ormrod Sr   | 9:36.12  | 2005 |
| 80-84 | Gus Ormrod Sr   | 9:30.00  | 2009 |
| 85-89 | Gilbert Fair    | 12:35.59 | 2001 |
| 90-94 | Gus Ormrod Sr   | 12:32.82 | 2019 |
| 95-99 | Ervin Szewczuga | 16:33.53 | 2017 |

**5000 Meters, Women**

|       |                     |          |      |
|-------|---------------------|----------|------|
| 50-54 | Yolimar Bolivar     | 37:00.74 | 2025 |
| 55-59 | Janet Lamoureux     | 32:12.28 | 2023 |
| 60-64 | Janet Lamoureux     | 32:36.89 | 2024 |
| 65-69 | Avis Pixley         | 36:40.30 | 2000 |
| 70-74 | Patricia Priest     | 37:21.38 | 2008 |
| 75-79 | Marlene Swartzfager | 38:39.78 | 2016 |
| 80-84 | Evelyn Gaunt        | 41:00.43 | 2025 |
| 85-89 | Alice Segar         | 40:11.45 | 2006 |
| 90-94 | Alice Segar         | 42:11.28 | 2010 |

**5000 Meters, Men**

|       |                 |            |      |
|-------|-----------------|------------|------|
| 50-54 | Joseph Woznicki | 31:51.61   | 2010 |
| 55-59 | Gus Ormrod Jr   | 29:35.45   | 2013 |
| 60-64 | James Corbeil   | 31:02.91   | 2005 |
| 65-69 | James Corbeil   | 28:49.08   | 2007 |
| 70-74 | James Corbeil   | 29:47.99   | 2011 |
| 75-79 | Gus Ormrod Sr   | 33:16.43   | 2005 |
| 80-84 | Gus Ormrod Sr   | 33:09.00   | 2009 |
| 85-89 | Gordon Johnson  | 38:58.17   | 2005 |
| 90-94 | Gus Ormrod Sr   | 44:05.43   | 2019 |
| 95-99 | Dick Cheney     | 1:01:28.49 | 2025 |

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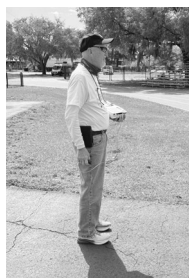
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| Lakeland Community Theater                 | RSVP - Retired Senior Volunteers Program |
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| PRM Legacy                                 | WWAB - 1330 AM, WAVP - 1390              |
| Frederick Pronk                            | AM/107.5 FM, WZHR - 1400 AM/104.3        |
| Publix Super Markets                       | FM (Boss Hogg Radio)                     |
| Publix Super Markets Charities             | WLKF - 1430 AM, Wonn - 1230              |
| QualiMed Respiratory & Mobility            | AM/107.1 FM, WPCV - 97.5 FM, WWRZ        |
| Nancy Ramirez                              | - 98.3 FM (Hall Communications)          |
| William Rankin                             | WIPC - 1280 AM                           |
| Regal Automotive Group                     | WLVF - 90.3 FM                           |
| Michael Riskin, CPA/PFS, CFP               | WTWB - 1570 AM                           |
| Rotary Park, Winter Haven                  | WWBF - 1130 AM/102.9 FM                  |
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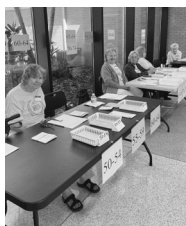
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